

ARAMARK - 1 - CPS

K-8 COLD BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
Mar - 2 FEATURED ENTREE Blueberry Bagel Margarine (V) Grape Jelly SECOND ENTREE Corn Chex (K, V) String Cheese (V*) FRUITS Orange Craisins (GF, K, V) Fresh Apple Slices (V) CHOICE OF MILK Skim Milk (V) 1% Milk (V)	Mar - 3 FEATURED ENTREE Date & Orange Bread (V*) String Cheese (V*) SECOND ENTREE Rice Krispies (K, V) Hard Boiled Egg (V) FRUITS Blended Fruit Juice Fresh Orange (V) CHOICE OF MILK Skim Milk (V) 1% Milk (V)	Mar - 4 FEATURED ENTREE Blueberry Parfait Graham Crackers (K, V) SECOND ENTREE Cheerios (GF, K, V) String Cheese (V*) FRUITS Blueberries Fresh Pear (V) CHOICE OF MILK Skim Milk (V) 1% Milk (V)	Mar - 5 FEATURED ENTREE Apple Cinnamon Muffin(V) String Cheese (V*) SECOND ENTREE Rice Chex (GF, K, V) Hard Boiled Egg (V) FRUITS Apple Juice Fresh Orange (V) CHOICE OF MILK Skim Milk (V) 1% Milk (V)	Mar - 6 FEATURED ENTREE Fruit & Oats Parfait SECOND ENTREE Cheerios (GF, K, V) String Cheese (V*) FRUITS Strawberries Craisins (GF, K, V) CHOICE OF MILK Skim Milk (V) 1% Milk (V)
Mar - 9 FEATURED ENTREE Mini Maple Brown Sugar Bar (K, V) String Cheese (V*) SECOND ENTREE Corn Chex (K, V) String Cheese (V*) FRUITS Orange Craisins (GF, K, V) Fresh Apple Slices (V) CHOICE OF MILK Skim Milk (V) 1% Milk (V)	Mar - 10 FEATURED ENTREE French Toast Bar (K, V) SECOND ENTREE Cheerios (GF, K, V) Hard Boiled Egg (V) FRUITS Blended Fruit Juice Fresh Orange (V) CHOICE OF MILK Skim Milk (V) 1% Milk (V)	Mar - 11 FEATURED ENTREE Honey Oats Granola Bar (V) String Cheese (V*) SECOND ENTREE Rice Krispies (K, V) String Cheese (V*) FRUITS Fresh Apple (V) Fresh Pear (V) CHOICE OF MILK Skim Milk (V) 1% Milk (V)	Mar - 12 FEATURED ENTREE Oatmeal Raisin Bar (K, V) SECOND ENTREE Rice Chex (GF, K, V) Hard Boiled Egg (V) FRUITS Fresh Orange (V) Craisins (GF, K, V) CHOICE OF MILK Skim Milk (V) 1% Milk (V)	Mar - 13 FEATURED ENTREE PBJ Graham Cracker Bar (V) SECOND ENTREE Cheerios (GF, K, V) String Cheese (V*) FRUITS Apple Juice Fresh Banana (V) CHOICE OF MILK Skim Milk (V) 1% Milk (V)

