July 2018

Dear Sea King Families,

Palos Verdes High School is fortunate to have the strong support of our parents and community. Our parents have contributed financially to our school to support our programs and Participation Donations have been a major source of that financial support.

The suggested Participation Donations for the upcoming school year continue to be calculated based on the number of students participating in the activities, the events scheduled for the activities, and the costs of transportation, officiating, equipment, competition fees, and game management expenses. Each activity will have a different suggested amount based on these variables. While the suggested Participation Donation is not mandatory, it is needed in order to keep all activities, clubs, and sports at current levels. If Participation Donations do not cover the associated costs of a program, competitions, equipment, or levels of a program offered may be jeopardized.

Please be assured that the Participation Donation, whether made or not made, and/or the amount of the donation, is confidential. The coaches/advisors do not have access to the names of the families who have or have not contributed. Only the total collected amount is shared with the coach/advisor so that he/she can make financial decisions regarding his/her program.

Donations are voluntary and no student will be denied access to, or participation in, any sport or extracurricular activity or penalized in any way based on whether or not his/her family has made a donation, or portion of a donation.

Please make checks payable to “PVHS” and turn them in to the Student Store along with the program’s clearance packet.

Thank you for continuing to support the programs at Palos Verdes High School. I look forward to a successful school year. Go Sea Kings!

Sincerely,

[Signature]

Brian Shapiro
Athletic Director
Palos Verdes High School
### Athletics

<table>
<thead>
<tr>
<th>Sport</th>
<th>Donation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Football</td>
<td>$575.00</td>
</tr>
<tr>
<td>Girls Basketball</td>
<td></td>
</tr>
<tr>
<td>Boys Basketball</td>
<td></td>
</tr>
<tr>
<td>Baseball</td>
<td></td>
</tr>
<tr>
<td>Softball</td>
<td></td>
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<tr>
<td></td>
<td></td>
</tr>
<tr>
<td>Girls Water Polo</td>
<td>$525.00</td>
</tr>
<tr>
<td>Boys Water Polo</td>
<td></td>
</tr>
<tr>
<td>Girls Volleyball</td>
<td></td>
</tr>
<tr>
<td>Boys Volleyball</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td>Girls Lacrosse</td>
<td>$475.00</td>
</tr>
<tr>
<td>Boys Lacrosse</td>
<td></td>
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<tr>
<td></td>
<td></td>
</tr>
<tr>
<td>Girls Golf</td>
<td>$400.00</td>
</tr>
<tr>
<td>Boys Golf</td>
<td></td>
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<tr>
<td></td>
<td></td>
</tr>
<tr>
<td>Girls Tennis</td>
<td>$375.00</td>
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<tr>
<td>Boys Tennis</td>
<td></td>
</tr>
<tr>
<td>Girls Soccer</td>
<td></td>
</tr>
<tr>
<td>Boys Soccer</td>
<td></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Boys &amp; Girls Swimming</td>
<td>$325.00</td>
</tr>
<tr>
<td>Boys &amp; Girls Track</td>
<td></td>
</tr>
<tr>
<td>Song</td>
<td></td>
</tr>
<tr>
<td>Cheer</td>
<td></td>
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<tr>
<td></td>
<td></td>
</tr>
<tr>
<td>Boys &amp; Girls Cross Country</td>
<td>$275.00</td>
</tr>
<tr>
<td>Marching Band</td>
<td></td>
</tr>
<tr>
<td>Colorguard</td>
<td></td>
</tr>
<tr>
<td>Drumline</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td>Surf Team</td>
<td>$125.00</td>
</tr>
</tbody>
</table>

