

JANUARY 2019

Moore County High & Middle School Menu

Deli line offers: chef salad, hamburgers, chicken sandwiches, and PBJ sack lunch daily. Other items such as pizza, etc. also offered. Milk is included with meal. A variety of fruits offered daily.


Monday
Tuesday
Wednesday
Thursday
Friday
1

Happy New Year

2

No school

3

No school

4

No school

7

 Bbq nachos
 Fajita nachos
 Kernel corn
 Mexican rice
 salsa

8

 Sauage & egg
 Ham & egg
 Biscuit & gravy
 Potato wedges
 Sliced tomatoes

9

 Pork rib sandwich
 Fish sticks & hushpuppies
 Baked beans
 Coleslaw
 Steamed broccoli

10

 Grilled cheese w/
 Tomato soup
 Spicy chicken sandwich
 Baked potato
 Celery w/ ranch

11

 Sloppy joe
 Ravioli w/ texas toast
 Green beans
 Side salad
 Baked apples

14

 Buffalo chicken bites
 Chicken nuggets
 Green beans
 Stewed potatoes
 Celery w/ ranch
 Texas toast

15

 Teriyaki beef dippers
 Chicken tenders
 Scalloped potatoes
 Black eyed peas
 rolls

16

 Mozzarella cheese sticks
 South west quesadilla
 Marinara sauce
 Roasted beans & corn fiesta
 Side salad

17

 Bbq chicken
 Beef strips
 Pinto beans
 Turnip greens
 Coleslaw
 biscuits

18

 Chili
 Ravioli
 Tatar tots
 Carrots w/ ranch
 Cinnamon rolls
 Crackers

21

No school

22

 Chicken & noodle
 Bbq ribs
 Green beans
 Steamed baby carrots
 Rolls
 Baked apples

23

 Chicken nuggets
 Salisbury steak
 Rolls
 Creamed potatoes
 Green peas

24

 Fish & shrimp basket
 Grilled chicken on
 Pretzel bun
 Baked beans
 Coleslaw
 Onion rings

25

 Teriyaki chicken dippers
 Cherry blossom chicken
 Rice
 Egg rolls
 Steamed broccoli

28

 General tso chicken
 w/ chow mein noodles
 pepp & sausage calzone
 california vegetables
 roasted potatoes

29

 Bbq baked potato
 w/ garlic knots
 Fish sandwich w/ cheese
 Baked beans
 Steamed broccoli

30

 Meatloaf sandwich on
 Ciabatta bread
 Chicken tetrazzini w/
 Bread stick
 Steamed carrots
 Green beans
 Carnival cookie

31

 Toasted ham &
 Pepper jack cheese sandwich
 Buffalo chicken pizza
 Battered potato bites
 Side salad
 Tomato wedges

This institution is an equal opportunity provider

Menu may be altered without notice, due to circumstances beyond our control.



PAY FOR MEALS ONLINE
 MySchoolBucks.com

