




# OCTOBER 2018 BREAKFAST

All meals include a 1/2 pt. of milk.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Pepperoni pizza stick Orange Wedge Fruit Juice	2 Frankfurter Steamer Rice Peaches Fruit Juice	3 Smoothie Cinnamon Toast Apple Wedge	4 Coffee Cake Ham Links Mixed Fruits Fruit Juice	5 Cinnamon Toast Turkey Links Pineapple Chunks Cranberries
8 FALL BREAK	9 FALL BREAK	10 FALL BREAK	11 FALL BREAK	12 FALL BREAK
				
15 Pancake Wrap Sliced Peaches Cranberries	16 Banana Bread Pineapple Chunks Fruit Juice	17 Chicken Patty Steamed Rice Mixed Fruit Fruit Juice	18 Portuguese Sausage Steamed Rice Apple Wedge Fruit Juice	19 Cinnamon Roll Pineapple chunks Orange Wedge
22 Pepperoni pizza stick Orange Wedge Fruit Juice	23 Frankfurter Steamer Rice Peaches Fruit Juice	24 Smoothie Cinnamon Toast Apple Wedge	25 Coffee Cake Ham Links Mixed Fruits Fruit Juice	26 Cinnamon Toast Turkey Links Pineapple Chunks Cranberries
29 Pancakes w/ syrup Orange Wedge Fruit Juice	30 Applesauce Muffin Pineapple Chunks Fruit Juice	31 Pizza Bagel Mixed Fruit Cranberries		
				

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