

January 2019 VANGUARD ACADEMY Breakfast K-12

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 	2	3 Offered Daily: Assorted Cereal Cookie	4	5 
6	7	8	9 Cereal Cookie Fresh Banana Juice Choice of Milk	10 Muffin Yogurt Fruit Juice Choice of Milk	11 Ham Egg Taco Fruit/Juice Choice of Milk	12
13 	14 Super Donuts Fruit Juice Choice of Milk	15 Mini-Pancakes Fruit Juice Choice of Milk	16 Pig in the blanket Fruit/Juice Choice of Milk	17 Peanut Butter Jelly Sandwich Fruit Juice Choice of Milk	18 Sausage Egg Taco Fruit/Juice Choice of Milk	19 
20	21 Waffles Margarine Syrup Fruit Juice Choice of Milk	22 Pop Tart Fruit/Juice Choice of Milk	23 Muffin Yogurt Fruit Juice Choice of Milk	24 Cereal Cookie Fresh Banana Juice Choice of Milk	25 Potato Egg Taco Fruit/Juice Choice of Milk	26
27 	28 French Toast Stick Margarine Syrup Fruit / Juice Choice of Milk	29 Biscuit & Sausage Fruit Juice/Jelly Choice of Milk	30 Mini-Pancakes Fruit/Juice Choice of Milk	31 Peanut Butter Jelly Sandwich Fruit Juice Choice of Milk	1 FEBRUARY Pig in the blanket Fruit Juice Choice of Milk	

Menu is subject to change without notice due to price and availability of food.

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