



El Capitan Middle School



2018-2019 BELL SCHEDULE

REGULAR SCHEDULE (2 Lunches)

ADVISORY	7:45 – 8:03 (18)
PERIOD 1	8:03 – 8:53 (50)
PERIOD 2	8:57 – 9:47 (50)
BREAK	9:47 – 9:58 (11)
PERIOD 3	10:02 – 10:52 (50)
PERIOD 4	10:56 – 11:46 (50)
A lunch	11:46 – 12:31 (45)
PERIOD 5A CLASS	11:50 – 12:39 (49)
B lunch	12:39 – 1:24 (45)
PERIOD 5B CLASS	12:35 – 1:24 (49)
PERIOD 6	1:28 – 2:20 (52)

1 Lunch

ADVISORY	7:45 – 8:03 (18)
PERIOD 1	8:03 – 8:53 (50)
PERIOD 2	8:57 – 9:47 (50)
BREAK	9:47 – 9:58 (11)
PERIOD 3	10:02 – 10:52 (50)
PERIOD 4	10:56 – 11:46 (50)
Lunch	11:46 – 12:31 (45)
PERIOD 5	12:35 – 1:24 (49)
PERIOD 6	1:28 – 2:20 (52)

MINIMUM SCHEDULE

PERIOD 1	7:45 – 8:25 (40)
PERIOD 2	8:29 – 9:07 (38)
PERIOD 3	9:11 – 9:49 (38)
BREAK	9:49 – 9:59 (10)
PERIOD 4	10:03 – 10:43 (40)
PERIOD 5	10:47 – 11:25 (38)
PERIOD 6	11:29 – 12:07 (38)
PERIOD 1	12:11 – 12:20 (9)

LUNCH 12:20 – 1:05 (45) Food Carts start serving after school ends.