### Extra & Co-Curricular Activities

<table>
<thead>
<tr>
<th>Activity</th>
<th>Donation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Speech &amp; Debate</td>
<td>$200.00</td>
</tr>
<tr>
<td>Academic Decathlon</td>
<td></td>
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<tr>
<td></td>
<td></td>
</tr>
<tr>
<td>Drama</td>
<td>$175.00</td>
</tr>
<tr>
<td>Model United Nations</td>
<td></td>
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<tr>
<td></td>
<td></td>
</tr>
<tr>
<td>AVID</td>
<td>$125.00</td>
</tr>
<tr>
<td>Mock Trial</td>
<td></td>
</tr>
<tr>
<td>Jazz Band</td>
<td></td>
</tr>
<tr>
<td>Orchestra</td>
<td></td>
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<tr>
<td></td>
<td></td>
</tr>
<tr>
<td>Choreo Math</td>
<td>$75.00</td>
</tr>
<tr>
<td>PVIT</td>
<td></td>
</tr>
<tr>
<td>Science Bowl</td>
<td></td>
</tr>
<tr>
<td>Science Olympiad</td>
<td></td>
</tr>
<tr>
<td>Science Research</td>
<td></td>
</tr>
</tbody>
</table>

Students who are unable to make a participation donation will not be denied the right to participate

7/12/2018
BOOSTING ARTS, ATHLETICS & ACADEMICS
Please join your PVHS Booster Club

Take a look around campus, and you’ll see the power of Booster Club contributions...

- Award-winning plays and performances, student field trips, and technology
- Wellness Center, and College and Career Counseling resources
- Highly trained teachers and staff who attend important conferences and competitions
- Top ranked PVIT and Robotics teams, and Live from 205
- Brand new Stadium Field Turf and Cage Ball area
- Professional-grade dance floors, and jumbo athletic lockers in boys and girls locker rooms

To provide a top-notch college prep experience to our students in a public school context takes tremendous commitment from our entire community. In collaboration with PTSA and PEF, the PVHS Booster Club plays a critical role in making that happen. Our mission is to support and promote the 3 A’s – Arts, Athletics, and Academics – as well as other PVHS extracurricular activities. Our objective is to enrich the PVHS student experience and community at large by providing financial support in areas not covered by the PVPUSD budget. For example, students greatly benefit from off-season coaching and athletic trainers who are not funded by participation donations, ASB, or the district but by the Palos Verdes High School Booster Club.

100% of your donations stay right here on the PVHS campus and you may designate any contribution above the $200 Basic Level to any Arts, Athletics, or Academics program of your choice.

We thank you for your support – Go Sea Kings!

Craig Quinn
President, PVHS Booster Club
213 435 6735 (cell)
CraigwQuinn@gmail.com

JOIN TODAY!
http://pvboosterclub.com/join/

follow us on Twitter @pvhsbooster friend us on Facebook at PVBoosterClub
NOTE: A new form must be completed at the beginning of each year and must be on file before students participates in any school activities.

Name: ___________________________ Birthdate ______ Grade ______

Activity __________________________ Date __________

Parents: The information requested below is necessary in the event injury occurs while away from school or outside regular school hours. Please be as specific as possible.

Home Address __________________________ Student’s Age ______

Home Phone _______________ Cell Phone _______________ Other _______________

Mother’s Work Phone ______________________ Father’s Work Phone ______________________

Emergency Contact:

Name __________________________ Relationship _______________ Phone ______

Name: __________________________ Relationship _______________ Phone ______

Physician __________________________ Phone _______________

Hospital __________________________ Phone _______________

History of allergies, injuries, heart, or other medical problems: __________________________

Parent/Guardian Primary Language __________________________

I hereby give my permission for the administration of emergency first aid to the above student

Printed Name of Parent/Guardian __________________________ Signature of Parent/Guardian __________ Date __________
Palos Verdes Peninsula Unified School District

Athletic/Activity Report

 Forgery of these forms will result in disciplinary action by the Associate Principal.

<table>
<thead>
<tr>
<th>Last Name (print)</th>
<th>First Name (print)</th>
<th>Grade</th>
<th>Boy/Girl</th>
<th>Sport</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
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</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Address</th>
<th>City/Zip Code</th>
<th>Home Telephone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Age</th>
<th>Birthdate</th>
<th>Month and year started ninth grade</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Did you transfer from another high school? If so, what date? List name, city, and state of the high school that you transferred from.

Insurance Requirements
California Law (Education Code §§ 32220-32224) requires every member of an athletic team to have at least $1,500 medical and hospital coverage.