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ARAMARK - 1 - CPS
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Monday	Tuesday	Wednesday	Thursday	Friday
Mar - 16 FEATURED ENTREE Apple Cherry Bar (V) SECOND ENTREE Corn Chex (K, V) String Cheese (V*) FRUITS Cherry Craisins Fresh Apple Slices (V) CHOICE OF MILK Skim Milk (V) 1% Milk (V)	Mar - 17 FEATURED ENTREE Date & Orange Bread (V*) String Cheese (V*) SECOND ENTREE Rice Krispies (K, V) Hard Boiled Egg (V) FRUITS Blended Fruit Juice Fresh Orange (V) CHOICE OF MILK Skim Milk (V) 1% Milk (V)	Mar - 18 FEATURED ENTREE PBJ Graham Cracker Bar (V) SECOND ENTREE Strawberry Parfait Graham Crackers (K, V) FRUITS Strawberries Fresh Pear (V) CHOICE OF MILK Skim Milk (V) 1% Milk (V)	Mar - 19 FEATURED ENTREE Apple Cinnamon Muffin(V) String Cheese (V*) SECOND ENTREE Rice Chex (GF, K, V) Hard Boiled Egg (V) FRUITS Fresh Banana (V) Craisins (GF, K, V) CHOICE OF MILK Skim Milk (V) 1% Milk (V)	Mar - 20 FEATURED ENTREE PBJ Graham Cracker Bar (V) SECOND ENTREE Cheerios (GF, K, V) String Cheese (V*) FRUITS Apple Juice Fresh Orange (V) CHOICE OF MILK Skim Milk (V) 1% Milk (V)

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ARAMARK - 1 - CPS
K-8 OPEN KITCHENS LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Mar - 2</p> <p>FEATURED ENTREE Spicy Egg, Cheese & Green Chile Burrito (V*) Sour Cream (V) Sliced Jalapenos (V) SECOND ENTREE Cheese Stick (V*) Marinara Dipping Sauce (V) DELI SELECTION Peanut Butter & Jelly Sandwich (V) VEGETABLES & FRUITS Celery Sticks (V) Baby Carrots (V) Fresh Orange (V) Fresh Banana (V) CHOICE OF MILK 1% Milk (V) Skim Milk (V) Chocolate Skim Milk (V) CONDIMENTS Ranch Dressing (K, V) Hot Sauce</p>	<p>Mar - 3</p> <p>FEATURED ENTREE Beef Pulogoi Brown Rice (V) GRILL SELECTIONS Toasted Grilled Cheese (V*) DELI SELECTION Peanut Butter & Jelly Sandwich (V) VEGETABLES & FRUITS Cucumber Kimchi (V) Fresh Broccoli (V) Fresh Pear (V) Fresh Apple Slices (V) CHOICE OF MILK 1% Milk (V) Skim Milk (V) Chocolate Skim Milk (V) CONDIMENTS Ketchup (K, V) Ranch Dressing (K, V) Hot Sauce</p>	<p>Mar - 4</p> <p>FEATURED ENTREE Hard Shell Chicken Tacos Crunchy Bean Tacos Sour Cream (V) Sliced Jalapenos (V) SALAD FEATURE Egg Chef Salad (V*) Honey Wheat Breadstick (V) DELI SELECTION Peanut Butter & Jelly Sandwich (V) HOT VEGETABLE Refried Beans (V) VEGETABLES & FRUITS Baby Carrots (V) Fresh Zucchini Slices (V) Cantaloupe & Honeydew Medley Mixed Berry Flavored Applesauce CHOICE OF MILK 1% Milk (V) Skim Milk (V) Chocolate Skim Milk (V) CONDIMENTS Margarine (V) French Dressing Italian Dressing (K, V) Ranch Dressing (K, V) Hot Sauce</p>	<p>Mar - 5</p> <p>FEATURED ENTREE Hamburger Cheeseburger GRILL SELECTIONS Chili Cheese Wrap (V*) DELI SELECTION Peanut Butter & Jelly Sandwich (V) HOT VEGETABLE Crinkle Cut Fries (V) VEGETABLES & FRUITS Fresh Broccoli (V) Celery Sticks (V) Fresh Apple (V) Fresh Banana (V) CHOICE OF MILK 1% Milk (V) Skim Milk (V) Chocolate Skim Milk (V) CONDIMENTS Ketchup (K, V) Mustard (K, V) Ranch Dressing (K, V) Hot Sauce</p>	<p>Mar - 6</p> <p>FEATURED ENTREE Breaded Catfish Strips Sliced Bread (V) GRILL SELECTIONS Chicken Patty Sandwich Hot N' Spicy Chicken Patty Sandwich DELI SELECTION Peanut Butter & Jelly Sandwich (V) HOT VEGETABLE Green Beans (L, V) VEGETABLES & FRUITS Mixed Lettuce Salad (V) Fresh Zucchini Slices (V) Applesauce Fresh Orange (V) CHOICE OF MILK 1% Milk (V) Skim Milk (V) Chocolate Skim Milk (V) CONDIMENTS Margarine (V) Ketchup (K, V) Tartar Sauce (K, V) French Dressing Italian Dressing (K, V) Ranch Dressing (K, V) Hot Sauce</p>

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K-8 OPEN KITCHENS LUNCH

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Mar - 9 FEATURED ENTREE Cheese Pizza (V*) GRILL SELECTIONS Veggie Burger (V) DELI SELECTION Yogurt & Cheese Kit w/ Apple Slices Peanut Butter & Jelly Sandwich (V) VEGETABLES & FRUITS Mixed Lettuce Salad (V) Baby Carrots (V) Fresh Orange (V) Fresh Banana (V) CHOICE OF MILK 1% Milk (V) Skim Milk (V) Chocolate Skim Milk (V) CONDIMENTES Ketchup (K, V) Italian Dressing (K, V) French Dressing Ranch Dressing (K, V) Hot Sauce	Mar - 10 FEATURED ENTREE Bean Nacho Bake (V*) GRILL SELECTIONS Hot Dog DELI SELECTION Peanut Butter & Jelly Sandwich (V) VEGETABLES & FRUITS Fresh Zucchini Slices (V) Celery Sticks (V) Cantaloupe & Honeydew Medley Fresh Apple Slices (V) CHOICE OF MILK 1% Milk (V) Skim Milk (V) Chocolate Skim Milk (V) CONDIMENTES Ketchup (K, V) Mustard (K, V) Ranch Dressing (K, V) Hot Sauce	Mar - 11 FEATURED ENTREE Chicken Nuggets Honey Wheat Breadstick (V) SECOND ENTREE Chili Cheese Wrap (V*) DELI SELECTION Peanut Butter & Jelly Sandwich (V) HOT VEGETABLE Tater Tots (V) VEGETABLES & FRUITS Baby Carrots (V) Fresh Cucumber Slices (V) Fresh Banana (V) Cinnamon Applesauce CHOICE OF MILK 1% Milk (V) Skim Milk (V) Chocolate Skim Milk (V) CONDIMENTES Margarine (V) Ketchup (K, V) Ranch Dressing (K, V) Hot Sauce	Mar - 12 FEATURED ENTREE Flour Tortillas (V) Scrambled Eggs (V) Thick & Chunky Salsa (V) GRILL SELECTIONS Chicken Patty Sandwich Hot N' Spicy Chicken Patty Sandwich SALAD FEATURE Breaded Chicken Chef Salad Honey Wheat Breadstick (V) DELI SELECTION Peanut Butter & Jelly Sandwich (V) HOT VEGETABLE Refried Beans (V) VEGETABLES & FRUITS Fresh Broccoli (V) Celery Sticks (V) Fresh Apple (V) Fresh Banana (V) CHOICE OF MILK 1% Milk (V) Skim Milk (V) Chocolate Skim Milk (V) CONDIMENTES Ketchup (K, V) Margarine (V) Italian Dressing (K, V) French Dressing Ranch Dressing (K, V) Hot Sauce	Mar - 13 FEATURED ENTREE Breaded Fish Patty Caribbean Rice (V) SECOND ENTREE Toasted Grilled Cheese (V*) DELI SELECTION Peanut Butter & Jelly Sandwich (V) HOT VEGETABLE Green Beans (L, V) VEGETABLES & FRUITS Fresh Zucchini Slices (V) Baby Carrots (V) Applesauce Fresh Orange (V) CHOICE OF MILK 1% Milk (V) Skim Milk (V) Chocolate Skim Milk (V) CONDIMENTES Ketchup (K, V) Tartar Sauce (K, V) Ranch Dressing (K, V) Hot Sauce

