

Monday
Tuesday
Wednesday
Thursday
Friday
3

 Pepperoni Pizza or
Cheese Pizza
Caesar Salad
Grapes

4

Salad Bar

 Baked Potato w/the Fixins
or Sub Sandwiches
Strawberries

5

Salad Bar

 Pork Roast
Mashed Potatoes
Butternut Squash
Cantaloupe

6

Salad Bar

 Cattlemen's Chili & Corn
Bread
Coleslaw
Watermelon

7

Salad Bar

 Frito Boat or Tamale
Spanish Rice
Green Salad
Honeydew

10

Salad Bar

 Grilled Chicken Sandwich
Pasta Salad
Watermelon

11

Salad Bar

 Lasagna
Roasted Green Beans
Grapes

12

Salad Bar

 Minestrone Soup & Grilled
Cheese
Spinach Salad
Cantaloupe

13

Salad Bar

 Pulled Pork
Coleslaw
Potato Wedges
Honeydew

14

Salad Bar

 Bean Burritos or Beef/Bean
Burrito
Chips and Salsa
Corn on the Cob
Watermelon

17

Salad Bar

 Chicken Burgers
Baked Beans
Honeydew

18

Salad Bar

 Meatball Sub or Corn Dog
Seasoned French Fries
Broccoli Salad
Grapes

19

Salad Bar

 Chicken Strips
Mashed Potato Bowl
Caesar Salad
Cantaloupe

20

Salad Bar

Cheeseburgers

21


 Tacos
Refried Beans
Cornfetti
Honeydew

24

Salad Bar

 Spaghetti & Garlic Bread
Zucchini
Caesar Salad
Cantaloupe

25

Salad Bar

 Southwest Chicken Wrap
Carrot and Celery Sticks
Pears

26

Salad Bar

 Ham & Cheese Panini Or
Pepperoni Chicken Panini
Spinach Salad
Grapes

27

Salad Bar

 Nachos Supreme
Black Bean Salad
Spanish Rice
Watermelon

28


Applications are available for the Free and Reduced Breakfast and Lunch Program. Applications may be picked up in the school office or are available to fill out online on the district website.

Breakfast Price: Paid \$2.25 Reduced \$0.30

Lunch Price: Paid \$3.00 Reduced \$0.40

Contact the Food Service Department to resolve any issues with your child's lunch account at 707-725-4461 ext. 3095 or e-mail Regina Salmon: rsalmon@fuhdsdistrict.net