I ALREADY HAVE INSURANCE for my son/daughter which meets the requirements of California Law. The name of my insurance company is ____________________________ and the policy number is ____________________________. I will promptly notify the school in the event insurance coverage no longer applies to my son/daughter.

School Insurance
Myers/Stevens Insurance Company
I am purchasing Myers/Stevens insurance and returning the Myers/Stevens envelope with the Athletic Packet so the school can send it to the company. I am purchasing the following coverage: (check the appropriate box)

- [ ] Tackle Football (covers only tackle football)
- [ ] Full Time Low Med High
- [ ] Student Health Care Payment Plan
- [ ] School Time Low Med High
- [ ] Full Time Low Med High
- [ ] Extra Dental

Athletic Commitments and Responsibilities
I have read and understand the following sections of the Athletic Packet:

- [ ] Academic Eligibility Standards
- [ ] Athletic/Activity Code of Conduct
- [ ] District Letter Regarding Insurance Coverage
- [ ] Code of Ethics - Athletes
- [ ] Emergency Card
- [ ] Physical Form
- [ ] Student Insurance
- [ ] Transportation Fee Letter
- [ ] Medical Treatment Authorization-Waiver, Release, and Indemnity Agreement

Signature of Parent/Guardian ____________________________
Signature of Student ____________________________
Date ____________________________
PALOS VERDES PENINSULA UNIFIED SCHOOL DISTRICT
MEDICAL TREATMENT AUTHORIZATION
WAIVER, RELEASE AND INDEMNITY AGREEMENT

ASSUMPTION OF RISK FOR PARTICIPATION IN A VOLUNTARY SPORTS OR NON-SPORTS PROGRAM

Participant: ____________________________________________________________

Description of Activity: ________________________________________________
Name of School: _______________________________________________________

Date(s) of Activity: _____________________________________________________

☐ Transportation provided by District ☐ Transportation is parent responsibility

By my signature below, I hereby give permission for my son/daughter to participate in the above-described activity. I realize that this activity is voluntary as part of the PALOS VERDES PENINSULA UNIFIED SCHOOL DISTRICT (District) sports or non-sports program. I understand that this activity could cause serious illness and/or injury or death, and I assume all risks for any such illness and/or injury or death. I am aware of the transportation arrangements for this activity and acknowledge that if the school is providing no transportation, the parent has complete and sole responsibility for all transportation arrangements. I am aware that the District does not provide coverage for medical treatment in connection with this activity. If a participant does not have private medical insurance, low-cost school insurance is available through the District.

For and in consideration of permitting the above named child to participate in the activity described above, the undersigned hereby voluntarily releases, discharges, waives and relinquishes any and all actions or causes of action for personal injury, bodily injury, property damage or wrongful death occurring to his/her child/ward or him/herself arising in any way whatsoever as a result of engaging in said activity or any activities incidental thereto wherever or however the same may occur and for whatever period said activities may continue. The undersigned does for him/herself, his/her heirs, executors, administrators and assigns hereby release, waive discharge and relinquish any action or causes of action, aforesaid, which may hereafter arise for him/herself and for his/her estate, and agrees that under no circumstances will he/she or his/her heirs, executors, administrators and assigns prosecute, present any claim for personal injury, bodily injury, property damage or wrongful death against the District or any of its officers, agents, or employees for any of said causes of action, whether the same shall arise by the negligence of any of said persons, or otherwise.

The undersigned hereby acknowledges that he/she knowingly and voluntarily assumes all risks of bodily injury to his/her child/ward or him/herself, as stated, and expressly acknowledges their intention, by executing this instrument, to exempt and relieve the District, its officers, agents, and employees, from any liability for personal injury, bodily injury, property damage or wrongful death that may arise out of or in any way be connected with the above-described activity. I have read and understand the foregoing and have voluntarily signed this agreement. I am aware of the potential risks involved in this activity and I am fully aware of the legal consequences of signing this instrument. I further acknowledge that the District does not automatically provide for medical coverage for participants in this activity.

Health or special needs: Check as appropriate.

☐ Participant has no special health needs the staff should be aware of, and no medication is required.

