



Medical Statement for Children with Special Dietary Needs: Each special dietary request must be supported by a statement, which explains the food substitution that is medical authority requested. It must be signed by a recognized authority.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Avg Nutrients Target
		8	9	10	
		Grilled Chicken Sandwich French Fries Shredded Lettuce Tomato Cherry Applesauce cup	Country Fried Steak Mashed Potatoes Turnips Cornbread Fresh Fruit	Pizza Baked Beans French Fries Peaches	Calories...463 Cholesterol...29 mg Sodium. 721 mg Sugar 25 g Carbohydrates 71 g
13	14	15	16	17	Avg Nutrients Target
Meatloaf Mac & Cheese Roll Blackeyed Peas Carrots Fruit Cocktail	Spaghetti Bread Sticks Shredded Lettuce Tomato Cherry Corn Fresh Fruit	Chicken Teriyaki Nugget Scalloped Potato Steamed Broccoli/Cheese Roll Peaches	Baked Chicken Mashed Potatoes Gravy Brown Green Beans Fresh Fruit Roll	Comdog French Fries Dill Spear Baked Beans Mandarin Oranges	Calories...449 Cholesterol...41 mg Sodium. 847 mg Sugar 21.1 g Carbohydrates 64.7 g
20	21	22	23	24	Avg Nutrients Target
Hamburger French Fries Shredded Lettuce Tomato Cherry Applesauce cup	Fish Sandwich Potato Rounds Popeye Salad Fresh Fruit	Hot Dog French Fries Shredded Lettuce Tomato Cherry Pineapple	Pork Roast w/Gravy Mashed Potatoes Turnips Cornbread Diced Pears	Chicken Sandwich Baked Beans French Fries Peaches	Calories...446 Cholesterol...40 mg Sodium.701 mg Sugar 19.2 g Carbohydrates 63.1 g
27	28	29	30	31	Avg Nutrients Target
Chicken Chunks Mac & Cheese Roll Blackeyed Peas Carrots Fruit Cocktail	Pizza Shredded Lettuce Tomato Cherry Corn Diced Pears	Fish Sandwich Scalloped Potato Broccoli/Cheese Roll Peaches	Salisbury Steak Mashed Potatoes Gravy Brown Green Beans Fresh Fruit Roll	BBQ Pork Sandwich French Fries Dill Spear Baked Beans Mandarin Oranges	Calories...466 Cholesterol...35 mg Sodium. 822mg Sugar 20.8 g Carbohydrates 68.9 g

Low fat and fat free white, strawberry, lactose free milk and chocolate milk offered daily.

Georgia Grown

Menu subject to change based on availability.

Locally Grown

