



Good Afternoon St. Mary's families,

Can you believe it is almost October? With October comes our St. Mary's *Oktoberfest* celebration and it is quickly approaching. This is our second annual *Oktoberfest* to be held at the Riverside Hotel on Saturday, October 13th. This is our biggest fundraiser for the school and helps us be able to keep tuition costs from increasing substantially. Please come and support our wonderful school! The evening begins as 5pm. Please click on the link below to purchase tickets – thank you for your support! www.oktoberfest.afrogs.org

As the weather gets cooler, please make sure to send a light jacket or sweater for the cool mornings – it is helpful to have your child's name written inside any garments – just in case it is left on the playground.

MAP testing – Our students have completed the Math and Reading sections of our MAP test. Next week, they will dive into the Language test. The MAP test is a formative assessment that helps us see where students are performing within that particular time-frame. MAP is one of the better standardized tests as it scaffolds content questions to provide a more valid measure of student knowledge.

Christian Leaders – our virtue this month is Respect and Responsibility. We will be celebrating this virtue with our students on October 10th. *Always admire the differences in everyone and treat them well!*

No School on Friday, October 5th - Next Friday, October 5th is a professional development day for Treasure Valley Catholic School teachers as well as many public school teachers across the state. St. Mary's faculty and staff will be attending a workshop that will focus on cooperative learning concepts and learning more engaging strategies for teachers to use with their students. We are bringing in a nationally recognized expert to facilitate the professional development! There will not be child care available on this day as Hailey will be attending the professional development as well.

Student Council Elections – This morning at prayer, we announced the upcoming Student Council elections for the 2018-2019 school year. This is a great way for our students to engage in leadership and teamwork. Student council is for our 5th – 8th grade students. Mrs. Lapp, our new 5th grade teacher, will be in charge this year. She was in charge of student council at her school in California and has some great ideas for us. If students are interested in participating, they can pick up a St. Mary's Student Council petition in the office. The form must be completed and returned to Mrs. Lapp or Mrs. Emerich no later than 3:20 PM on Thursday, October 4th.

Volunteering -CMG connect - ALL volunteers must now take yearly continuing education through CMG connect – these are videos with a short quiz following. Please create an account designating St. Mary's School as your primary place you will volunteer at <https://boise.cmgconnect.org>. If you are new to volunteering at our Catholic schools, first, you must attend a Face-to-Face Safe Environment Training.

Here are some upcoming dates to make sure you have in your calendars:

- Saturday, September 29th – Teachers will attend a Solar Power Professional Development
- Monday, October 1st – Pizza party for 2nd and 6th grades
- Thursday, October 4th – Free dress for those who brought in \$100 or more for MOSS fun run
- Friday, October 5th – no school for students – all faculty and staff attend professional development
- Wednesday, October 10th – Christian Leader celebration after Mass
- Saturday, October 13th – St. Mary's Ball and Auction – *Oktoberfest*.
- Friday, October 19th – End of 1st quarter
- Tuesday, October 23rd – Cupcake Wars at 4:00 PM
- Wednesday, October 24th – early release for students at 2:00 – **no late start** - Parent teacher conferences from 2:30 – 7:30 PM – school child care available from 2:30 – 5:45 PM
- Thursday, October 25th – Parent teacher conferences from 12:00 – 4:00 PM. School child care available from 7:45-4:45.
- Friday, October 26th – NO School. Child care will not be available.



Blessings,

Tammy Emerich

Weekly Calendar

| | |
|------------------|---|
| Sept. 17 – Oct 4 | Fall MAP Testing (2 nd –8 th grades) see schedule |
| Oct 3 | Mass (<i>Treasure</i>) 3 rd Grade |
| Oct 5 | Teacher In-Service—NO School |
| Oct 10 | Mass (<i>Food</i>) 2 nd Grade St. Mary's Christian Leaders after Mass |
| Oct 13 | St. Mary's <i>Oktoberfest</i> (Riverside Hotel) |
| Oct 15–19 | 5 th & 6 th Grades to MOSS Camp (McCall) |
| Oct 17 | Mass (<i>Time</i>) 7 th Grade) |

