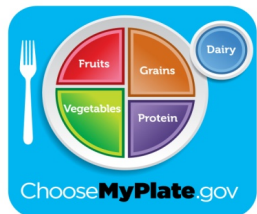


	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
B L S		1 	2	3	4
B L	7	8	9 Reduced Sugar Cinnamon Toast Crunch & WG Crackers 550 Pepperoni Pizza with Carrot Sticks (1c) & Ranch 550	10 Pancakes (2) with Syrup 400 Beef (2oz) & Cheese (.5oz) Nachos (2oz) with Black Beans (1c) 500	11 Coffee Cake & String Cheese 450 Chicken (1/2c) Chow Mein (1c) & Steamed Broccoli & Carrots (1c) 450
B L	14 Chocolate Crescent 475 Caesar Chicken Salad with a Wheat Dinner Roll 450	15 Cinnamon French Toast w/Syrup 450 Chicken Fettuccine (1c) Alfredo with Green Salad (2c) 500	16 Rice Chex & WG Crackers 500 Red Chicken & Cheese Enchiladas with Pinto Beans (3/4c) 450	17 Egg & Sausage Burrito 450 Corn Dog Nuggets (6) with Sweet Potato (1c) 475	18 Strawberry Pop Tart w/ String Cheese 450 Spaghetti (1c) & Meatballs with Green Salad (1 1/2c) 500
B L	21 	22 Waffles (2) with Syrup 400 Macaroni & Cheese (1c) with BBQ Baked Beans (1c) 500	23 Coco Puffs & WG Crackers 550 Pepperoni Pizza with Carrot Sticks (1c) & Ranch 548	24 Maple Pancake Corn Dog 450 Beef & Cheese Chimichanga with Whole Kernel Corn (1c) 240 Chicken Breast Pita Sandwich with Cilantro Bean Salad (3/4c) 240	25 Bagel with Cream Cheese 500 Roasted Pepper Chicken Tortilla Wrap with Green Salad (1c) 500
B L	28 Coffee Cake & String Cheese 450 Beef (2oz) & Cheese (.5oz) Nachos (2oz) with Pinto Beans (1c) 500	29 Pancakes (2) with Syrup 450 Spaghetti (1c) & Meatballs with Green Salad (1 1/2c) 500	30 Multi Grain Cheerios & WG Crackers 550 Chicken Parmesan Sandwich with Mashed Potatoes (1c) 450	31 Green Chile Egg & Cheese Burrito 475 Pepperjack Cheeseburger with Sweet Potato (1c) 548 - Family Style	1 Mini Cinnamon Rolls 525 Chicken Fettuccine (1c) Alfredo with Green Salad (2c) 500

This institution is an equal opportunity provider.

Breakfast fruit/juice portions: 1 cup & Lunch fruit/juice portions: 1 cup (Juice cannot exceed 50% of total weekly servings.) Milk (1 Cup) (1%/Non-fat/Non-fat Choc)



School Notes: PREPACKED & FAMILY STYLE (DEPENDING ON MEAL)// Juice Every Friday, Cut Fruit on Tuesday and Thursday, send 10 vegetarians for breakfast when needed// Replace Coffee Cake with Bagel & String Cheese// On days without cereal, send vegetarian breakfast.



“Eat Right, Be Bright!”