



California School for the Deaf



Menu

November 26 – 30, 2018

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| <p>Fresh Fruit Bar Orange Juice Wholegrain Assorted Cereal Cheese Omelete Wholegrain Toast Maragine Jelly Catsup Nonfat Chocolate Milk Low-fat Milk Soy Milk</p> | <p>Fresh Fruit Bar Applesauce Wholegrain Honey Chex Cereal Wholegrain Cinnamon Roll Assorted Yogurt Chocolate Milk Nonfat Milk Low-fat Soy Milk</p> | <p>Fresh Fruit Bar Banana Wholegrain Assorted Cereal Wholegrain Waffle Syrup Margarine Bacon Chocolate Milk Nonfat Milk Low-fat Soy Milk Veggie Bacon</p> | <p>Fresh Fruit Bar Strawberry Cup Wholegrain Assorted Cereal Pancake Syrup Sausage Link Chocolate Milk Nonfat Milk Low-fat Soy Milk Veggie Sausage</p> | <p>Fresh Fruit Bar Assorted Juice Wholegrain Kix Cereal Hash Brown Patty Scrambled Egg Wholegrain Toast Catsup Chocolate Milk Nonfat Milk Low-fat Soy Milk</p> |
| <p>Super Greens Salad Bar Low-fat/Fat-free Dressing Fresh Fruit Bar Applesauce Turkey Sandwich On Wheat Bread Lettuce Tomato Raw Baby Carrot Macornia Salad Nonfat Chocolate Low-fat Milk Soy Milk Veggie Chicken Sandwich</p> | <p>Super Greens Salad Bar Low-fat/Fat-free Dressing Fresh Fruit Bar Canned Mandarin Oranges Herb Roasted Chicken Thighs Wholegrain Rice Pilaf Peas Fresh Wholegrain Dinner Roll Milk Low-fat, Nonfat Chocolate Nonfat Milk Veggie Chicken Breast</p> | <p>Super Greens Salad Bar Low-fat/Fat-free Dressing Fresh Fruit Bar Orange 1/2 Coleslaw Wholegrain Fish Sticks French Fries Catsup Tarter Sauce Wholegrain Cookie Milk Low-fat, Nonfat, Chocolate Nonfat Milk Veggie Breaded Chicken Strips</p> | <p>Super Greens Salad Bar Low-fat/Fat-free Dressing Fresh Fruit Bar Apple Juice Carrot Sticks Grilled Cheese Sandwich Tomato Soup Saltine Cracker Popsicle Milk Low-fat, Nonfat Chocolate Nonfat Milk</p> | <p>Super Greens Salad Bar Low-fat/Fat-free Dressing Fresh Fruit Bar Grape Juice Taco Lettuce, Tomato, Grated Cheese Mexicali Corn Fresh Salsa Teddy Gramh Low-fat Milk Nonfat Chocolate Milk Soy Milk Veggie Taco</p> |
| <p>Super Greens Salad Bar Low-fat, Fat-free Dressings Fresh Fruit Bar Peaches Beef Tamale Refried Beans Mexicali Corn Salsa Ice Cream Cup Milk Low-fat, Soy Cheese Tamale</p> | <p>Super Greens Salad Bar Low-fat, Fat-free Dressings Fresh Fruit Bar Canned Fruit Polish Sausage Catsup Mustard Sauteed Green Beans Potato Wegdes Bread Margarine Milk, Low-fat, Soy Chocolate Nonfat Milk Veggie Hot Dog</p> | <p>Super Greens Salad Bar Low-fat, Fat-free Dressings Fresh Fruit Bar Fresh Melon Fried Chicken Mashed Potato Gravy Broccoli Dinner Roll Margarine Nonfat Chocolate Milk Low-fat Milk Soy Milk Veggie Breaded Chicken Strip</p> | <p>Super Greens Salad Bar Low-fat, Fat-free Dressings Fresh Fruit Bar Cucumber Slices Applesauce Roast Pork Augratin Potato Lima Beans Biscuit Honey Margarine Milk Low-fat, Soy Milk Veggie Burger Patty</p> | |