

Medical Statement for Children with Special Dietary Needs: Each special dietary request must be supported by a statement, which explains the food substitution that is medical authority requested. It must be signed by a recognized authority.



Monday	Tuesday	Wednesday	Thursday	Friday
Sausage Biscuit	Pizza Bagel	Biscuit/Grits	French Toast Sticks	Morning Sausage Roll
Poptart	Honey Bun	Eggs/Sausage	Honey Bun	Honey Bun
Tater Tots	Fresh Fruit	Honey Bun	Fresh Fruit	Fresh Fruit
Juice	Juice	Fresh Fruit	Juice	Juice
Fresh Fruit		Juice		
Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Biscuit	Pizza Sausage	Biscuit/ Sausage Link	Pancake Pup	Biscuit/Sausage Gravy
Honey Bun	Mini Donut	Honey Bun	Honey Bun	Poptart
Tater Tots	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Fresh Fruit	Juice	Juice	Juice	Juice
Juice				

Breakfast is a two week rotation

Low fat and fat free white milk offered Daily.

Menu subject to change based on availability.

Georgia Grown

Local wellness policy at www.gocats.org/schoolnutrition

March 2019

**Milk choices:
1% White Milk
Fat Free White Milk
Lactose Free Milk
Chocolate Milk**

Avg Nutrients Target

Calories.. 896

Cholesterol...46 mg

Sodium.986 mg

Sugar 74.0

Carbohydrates 161.2

Calories... 633

Cholesterol... 15 mg

Sodium.737 mg

Sugar 50.5g

Carbohydrates 1108.1g

Local Grown