

Monday

Tuesday

Wednesday

Thursday

Friday

1

Winter Break

2

Winter Break

3

Winter Break

4

Winter Break

7

Winter Break
Staff Professional Development

8

Oatmeal with mixed Dried Fruit
Fruit
Choice of 1% or Skim Milk

9

Cheerios Cereal
Mozzarella Cheese Stick
Fruit
Choice of 1% or Skim Milk

10

Yogurt Parfait
House Made Granola
Fruit
Choice of 1% or Skim Milk

11

Apple Frudel
Fruit
Choice of 1% or Skim Milk

14

Blueberry Muffin
Fruit
Choice of 1% or Skim Milk

15

Whole Grain Croissant
Boiled Egg
Fruit
Choice of 1% or Skim Milk

16

Cornflakes Cereal
Mozzarella Cheese Stick
Fruit
Choice of 1% or Skim Milk

17

Yogurt Parfait
House Made Granola
Fruit
Choice of 1% or Skim Milk

18

Cherry Frudel
Fruit
Choice of 1% or Skim Milk

21

MLK Day
Student/Staff Holiday

22

Chocolate Oatmeal Breakfast Bar
Fruit
Choice of 1% or Skim Milk

23

Rice Crispies Cereal
Mozzarella Cheese Stick
Fruit
Choice of 1% or Skim Milk

24

Yogurt Parfait
House Made Granola
Fruit
Choice of 1% or Skim Milk

25

Apple Frudel
Fruit
Choice of 1% or Skim Milk

28

Apple Cinnamon Muffin
Fruit
Choice of 1% or Skim Milk

29

Whole Grain Biscuit
Fruit
Choice of 1% or Skim Milk

30

Cheerios Cereal
Mozzarella Cheese Stick
Fruit
Choice of 1% or Skim Milk

31

Yogurt Parfait
House Made Granola
Fruit
Choice of 1% or Skim Milk

Please be sure to sign your child up for a meal account through www.myschoolbucks.com
For more information or questions regarding the menu or ingredients, contact Leslie Sterzinger at Chef@mwschool.org

Paid: \$4.25, Reduced: \$0.40, Free: \$0.00

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