



# PERFORMANCE COURSE

VAN ALSTYNE HIGH SCHOOL  
SUMMER

2019 FEMALE HIGH INTENSITY

IMPROVE ATHLETICISM. DEVELOP CHARACTER. BUILD LEADERS.

[WWW.PERFORMANCECOURSE.COM](http://WWW.PERFORMANCECOURSE.COM)



# VAN ALSTYNE HIGH SCHOOL - SUMMER 2019 FEMALE HIGH INTENSITY

## PROGRAM DETAILS

Course Name: Summer 2019 Female High Intensity

Location: Van Alstyne Athletic Training Center, 1722 N Waco St, Van Alstyne, TX 75495

Dates & Days: 06/03/2019 - 08/01/2019, Monday, Tuesday, Wednesday, Thursday

No PC week(s) of: 07/01/2019 - 07/10/2019 UIL Dead Period: 07/09-10; 07/22-23

Time: 7:30 AM - 9:30 AM

Recommended for females, grade 9th-12th

Please visit [performancecourse.com](http://performancecourse.com) for more information and program details.

## PAYMENT INFORMATION

Course Fee: \$200 ; Late Registration Fee: \$220 after May 1, 2019

TOTAL TUITION \$ \_\_\_\_\_

Apparel (write quantity per size)

T-shirts \$25 each \*Mark quantity in size

S \_\_\_ M \_\_\_ L \_\_\_ XL \_\_\_ XXL \_\_\_ (Adult) S \_\_\_ M \_\_\_ L \_\_\_ (Youth)

Athletic Shorts \$30 each \*Mark quantity in size

S \_\_\_ M \_\_\_ L \_\_\_ XL \_\_\_ XXL \_\_\_ (Adult) S \_\_\_ M \_\_\_ L \_\_\_ (Youth)

Athletic Drawstring Bag \$15 Qty \_\_\_\_\_

TOTAL APPAREL \$ \_\_\_\_\_

TOTAL AMOUNT DUE \$ \_\_\_\_\_

## REGISTRATION FOR VAN ALSTYNE HIGH SCHOOL SUMMER 2019 FEMALE HIGH INTENSITY

Name \_\_\_\_\_ Grade \_\_\_\_\_ Gender \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Emergency Phone \_\_\_\_\_

## RELEASE OF LIABILITY

I hereby waive and release for myself and my heirs, any and all rights or claims I may have against the Performance Course, Inc. (PCI), any affiliates or subdivisions of Performance Course, Inc., any school of facility in which Performance Course, Inc are conducted, and each of their respective agents, employees, servants, officers, directors, and representatives, for injury or illness arising out of or in anyway connected with my participation in the Performance Course, Inc. I further agree to indemnify and hold harmless of each said persons or property which may arise by virtue of my participation in the Performance Course, Inc. I understand there are certain risks and dangers associated with all activity involved in the Performance Course, Inc and the use of the facility. Injuries can and do occur during Performance Course, Inc. I hereby grant permission for trainers, doctors and their designees to administer appropriate medical care, antignens or injuries, and to perform emergency procedures as necessary. Participant, or guardian of participant, agrees to waive any claim against PCI for any damage, loss, cost, expense or liability resulting from performing (or failing to perform) any duties or functions, and PCI is hereby released from liability to the participant or his parents for any and all damages, losses, costs, expenses, and liabilities arising out of any incident to or resulting from such performance or failure to perform, even though caused in whole or in part by the negligence (whether by act of omission or commission), gross negligence, strict liability or other legal fault of PCI.

## VIDEO/PHOTO RELEASE

I hereby give permission for images of the participant, captured during the Performance Course, Inc (PCI) program listed through video, photo and digital camera, to be used solely for the purposes of PCI promotional material and publications, and waive any rights of compensation or ownership thereto.

Signing the guardian signature states that you understand and agree to the terms of the Release of Liability and Video/Photo Release.

Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

**Signature must be in place in order for child to participate - NO REFUNDS**

**MAKE CHECKS OR MONEY ORDER PAYABLE TO:**

Performance Course, PO Box 882 Allen, TX 75013

Phone: 214-383-4444 • Fax: 214-383-4631 • [info@performancecourse.com](mailto:info@performancecourse.com)

**REGISTER ONLINE AT PERFORMANCECOURSE.COM**

**\*NO REFUNDS\***