

Have a
Great Day!

Bronx Academy of Promise
Breakfast Menu
February 2019



Meal Includes:
Meat/Meal Alternate, Grains, Vegetable, Fruit and Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Scrambled Egg with Turkey Bacon Bits W.W. Toast Sun Butter and Jelly Sandwich Fresh or Cupped Fruit Non-fat & 1% Milk
4 French Toast, Carmelized Apples, Blueberries & w/Syrup Egg Salad Sandwich, on Toast w/Blueberries Fresh or Cupped Fruit Non-fat & 1% Milk	5 School Closed Luna New Year	6 Breakfast Burrito w/Scrambled Eggs, Cheese Blend & Salsa Orange Slices Bran Muffin & Cheese Stick Fresh or Cupped Fruit Non-fat & 1% Milk	7 Warm Carrot Cake, Cheddar Cheese Stick Cheesy Scrambled Eggs, Hash Browns & W.W. Toast Fresh or Cupped Fruit Non-fat & 1% Milk	8 Bacon, Egg & Cheese on a Kaiser Roll Plain Bagel w/Cream Cheese & Strawberry preserves Fresh or Cupped Fruit Non-fat & 1% Milk
11 Cream of Wheat w/Peaches Fried Egg, Sausage Links & W.W. Toast Fresh or Cupped Fruit Non-fat & 1% Milk	12 Warm Apple Muffin Cheese Stick Scrambled Egg w/Whole Wheat Toast Fresh or Cupped Fruit Non-fat & 1% Milk	13 Spanish Scrambled Eggs w/Peppers & Onions, Mini Plain Bagel Yogurt Parfait, w/Fruit & Granola Fresh or Cupped Fruit Non-fat & 1% Milk	14 Pancakes w/Syrup & Fruit Grilled Cheese Sandwich in Whole Wheat w/Fruit Fresh or Cupped Fruit Non-fat & 1% Milk	15 Turkey/Ham, Egg & Cheese on an English Muffin Clementine Cinnamon Raisin Bagel w/Cream Cheese & Cheese Stick Fresh or Cupped Fruit Non-fat & 1% Milk
18 School Closed Mid-Winter Recess	19 School Closed Mid-Winter Recess	20 School Closed Mid-Winter Recess	21 School Closed Mid-Winter Recess	22 School Closed Mid-Winter Recess
25 Warm Corn Bread, Scrambled Egg & Turkey Bacon Fresh-Cut Fruit Toasted Cream Cheese & Strawberry Preserve Sandwich Fresh-cut Fruit Fresh or Cupped Fruit Non-fat & 1% Milk	26 Turkey/Ham & Cheese Frittata w/ Whole Wheat Toast Yogurt Parfait w/Fruit & Granola Fresh or Cupped Fruit Non-fat & 1% Milk	27 Sausage, Egg & Cheese on Plain Bagel, Mixed Berries Belgian Waffles w/Mixed Berries Fresh or Cupped Fruit Non-fat & 1% Milk	28 Turkey Bacon, Egg & Cheese on a Kaiser Roll Cottage Cheese & Fruit Bowl Fresh or Cupped Fruit Non-fat & 1% Milk	

Water available at every meal
This institution is an equal opportunity provider.