☐ Participant has a special need, and instructions are attached. Number of attached pages: __________

☐ Other: ________________________________

In the event of illness or injury, I do hereby consent to whatever x-ray examination, anesthetic, medical, surgical or dental diagnosis or treatment and hospital care and emergency transportation considered necessary in the best judgment of the attending physician, surgeon, or dentist and performed under the supervision of a member of the medical staff of the hospital or facility furnishing medical or dental services.

Parent/Guardian Signature ___________________________ Participant Signature ___________________________ Date ___________________________

Parent/Guardian Name (Please Print) ___________________________ Phone Number ___________________________ Health Plan ___________________________

Street Address ___________________________ City ___________________________ State ___________________________ Zip Code ___________________________

Plan #: ___________________________

F-603 – Voluntary Sports/Non-Sports Waiver (Rev 7-20-12) ___________________________ Principal / Designee Signature ___________________________
PALOS VERDES PENINSULA UNIFIED SCHOOL DISTRICT
WAIVER, RELEASE AND INDEMNITY AGREEMENT
ASSUMPTION OF RISK FOR PARTICIPATION IN A VOLUNTARY ACTIVITY/PROGRAM

Student’s Name: ___________________________ School: ___________________________

Description of Activity/Program: ________________________________________________

Date(s) of Activity/Program: ____________________________________________________

By my signature below, I hereby give permission for my son/daughter to participate in the above-described activity. I realize that this activity is voluntary and is not a mandated requirement of the Palos Verdes Peninsula Unified School District’s (District) curriculum or extra curricular program. I further acknowledge that no supervision is being provided by the District and that the District assumes no responsibility for any transportation arrangements. The undersigned is specifically aware, and confirms by executing this document that they are aware that participation in such an activity presents a risk of personal injury, bodily injury, property damage or wrongful death, and that the undersigned’s child may injure himself or herself, or be injured by other participants related to the activity. The undersigned is aware and acknowledges being aware of the risk that he or she may be hurt or injured by participating in any aspect of this activity.

For and in consideration of permitting the above named child to participate in the activity described above, the undersigned hereby voluntarily releases, discharges, waives and relinquishes any and all actions or causes of action for personal injury, bodily injury, property damage or wrongful death occurring to him/herself arising in any way whatsoever as a result of engaging in said activity or any activities incidental thereto wherever or however the same may occur and for whatever period said activities may continue. The undersigned does for him/herself, his/her heirs, executors, administrators and assigns hereby release, waive discharge and relinquish any action or causes of action, which may hereafter arise for him/herself and for his/her estate, and agrees that under no circumstances will he/she or his/her heirs, executors, administrators and assigns prosecute, present any claim for personal injury, bodily injury, property damage or wrongful death against the Palos Verdes Peninsula Unified School District, its Board, or any of its officers, agents, servants, or employees for any of said causes of action. The foregoing waiver does not apply in the event of the sole negligence or willful misconduct of the District.

The undersigned hereby acknowledges that he/she knowingly and voluntarily assumes all risks of bodily injury to his/her child, as stated, and expressly acknowledges their intention, by executing this instrument, to exempt and relieve the District, its Board, officers, agents, and employees, from any liability for personal injury, bodily injury, property damage or wrongful death that may arise out of or in any way be connected with the above-described activity. I have read the foregoing and have voluntarily signed this agreement. I am aware of the potential risks involved in this activity and I am fully aware of the legal consequences of signing this instrument. I further acknowledge that the District does not provide medical coverage for participants in this activity.