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Mar - 16 FEATURED ENTREE Cheese Stick (V*) Marinara Dipping Sauce (V) SECOND ENTREE Chili Cheese Wrap (V*) DELI SELECTION Peanut Butter & Jelly Sandwich (V) VEGETABLES & FRUITS Mixed Lettuce Salad (V) Baby Carrots (V) Fresh Orange (V) Fresh Banana (V) CHOICE OF MILK 1% Milk (V) Skim Milk (V) Chocolate Skim Milk (V) CONDIMENTS French Dressing Italian Dressing (K, V) Ranch Dressing (K, V) Hot Sauce	Mar - 17 FEATURED ENTREE Shamrock Shepherd's Bowl Honey Wheat Breadstick (V) SECOND ENTREE Toasted Grilled Cheese (V*) DELI SELECTION Peanut Butter & Jelly Sandwich (V) HOT VEGETABLE Mashed Potatoes VEGETABLES & FRUITS Celery Sticks (V) Fresh Broccoli (V) Fresh Banana (V) Fresh Apple Slices (V) CHOICE OF MILK 1% Milk (V) Skim Milk (V) Chocolate Skim Milk (V) CONDIMENTS Margarine (V) Ketchup (K, V) Ranch Dressing (K, V) Hot Sauce	Mar - 18 FEATURED ENTREE Chicken Soft Tacos Bean Tacos (V*) Sour Cream (V) Sliced Jalapenos (V) DELI SELECTION Peanut Butter & Jelly Sandwich (V) HOT VEGETABLE Refried Beans (V) VEGETABLES & FRUITS Baby Carrots (V) Zesty Corn (V) Cantaloupe & Honeydew Medley Cinnamon Applesauce CHOICE OF MILK 1% Milk (V) Skim Milk (V) Chocolate Skim Milk (V) CONDIMENTS Ranch Dressing (K, V) Hot Sauce	Mar - 19 FEATURED ENTREE Hamburger Cheeseburger Veggie Burger (V) SALAD FEATURE Vegetarian Nacho Salad (V*) DELI SELECTION Peanut Butter & Jelly Sandwich (V) HOT VEGETABLE Oven-Roasted Potato Medley (L, V) VEGETABLES & FRUITS Fresh Cucumber Slices (V) Fresh Broccoli (V) Fresh Apple (V) Fresh Orange (V) CHOICE OF MILK 1% Milk (V) Skim Milk (V) Chocolate Skim Milk (V) CONDIMENTS Ketchup (K, V) Mustard (K, V) French Dressing Italian Dressing (K, V) Ranch Dressing (K, V) Hot Sauce	Mar - 20 FEATURED ENTREE Pepper & Egg Sandwich(V) SECOND ENTREE Fish Sticks Honey Wheat Breadstick (V) DELI SELECTION Peanut Butter & Jelly Sandwich (V) VEGETABLES & FRUITS Celery Sticks (V) Baby Carrots (V) Strawberries Fresh Banana (V) CHOICE OF MILK 1% Milk (V) Skim Milk (V) Chocolate Skim Milk (V) CONDIMENTS Ketchup (K, V) Tartar Sauce (K, V) Ranch Dressing (K, V) Margarine (V) Hot Sauce

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ARAMARK - 1 - CPS
AFTERSCHOOL DINNER COLD

