

Jr High Lunch Feb 2019 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				Fri - 2/1/2019 Pizza Pepperoni Mini Corn Dogs Leafy Salad French Fries Fruit Slush Ranch Dressing Ketchup Mustard Choice of milk
Mon - 2/4/2019 Hamburger Cheese Burger Bacon Cheeseburger Chicken Spaghetti Whole Wheat Roll Burger Lettuce Cup Blackeyed Peas Spiral Fries Peaches Ketchup FF Mayonnaise Mustard Choice of milk	Tue - 2/5/2019 Hamburger Chicken & Orange Ric Whole Wheat Roll Burger Lettuce Cup Steam Broccoli Glazed Carrots Mandarin Oranges Ketchup FF Mayonnaise Mustard Choice of milk	Wed - 2/6/2019 Tuna Salad Sandwich Lasagna Whole Wheat Roll Leafy Salad Green Beans Pumpkin Pudding Fruit Slush Ranch Dressing Choice of milk	Thu - 2/7/2019 Soft Beef Tacos Salisbury Steak Whole Wheat Roll Burger Lettuce Cup Diced Tomatoes Carroteenies/Ranch Mashed Potatoes Diced Pears Salsa Brown Gravy Choice of milk	Fri - 2/8/2019 Pizza Pepperoni Hot Dog Leafy Salad Potato Rounds Fruit Slush Ranch Dressing Ketchup Mustard Choice of milk
Mon - 2/11/2019 Breaded Chicken Sand Chicken Alfredo Garlic Breadstick Burger Lettuce Cup Green Peas Spiral Fries Fruit Slush Ketchup FF Mayonnaise Mustard Choice of milk	Tue - 2/12/2019 Breaded Chicken Sand Tamale Burger Lettuce Cup Pinto Beans Steam Corn Fruited Gelatin Spanish Brown Rice Salsa Ketchup FF Mayonnaise Mustard Choice of milk	Wed - 2/13/2019 Deli Sandwich Enchiladas Leafy Salad Pinto Beans Steam Corn Fruit Spanish Brown Rice Salsa Ranch Dressing FF Mayonnaise Mustard Choice of milk	Thu - 2/14/2019 Grilled Cheese Managers Choice Entr Baked Potato Half Managers Choice Veg Sidekick Fruit Cup Choice of milk	Fri - 2/15/2019 In-Service
Mon - 2/18/2019 HOLIDAY	Tue - 2/19/2019 Hamburger Cheese Burger Chicken Rings Whole Wheat Roll Burger Lettuce Cup Steam Broccoli Herb Roast Potatoes Apple Slices Ketchup FF Mayonnaise Mustard Choice of milk	Wed - 2/20/2019 Breaded Chicken Sand Crispito Burger Lettuce Cup Pinto Beans Steam Corn Fruited Gelatin Spanish Brown Rice Salsa Ketchup FF Mayonnaise Mustard Choice of milk	Thu - 2/21/2019 Meatloaf Whole Wheat Roll Macaroni & Cheese Leafy Salad Green Beans Fruit Slush Ranch Dressing Choice of milk	Fri - 2/22/2019 Pizza Pepperoni Corn Dog Leafy Salad Tomato Soup Fruit Slush Ranch Dressing Ketchup Mustard Choice of milk

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Jr High Lunch Feb 2019 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 2/25/2019	Tue - 2/26/2019	Wed - 2/27/2019	Thu - 2/28/2019	
Hamburger Chicken Nuggets Whole Wheat Roll Burger Lettuce Cup Mashed Potatoes Roasted Carrots Fruit Slush Country Gravy Ketchup FF Mayonnaise Mustard Choice of milk	Breaded Chicken Sand Nachos with Meat Burger Lettuce Cup Steam Corn Pinto Beans Mandarin Oranges Salsa Ketchup FF Mayonnaise Mustard Choice of milk	Deli Sandwich Chicken Popcorn Bites Whole Wheat Roll Herbed Broccoli & Cau Green Peas Baked Beans Apple Slices FF Mayonnaise Ketchup Mustard Choice of milk	Soft Beef Tacos Steak Fingers Whole Wheat Roll Burger Lettuce Cup Diced Tomatoes Zucchini & Squash Green Beans Fresh Oranges Salsa Country Gravy Ketchup Choice of milk	

This product was funded by USDA. This institution is an equal opportunity provider.

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