Parent/Guardian Signature Date
Parent/Guardian Name (Please Print)

Student’s Signature
Student’s Name (Please Print)

Street Address

City State Zip Code

Home Telephone Number

Work Telephone Number

Principal / Designee Signature

F-605—waiver—voluntary activity (clubs)
PALOS VERDES PENINSULA UNIFIED SCHOOL DISTRICT
ATHLETIC AND CO-CURRICULAR CODE OF CONDUCT

Students and parents shall be informed that a student who competes in athletics or participates in extra and co-curricular activities are held to specific standards of conduct and citizenship per Board Policy 6145 and 6145.2. These standards apply throughout the school year. In conjunction with discipline imposed after exhausting all available due process, students will be subject to the following:

VIOLATIONS OF THE CODE
A. Violations involving drugs, alcohol, and/or drug paraphernalia may result in an out of school suspension and students are not allowed to participate in athletics and any other school activities during the suspension. The student will also be recommended to attend “The Outlook Program,” which is an educational approach to substance abuse. Athletes may also receive a suspension from participation in sports activities and contests.
B. Referring to Ed Code 48900 (A-E) infractions, the following consequences may be enforced if the violation occurs during an season of the sport or activity:
   - 1st Offense: Student misses any contest while serving an out of school suspension
   - 2nd Offense: An out of school suspension and four weeks social probation (student may not participate in any extracurricular or athletic events)
   - 3rd Offense: An out of school suspension and eight weeks or removal from the remainder of the sport/activity season involved depending on which is greater.
C. Any expellable violation (Category 1 or 2) of the “The Safe School Policy” may result in an expulsion or transfer of the student and/or referral to law enforcement.

I have read and understand the above written code of conduct.

Student Name (Printed) ___________________________________ Student Signature __________________________ Date __________

Parent/Guardian Name (Printed) __________________________ Parent/Guardian Signature __________________ Date __________
The Board of Education recognizes that extracurricular and co-curricular activities enrich the educational and social development and experiences of students. The district shall encourage and support student participation in extracurricular and co-curricular activities without compromising the integrity and purpose of the educational program (BP 6145).

The Board of Education believes that all students have the right to be educated in a positive learning environment free from disruptions. Students shall be expected to exhibit appropriate conduct that does not infringe upon the rights of others or interfere with the school program while on school grounds, while going to or coming from school, while at school activities, and while on district transportation (AR 5131).

PVHS CODE OF CONDUCT FOR STUDENTS

PVHS students should demonstrate high standards of ethics and promote the development of good character and other important life skills. The highest potential is achieved when participants are committed to pursuing success in school activities according to six core principles: trustworthiness, respect, responsibility, fairness, caring, and good citizenship (the "Six Pillars of Character"). This code applies to all students involved in activities in PVHS. I understand that, in order to participate in high school activities, I must act in accord with the following (derived from PVPUSD policy 6145E):

TRUSTWORTHINESS

Trustworthiness - be worthy of trust in all I do.

Integrity - live up to high ideals of ethics

Honesty - do not lie, cheat, steal or engage in any other dishonest conduct

Reliability - fulfill commitments; do what I say I will do; be on time to activities
Respect - treat all people with respect all the time and require the same

Disrespectful Conduct - don't engage in disrespectful conduct of any sort including profanity, obscene gestures, offensive remarks of a sexual or racial nature, trash-talking, taunting, or other actions that demean individuals.

Respect Staff - treat staff with respect

RESPONSIBILITY

Importance of Education - be a student first and commit to getting the best education I can.

Role Modeling - Remember, participation in activities is a privilege, not a right, and that I am expected to represent my school, teachers, and peers with honor. Consistently exhibit good character and conduct yourself as a positive role model. Suspension or termination of the participation privilege is within the sole discretion of the school administration.

Self-Control - exercise self-control

Healthy Lifestyle - safeguard your health; don't use any illegal or unhealthy substances including alcohol, tobacco, and drugs.

FAIRNESS

Be Fair - live up to high standards of fair play; be open-minded; always be willing to listen and learn.

CARING

Concern for Others - demonstrate concern for others.

Peers - help promote the well-being of peers by positive counseling and encouragement or by reporting any unhealthy or dangerous conduct to staff.

CITIZENSHIP

Follow directions - maintain thorough commitment to follow directions at all times.

I have read and understand the requirements of this Code of Conduct. I understand that I'm expected to perform according to this code and I understand that there may be sanctions or penalties if I do not. Participation in PVHS Activities requires that I follow all school rules and policies at all times.

Printed Name of Student

Signature of Student

Date

Printed Name of Parent/Guardian

Signature of Parent/Guardian

Date