




Nanaikapono Elementary

BREAKFAST & LUNCH MENU

September-18

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>LABOR DAY 3</p>	<p>Apple Pastry 4 Orange Wedge 100% Juice</p> <hr/> <p>Fish Wedge Steamed Rice Baked Beans, House Salad Fruit Slushy</p>	<p>Breakfast Sliders 5 Peaches 100% Juice</p> <hr/> <p>Crispy Nachos w/Beef & Cheese 100% Fruit Juice Offer: House Salad Offer: Grape Tomato</p>	<p>Breakfast Smoothie 6 Cinnamon Toast Apple Wedges</p> <hr/> <p>Chicken Nuggets on Cabbage Steamed Rice Broccoli and Carrots Cantaloupe</p>	<p>Coffee Cake 7 Mixed Fruits 100% juice</p> <hr/> <p>Cheeseburger Potato Wedge Veggie Sticks Honeydew Melon</p>
<p>Pancake w/ Syrup 10 Strawberries 100% Juice</p> <hr/> <p>Chicken Patty on WG Bun Curly Fries Offer: Lettuce Leaf, Tomato Slices Offer: Apple Wedges</p>	<p>Cinnamon Bagel 11 Pine Chunks 100% Juice</p> <hr/> <p>Pasta Florentine w/ WG French Roll House Salad w/ Baby Carrots Mixed Fruits</p>	<p>Greek yogurt & Cinnamon Toast 12 Papaya Pineapple Fruit Mix 100% Juice</p> <hr/> <p>Popcorn Chicken Mash Bowl Pan Roasted Vegetables Apple Wedges Fruitted Muffin</p>	<p>Baked Ham and Biscuits 13 Peaches 100% Juice</p> <hr/> <p>Roast Pork w/Gravy and Rice Vegetable Juice Lomi Tomato Pineapples</p>	<p>14</p> <p>WAIVER DAY</p>
<p>Pork Patty w/ Biscuits 17 and Gravy Peaches and Cranberries</p> <hr/> <p>Beef Stew Steamed Rice House Salad Mixed Fruits</p>	<p>Pear Muffin 18 Pineapples 100% Juice</p> <hr/> <p>Cheesy Chili Tots and Biscuits Veggie Sticks Apple Wedge Short Bread Cookies</p>	<p>Belgian Waffles 19 w/ Fruited Topping Mixed Fruits and 100% Juice</p> <hr/> <p>BBQ Pulled Pork Sandwich Oven Fries House Salad Fruit Slushy</p>	<p>Portuguese Sausage 20 Steamed Rice Strawberries and 100% Juice</p> <hr/> <p>Breaded Chicken Nuggets and Rice Roasted Vegetable Hummus and Baby Carrots Pine Chunks</p>	<p>Cinnamon Roll 21 Pine Chunks Orange Wedge</p> <hr/> <p>Hot Turkey Sandwich w/Gravy Whipped Potato Corn Orange Wedge</p>
<p>Pepperoni Pizza Stix 24 Orange Wedge 100% Juice</p> <hr/> <p>Hot Dog in WG Bun Baked Beans Rainbow Salad Fruit Slushy</p>	<p>Franks and Steamed Rice 25 Peaches 100% Juice</p> <hr/> <p>Crispy Nacho w/Beef and Cheese House Salad Grape Tomato 100% Juice</p>	<p>Breakfast Smoothie 26 Cinnamon Toast Apple Wedges</p> <hr/> <p>Chicken Tenders on Cabbage Steamed Rice Broccoli and Carrots Cantaloupe</p>	<p>Coffee Cake 27 Turkey Links Mixed Fruit and 100% Juice</p> <hr/> <p>Roast Turkey w/ Steamed Rice WG Roll Coleslaw w/ Broccoli and Carrots Peaches</p>	<p>Cinnamon Toast 28 Ham Links Pine Chunks and Cranberries</p> <hr/> <p>Breaded Chicken Nuggets Potato Wedge, WG Roll Veggie Stix Honeydew Melon</p>
<p>START THE DAY RIGHT EAT BREAKFAST!!!</p> <hr/> <p>ALTERNATE BREAKFAST SERVED CEREAL WG TOAST FRUIT OF THE DAY AND JUICE</p>				

"This Institution is an Equal Opportunity Provider"

Menus are subject to change without notice

Meals include 1/2 pint of milk