Monday	Tuesday	Wednesday	Thursday	Friday
Mar - 2 Egg Salad Sandwich (V) Mixed Lettuce Salad (V) Fresh Apple (V) 1% Milk (V) Skim Milk (V) Chocolate Skim Milk (V) Ranch Dressing (K, V) Mustard (K, V) Mayonnaise FF	Mar - 3 C.Ham, Turkey & Cheese Sandwich Baby Carrots (V) Fresh Pear (V) 1% Milk (V) Skim Milk (V) Chocolate Skim Milk (V) Mayonnaise FF Mustard (K, V) Ranch Dressing (K, V) Peanut Butter & Jelly Sandwich (V)	Mar - 4 C.Ham & Cheese Sandwich Fresh Broccoli (V) Fresh Orange (V) 1% Milk (V) Skim Milk (V) Chocolate Skim Milk (V) Mayonnaise FF Mustard (K, V) Ranch Dressing (K, V) Veggie Cheese Sub (V*)	Mar - 5 Turkey-Ham & Cheese Wrap Fresh Broccoli (V) Craisins (GF, K, V) 1% Milk (V) Skim Milk (V) Chocolate Skim Milk (V) Mayonnaise FF Mustard (K, V) Ranch Dressing (K, V) Yogurt & Cheese Fun Kit	Mar - 6 Turkey Chef Salad Honey Wheat Breadstick (V) Celery Sticks (V) Fresh Banana (V) 1% Milk (V) Skim Milk (V) Chocolate Skim Milk (V) Margarine (V) Ranch Dressing (K, V) Italian Dressing (K, V) French Dressing Peanut Butter & Jelly Sandwich (V)
Mar - 9 Veggie Cheese Sub (V*) Celery Sticks (V) Fresh Pear (V) 1% Milk (V) Skim Milk (V) Chocolate Skim Milk (V) Mayonnaise FF Mustard (K, V) Ranch Dressing (K, V)	Mar - 10 T.Ham & Cheese Sandwich Southwestern Black Beans (V) Fresh Banana (V) 1% Milk (V) Skim Milk (V) Chocolate Skim Milk (V) Mayonnaise FF Mustard (K, V) Yogurt & Cheese Fun Kit	Mar - 11 Turkey & Cheese Sub Fresh Cucumber Slices (V) Craisins (GF, K, V) 1% Milk (V) Skim Milk (V) Chocolate Skim Milk (V) Mayonnaise FF Mustard (K, V) Ranch Dressing (K, V) Peanut Butter & Jelly Sandwich (V)	Mar - 12 C.Ham, Turkey & Cheese Sandwich Celery Sticks (V) Fresh Apple (V) 1% Milk (V) Skim Milk (V) Chocolate Skim Milk (V) Mayonnaise FF Mustard (K, V) Ranch Dressing (K, V) Veggie Cheese Sub (V*)	Mar - 13 CHam & Cheese Wrap Baby Carrots (V) Fresh Orange (V) 1% Milk (V) Skim Milk (V) Chocolate Skim Milk (V) Mayonnaise FF Mustard (K, V) Ranch Dressing (K, V) Peanut Butter & Jelly Sandwich (V)

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Mar - 16 Egg Salad Sandwich (V) Baby Carrots (V) Fresh Pear (V) 1% Milk (V) Skim Milk (V) Chocolate Skim Milk (V) Ranch Dressing (K, V) Mustard (K, V) Mayonnaise FF	Mar - 17 Veggie Cheese Sub (V*) Celery Sticks (V) Fresh Orange (V) 1% Milk (V) Skim Milk (V) Chocolate Skim Milk (V) Mayonnaise FF Mustard (K, V) Ranch Dressing (K, V)	Mar - 18 Turkey-Ham & Cheese Wrap Fresh Cucumber Slices (V) Craisins (GF, K, V) 1% Milk (V) Skim Milk (V) Chocolate Skim Milk (V) Mayonnaise FF Mustard (K, V) Ranch Dressing (K, V) Yogurt & Cheese Fun Kit	Mar - 19 C.Ham, Turkey & Cheese Sandwich Mixed Lettuce Salad (V) Fresh Banana (V) 1% Milk (V) Skim Milk (V) Chocolate Skim Milk (V) Mayonnaise FF Mustard (K, V) Ranch Dressing (K, V) Peanut Butter & Jelly Sandwich (V)	Mar - 20 Turkey Chef Salad Honey Wheat Breadstick (V) Southwestern Black Beans (V) Fresh Orange (V) 1% Milk (V) Skim Milk (V) Chocolate Skim Milk (V) Margarine (V) Ranch Dressing (K, V) Italian Dressing (K, V) French Dressing Yogurt & Cheese Fun Kit

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