



WALK 'N ROLL TO SCHOOL

@ Hopewell Elementary

Walk and bike to school events not only emphasize the importance of issues such as increasing physical activity and encouraging healthy lifestyles among children, but also address bicycle and pedestrian safety, reduction of traffic, and concern for preserving the environment.

In addition, students who are physically active on the way to school arrive ready to learn and perform better in class. Walk and bike to school efforts also build connections between families, schools and the community. The benefits of walking and bicycling to school are abundantly clear!

Please join us in walking and rolling to school on the following dates:

October 26, 2018 · (Raindate: November 2)

May 3, 2019 · June 7, 2019

***Sourland Cycles will offer complimentary bicycle safety checks in the AM on Walk and Roll dates. Meet at the frog at arrival to get your bike checked – Look for the Sourland Cycles tent!**