



# Mitchell Senior Summer Volleyball Open Gym



**Where:** Mitchell Senior Gym

**Who:** Potential volleyball players who want to improve their volleyball skills and try out for the Junior Varsity or Varsity team

**When:** Aug 6<sup>th</sup> and 7<sup>th</sup> from 1pm-3pm

**Contact:** Coach Johnson @ Mitchell Senior 209-357-6124 or text 209-202-5160 or rjohnson@aesd.edu



**A FEW THINGS TO REMEMBER:**

1. Tryouts will be held for GIRLS Varsity and JV on **8/15 and 8/16**. THIS IS THE SECOND DAY OF SCHOOL!! Boys try-outs will be at the end of September.
2. Girls You **must** sign up with Mrs. Johnson to try out on or before the first day of school.
3. You must have a physical **before** you *try out*. You must have all paperwork turned in to try out.

Forms required for participation in athletics

1. Sports Physical Form
2. Concussion Form
3. Cardiac Arrest Form
4. Agreement for Team Participation



All forms can be found on the Mitchell Senior website, click on **Our School** then **Athletics**, the PDF links are on the right.

\_\_\_\_\_ TEAR OFF HERE and bring to open gym \_\_\_\_\_

I, \_\_\_\_\_, give permission for my child, \_\_\_\_\_, to attend Mitchell  
 (parent name) (child name)  
 Senior's Volleyball Open Gym. I agree that Atwater Elementary School District, its agents, officers and/or employees will not be help liable for any injury bodily harm, or accidents that may occur.

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Home/Cell Phone