



Village Charter Elementary

January 2019

Week 1, 3, 5

MONDAY

14; 28

TUESDAY

1; 15; 29

WEDNESDAY

2; 16; 30

THURSDAY

3; 17; 31

FRIDAY

4; 18

BREAKFAST

Marshmello Mateys or
Cinnamon Toasters with
Graham Crackers

Coffee Cake

Yogurt and Graham Crackers

Cinnamon Roll

Bagel and Cream Cheese

LUNCH

Non-fat and 1% milk are available at each meal. 100% juice and fruit is offered at breakfast and fresh fruits and veggies are served with lunch.

Turkey Hot Dog with
Baked Beans
*Perro Caliente de Pavo con
Frijoles al Horno*

Teriyaki Chicken with
Brown Rice with Broccoli
*Pollo Teriyaki con Arroz y
Brocoli*

Chicken Nachos with Chili
Lime Cucumber
*Nachos de Pollo y Pepino
con Chile y Limon*

BBQ Pulled Turkey
Sandwich with Carrots
*Sandwich de Pavo al la
Barbacoa con Zanahorias*

NEW! Brunch for Lunch!
**Pancakes and Sausage
with Potato Gems**
*Panqueques con Salchicha
y Papas*

Mac and Cheese with
Baked Beans
*Macarrones con Queso y
Frijoles al Horno*

Veggie Asian Wrap and
Broccoli
*Ensalada Vegetariana con
Brocoli*

Cheese Nachos with Chili
Lime Cucumber
*Nachos y Pepino con Chile
y Limon*

Grilled Cheese Sandwich
with Carrots
*Sandwich Caliente de
Queso con Zanahorias*

Egg and Cheese Biscuit
Sandwich with Tater
Gems
*Sandwich Caliente de
Huevo y Queso y Papas*

Week 2, 4

MONDAY

7; 21

TUESDAY

8; 22

WEDNESDAY

9; 23

THURSDAY

10; 24

FRIDAY

11; 25

BREAKFAST

Cinnamon Toasters or
Blueberry Mini Spooners with
Graham Crackers

Buttermilk Bar

Sausage and Cheese Biscuit

Banana Bread

Pancakes

LUNCH

Non-fat and 1% milk are available at each meal. 100% juice and fruit is offered at breakfast and fresh fruits and veggies are served with lunch.

Chicken Patty Sandwich
with Pineapple Coleslaw
*Sandwich de Pollo
Empanizado con Ensalada
Cole y Pina*

Crunchy Turkey Tacos
with Carrots
*Tacos de Pavo con
Zanahorias*

Chicken Fajitas with a
Tortilla and Pinto Beans
*Fajitas de Pollo con un
Tortilla y Frijoles Pintos*

Chicken Tenders with
Mashed Potatoes and Corn
*Trozos de Pollo con Pure
de Papa y Elote*

Hamburger with Broccoli
Hamburguesa con Brocoli

Veggie Burger with with
Pineapple Coleslaw
*Hamburguesa Vegetariana
con Ensalada Cole y Pina*

Quesadilla and Carrots
Quesadilla con Zanahorias

Southwest Salad with
Pinto Beans
*Ensalada Suroeste con
Frijoles Pintos*

Grilled Cheese Cheese
with Mashed Potatoes and
Corn
*Sandwich Caliente de
Queso y Pure de Papa y
Elote*

**Veggie Burger with
Broccoli**
*Hamburguesa Vegetariana
con Brocoli*