

December Menu 2018



<p>3 A – French Toast with Turkey sausage B – Sun butter & jelly Sandwich w/ cheese stick C – American Sub ** Sandwich on WW bun</p>	<p>4 A – Hamburger on Whole wheat bun B – Protein Pack w/ hard egg, sun butter, wg bagel C – Turkey & Cheese sandwich</p>	<p>5 A – Chicken Parmesan w/ gourmet breadstick B – Yogurt Parfait w/ granola & mixed berries C – Ham & Cheese sandwich **</p>	<p>6 A – BBQ pulled Pork** On WW Bun B – Bean & Cheese Goldfish Sandwich C – Chicken Caesar Salad w/ breadstick</p>	<p>7 A – Personal Pan Cheese Pizza B – WG mini Chicken Corn Dogs C – Turkey Pinwheel</p>
<p>10 A – Homemade Sloppy Joe on WW bun B – Sun butter & jelly Sandwich w/ cheese stick C – American Sub ** Sandwich on WW bun</p>	<p>11 A – Orange Chicken over WG Rice B – Protein Pack w/ hard egg, sun butter, wg bagel C – Turkey & Cheese sandwich</p>	<p>12 A – Rotini Pasta w/ meatballs & breadstick B – Yogurt Parfait w/ granola & mixed berries C – Ham & Cheese sandwich **</p>	<p>13 A – Walking taco – chips Seasoned meat & cheese B – Southwest Hummus Wrap on WG tortilla C – Chicken Caesar Salad w/ breadstick</p>	<p>14 A – Stuffed Crust Cheese pizza B – All Beef Hot Dog on WW bun C – Turkey Pinwheel</p>
<p>17 A – Chicken & Waffles With syrup dipper B – Sun butter & Jelly Sandwich w/ cheese stick C – American Sub ** Sandwich on WW bun</p>	<p>18 A – Meatball Sub on Whole Wheat bun B – Protein Pack w/ hard egg, sun butter, wg bagel C – Turkey & Cheese sandwich</p>	<p>19 A – Chicken Patty Sandwich on WW bun B – Yogurt Parfait w/ granola & mixed berries C – Ham & Cheese sandwich **</p>	<p>20 A – WG maple pancakes With a yogurt cup B – Egg & Cheese Burrito on WW tortilla C – Chicken Caesar Salad w/ breadstick</p>	<p>21 SCHOOL IMPROVEMENT DAY NO LUNCH</p>
<p>24 WINTER BREAK</p>	<p>25 WINTER BREAK</p>	<p>26 WINTER BREAK</p>	<p>27 WINTER BREAK</p>	<p>28 WINTER BREAK</p>
<p>31 WINTER BREAK</p>				

Westchester Intermediate School
Lunch Price \$3.75 Milk Only \$.30
All Lunches come with the Farmers Garden Bar to complete your order

** this lunch meal contains pork
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