




Punxsutawney Area School
District
March 2019

High School
Lunch Menu
Grades 7-12

FULL STUDENT LUNCH CONSISTS OF AN ENTRÉE (MEAT/MEAT ALTERNATE WITH A GRAIN COMPONENT) 2 VEGETABLE SIDES, 2 FRUIT SIDES AND CHOICE OF 1% OR FAT FREE MILK. STUDENT MUST TAKE A FRUIT OR VEGETABLE TO COMPLETE THE MEAL. MENU SUBJECT TO CHANGE.

Monday	Tuesday	Wednesday	Thursday	Friday
Try out our new interactive food tray on www.schoolcafe.com . You can make a tray from the menu of the day to see nutritional information.				1
Buffalo Chicken Patty Sandwich Corn Celery Sticks w/Dip Assorted Fresh Fruit Peaches Assorted Juice	BBQ Pulled Pork on Kaiser Roll Baked Beans Sweet Potato Fries Assorted Fresh Fruit Peaches Assorted Juice	Twisted Stuffed Breadstick w/Marinara Sauce Tossed Salad Vegetable Bar Assorted Fresh Fruit Mandarin Oranges Assorted Juice	Walking Taco w/Roll Lettuce, Salsa & Sour Cream Green Beans Vegetable Bar Assorted Fresh Fruit Strawberries & Bananas Assorted Juice	Macaroni & Cheese w/Dinner Roll Tender Carrots Broccoli Assorted Fruit Assorted Juice Jello 9-12 only
Chicken Nuggets w/Roll Mashed Potatoes w/Gravy Tender Carrots Vegetable Bar Assorted Fresh Fruit Peaches Assorted Juice	Hot Turkey Sandwich French Fries w/Gravy Tender Carrots Vegetable Bar Assorted Fresh Fruit Pears Assorted Juice	Cuban Panini Baked Beans Twirl Fries Vegetable Bar Assorted Fresh Fruit Mandarin Oranges Assorted Juice	Loaded Fries w/Choice of BBQ Pulled Pork or Buffalo Chicken Sweet Peas Vegetable Bar Assorted Fresh Fruit Strawberries & Bananas Assorted Juice	Stuffed Shells w/Garlic Breadstick Side Salad w/Tomatoes Glazed Carrots Assorted Fruit Assorted Juice
Chicken & Cheese Quesadilla w/Salsa Refried Beans Corn Assorted Fresh Fruit Peaches Assorted Juice	Popcorn Chicken w/Roll Mashed Potatoes w/Gravy Green Beans Vegetable Bar Assorted Fresh Fruit Pears Fresh Grapes Assorted Juice	 French Toast Sticks w/Syrup Sausage Patties Tri-Tators Cucumber Slices w/Dip Vegetable Bar Assorted Fresh Fruit Mandarin Oranges Assorted Juice	The Cowboy Burger BBQ Baked Beans California Vegetables Vegetable Bar Assorted Fresh Fruit Strawberries & Bananas Assorted Juice	Fish Filet Sandwich Sidewinder Fries Sweet Peas Vegetable Bar Assorted Fruit Assorted Juice
Italian Flatbread w/ Marinara Sauce Roasted Red Potatoes Broccoli Vegetable Bar Assorted Fresh Fruit Peaches Assorted Juice	Boneless Buffalo Wings Asian Rice Side Salad Tender Corn Vegetable Bar Assorted Fresh Fruit Pears Assorted Juice	Slow Roasted Roast Beef w/Biscuit Mashed Potatoes w/Gravy Glazed Carrots Assorted Fresh Fruit Mandarin Oranges Assorted Juice Jello 7-12	Beef Teriyaki Bites w/Pasta Dinner Roll Green Beans Baked Beans Assorted Fresh Fruit Strawberries & Bananas Assorted Juice	Macaroni & Cheese w/Dinner Roll Tender Carrots Broccoli Assorted Fruit Assorted Juice Jello 9-12 only



*** All students eat breakfast & lunch at no cost! ***



No form is needed.

ALSO IN THE FOOD COURT!

MONDAY: FOUR MEAT PIZZA, GRILLED OR CRUNCHY CHICKEN PATTY SANDWICH, SALAD BAR, PASTA BAR	TUESDAY: THE BIG KAHUNA, HAMBURGERS, CHEESEBURGERS, BACON CHEESEBURGERS, YOGURT BAR, ASIAN BAR	WEDNESDAY: THE GOLIATH PIZZA, GRILLED OR CRUNCHY CHICKEN PATTY SANDWICH, SALAD BAR, HOT DOG BAR	THURSDAY: THE BIG KAHUNA, HAMBURGERS, CHEESEBURGERS, BACON CHEESEBURGERS, SALAD BAR, MEXICAN BAR	FRIDAY: BUFFALO CHICKEN PIZZA, GRILLED OR CRUNCHY CHICKEN PATTY SANDWICH, YOGURT BAR, MTO BAR
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