

Special Dietary Needs Request for Food Allergy / Intolerance

Revised 5/15/2015

Submit completed form to Food Services

STUDENT: _____ Birthday: _____ School: _____ Grade/Class: _____

Indicate the food(s) the child is intolerant of or allergic to:

- | | | |
|-----------|--------------------------|-------------|
| Milk | Eggs (all forms) | Soy |
| All dairy | Eggs in baked goods etc. | Fish |
| Peanuts | | Shell Fish |
| Tree Nuts | | Other _____ |

if exposed by (check all that apply)

- | | | |
|--------|----------|--------------|
| eating | inhaling | skin contact |
|--------|----------|--------------|

Check what happens if the child is exposed to the food.

- | | |
|--|--|
| Itching, tingling of mouth, lips etc | Tightness of throat, hoarseness, hacking cough |
| Swelling of lips, tongue, mouth or face | Shortness of breath, repetitive coughing, wheezing |
| Hives, itchy rash, swelling | Fainting, pale, blue, weak or thready pulse, |
| Abdominal cramps, nausea, vomiting, diarrhea | Other _____ |

PARENT/GUARDIAN CONSENT:

- I authorize school personnel to exchange information verbally or in writing with my child’s physician regarding this request and the child’s disability. Physician’s Name: _____
- I give permission to have my child’s photo displayed on this form.
- I give consent for this information to be shared with relevant staff.

My signature indicates that I have fully read and understand the above information.

_____	_____	_____	_____
Signature of Parent/Legal Guardian	Telephone Home	Business Phone	Date

Physician Order: required if the student has a disability related to the food intolerance / allergy.

Does the child have a disability (as defined by Section 504 of the Rehabilitation Act or Part B of IDEA)?

- Food Anaphylaxis (intolerance is not a disability)
- Other disability _____
- No disability (Please sign the form and return it. Do not complete the remaining questions.)

What major life activities are affected by the disability?

- | | | |
|-------------------------|----------|-----------|
| Caring for one’s self | Walking | Breathing |
| Eating | Seeing | Learning |
| Performing manual tasks | Hearing | Working |
| | Speaking | |

Why does the disability restrict the child’s diet? _____

Foods to be omitted or substituted:

- Allergy - avoid the allergen _____
- Substitute to be used _____
- Lactose Intolerance ___ No milk to drink ___ No dairy products

PHYSICIAN ORDER:

I confirm the information provided above by the parent. I agree to communicate with school personnel about this dietary request and the related disability.

Physician Name: _____ Fax #: _____
 Address: _____ Clinic: _____ Phone #: _____

Physician Signature: _____ Date: _____