Upcoming Events

| | |
|--------|---|
| Oct 19 | End of First Quarter |
| Oct 23 | Cupcake Wars (Gym) 4:00 |
| Oct 24 | Mass (<i>Corpus Christi</i>) 1 st Grade Early release 2:00 pm Parent Teacher Conferences 2:30-7:30pm |
| Oct 25 | Teacher In-Service—NO SCHOOL Parent Teacher Conferences—12:00—4:00 |
| Oct 26 | NO SCHOOL |

St. Mary's Fall Festival (w/Trunk or Treat)



Sunday, October 28th 3—6:30 pm.

Your feedback is needed. Please take a few minutes to answer [this survey](#).

Thanks!

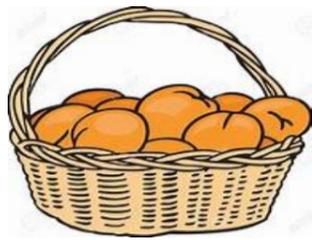
It's Oktoberfest at St. Mary's.

Good Food, Good Friends and a Whole Lotta Fun!
You don't want to miss this event...

Only 10 days left to purchase your tickets!
Hurry, they are selling FAST!

Get your tickets or make a donation today!

www.oktoberfest.afrogs.org



Thanks to all who purchased peaches last month.

In all, 50 boxes were sold with a net profit of \$610!



Calling All Bakers/Artists

We Still Need a Few More....

Edible Art is being requested for the Oktoberfest event. [This flyer](#) has all the details.

Nurses Note:

Welcome Fall but let's NOT welcome the flu season. The Saint Alphonsus School Health Program will be offering the influenza vaccine in October. This is provided through the state Vaccine for Kids Program and is FREE. We will be scheduling at each school. Each school will notify you of the date and send out the consent and vaccine information. Although this vaccine is recommended for all children over 6 months, we can only provide the vaccine to children 5 and older at the school. (Children less than 5 need to get the vaccine through their physician or at the Health Department) This vaccine is recommended for all children over six months. For more information from the American Academy of Pediatrics, click on this link

<https://www.healthychildren.org/English/news/Pages/AAP-Issues-Flu-Vaccine-Recommendations-for-2018-2019.aspx>

We (the Saint Alphonsus School Health Program) are also scheduling Speech Screenings during October. ISU graduate students and private providers will be doing the screens at each of the schools. All kindergarten students and other students who have been identified or referred are screened. If you have a concern, please contact your school nurse.

St. Alphonsus School Health Program

Kim O'Sullivan, RN, Linda Miller, RN, Janet Campbell, RN, Sherry Placido, CNA, & MaryLou Cunningham, RN.



Counselor Corner:

As I mentioned in a previous Spartan Spotlight, I would like to review each of the 12 TOOLBOX Tools that students have learned and utilized over the past two years. I believe that reinforcing these tools at home can be beneficial in helping students use these tools in a variety of settings and situations.

I think the Breathing Tool may be a good place to start as it can be used at any time, anywhere. The Breathing Tool states "I calm myself and check-in." Any one of us can use this during the day as we experience different situations that may test our patience or cause stress. The hand gesture that can be used is to touch thumbs and index fingers together in front of you as if holding a tape measure. Then slowly pull hands apart while taking in a deep breath. On exhale, bring hands slowly back together. Repeat three times.

The second tool is the Quiet/Safe Place Tool which states "I remember my quiet, safe place." This helps us to remember our quiet stillness from which we can listen to our hearts and make space to hear our natural wisdom. The hand gesture is to place one or both hands over the ears while bending slightly forward, then close eyes and "go to" your quiet/safe place.

I hope that reviewing the TOOLBOX tools is helpful for parents to reinforce what their students are already learning and hopefully utilizing at times. The more each of us can practice these skills, the more effective they will be to help us cope with small and large stressors and to build resilience.

Amaya Eiguren, Psy. D., LPC

School Counselor

SCHOOL COUNSELOR CT