



# Fenton Charter Leadership Academy

May 2019

Weeks 2, 4	MONDAY 6; 20	TUESDAY 7; 21	WEDNESDAY 8; 22	THURSDAY 9; 23	FRIDAY 10; 24
<b>BREAKFAST</b>	Marshmello Mateys or Cinnamon Toasters with Graham Crackers	Coffee Cake	Yogurt and Graham Crackers	Cinnamon Roll	Bagel and Cream Cheese
<b>LUNCH</b>	<p><b>Turkey Hot Dog with Baked Beans</b> <i>Perro Caliente de Pavo con Frijoles al Horno</i></p> <p><b>Mac and Cheese with Baked Beans</b> <i>Macarrones con Queso y Frijoles al Horno</i></p>	<p><b>Teriyaki Chicken with Brown Rice with Broccoli</b> <i>Pollo Teriyaki con Arroz y Brocoli</i></p> <p><b>Veggie Asian Wrap and Broccoli</b> <i>Ensalada Vegetariana con Brocoli</i></p>	<p><b>Chicken Nachos with Chili Lime Cucumber</b> <i>Nachos de Pollo y Pepino con Chile y Limon</i></p> <p><b>Cheese Nachos with Chili Lime Cucumber</b> <i>Nachos y Pepino con Chile y Limon</i></p>	<p><b>BBQ Pulled Turkey Sandwiches with Carrots</b> <i>Sandwich de Pavo al la Barbacoa con Zanahorias</i></p> <p><b>Grilled Cheese with Carrots</b> <i>Sandwich Caliente de Queso con Zanahorias</i></p>	<p><b>Brunch for Lunch!</b> <b>Chicken and Waffles and Tater Gems</b> <i>Wafles con Trozos de Pollo y Papas</i></p> <p><b>Egg and Cheese Biscuit with Tater Gems</b> <i>Sandwich Caliente con Huevo y Queso con Papas</i></p>

Non-fat and 1% milk are available at each meal. 100% juice and fruit is offered at breakfast and fresh fruits and veggies are served with lunch.

Week 1, 3, 5	MONDAY 13; 27	TUESDAY 14; 28	WEDNESDAY 1; 15; 29	THURSDAY 2; 16; 30	FRIDAY 3; 17; 31
<b>BREAKFAST</b>	Cinnamon Toasters or Blueberry Mini Spooners with Graham Crackers	Buttermilk Bar	Coffee Cake	Banana Bread	Marshmello Mateys or Cinnamon Toasters with Graham Crackers
<b>LUNCH</b>	<p><b>Chicken Patty Sandwich with Mashed Potatoes and Corn</b> <i>Sandwich de Pollo Empanizado con Pure de Papa y Elote</i></p> <p><b>Mac and Cheese with Mashed Potatoes and Corn</b> <i>Macarrones con Queso y Pure de Papa y Elote</i></p>	<p><b>Crunchy Turkey Tacos with Broccoli</b> <i>Tacos de Pavo con Brocoli</i></p> <p><b>Cheese Quesadilla and Broccoli</b> <i>Quesadilla con Brocoli</i></p>	<p><b>Baked Pasta with Carrots</b> <i>Pasta al Horno con Zanahorias</i></p> <p><b>Veggie Baked Pasta with Carrots</b> <i>Pasta al Horno de Vegetales con Zanahorias</i></p>	<p><b>Chicken Tenders with Baked Beans</b> <i>Trozos de Pollo con Frijoles al Horno</i></p> <p><b>Grilled Cheese Sandwich with Baked Beans</b> <i>Sandwich Caliente de Queso con Frijoles al Horno</i></p>	<p><b>Hamburger with Cucumber</b> <i>Hamburguesa con Pepino</i></p> <p><b>Veggie Burger with Cucumber</b> <i>Hamburguesa Vegetariana con Pepino</i></p>

Non-fat and 1% milk are available at each meal. 100% juice and fruit is offered at breakfast and fresh fruits and veggies are served with lunch.

"In accordance with Federal law and U. S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten building, 1400 Independence Avenue, SW, Washington, D. C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer."