



California School for the Deaf

Elementary Menu

May 13 - 17, 2019

<p>Fresh Fruit Bar Orange Juice Wholegrain Assorted Cereal Wholegrain French Toast Margarine Syrup Chocolate Milk Non-fat Milk Low-fat, Soy</p>	<p>Fresh Fruit Bar Apple Juice Wholegrain Honey Nut Cereal Wholegrain Muffin Chocolate Milk Non-fat Milk Low-fat, Soy</p>	<p>Fresh Fruit Bar Banana Wholegrain Assorted Cereal Breakfast Potato Low-sodium Catsup Wholegrain Toast Margarine Jelly Chocolate Milk Non-fat Milk Low-fat, Soy</p>	<p>Fresh Fruit Bar Melon Slice Wholegrain Assorted Cereal Wholegrain Waffle Margarine Syrup Chocolate Milk Non-fat Milk Low-fat, Soy</p>	<p>Fresh Fruit Bar Grape Juice Wholegrain Mini Wheats Cereal Wheat Toast Margarine, Jelly Chocolate Milk Non-fat Milk Low-fat, Non-fat Soy Milk</p>
<p>Super Greens Salad Bar Low-fat/Fat-free Dressing Fresh Fruit Bar Orange Sections 1/2 Sliced Turkey On Wholegrain Bread Peas Teddy Grahams Mayo Mustard Milk Low-fat, Chocolate Non-fat Soy Milk Veggie Chicken Sandwich</p>	<p>Super Greens Salad Bar Low-fat/Fat-free Dressing Fresh Fruit Bar 3/4 Cup Wholegrain South Western Chicken Pasta Green Beans Wholegrain Bread Margarine Canned Pears Milk Low-fat, Chocolate Non-fat Soy Milk Veggie South Western Chicken Pasta</p>	<p>Super Greens Salad Bar Low-fat/Fat-free Dressing Fresh Fruit Bar Canned Peaches Small Hamburger French Fries Green Beans Lettuce Tomato Sliced Onion Catsup, Mustard Mayo Milk Low-fat, Chocolate Non-fat Soy Milk</p>	<p>Super Greens Salad Bar Low-fat/Fat-free Dressing Fresh Fruit Bar Celery Sticks Capri Sun Juice Box Nachos With Cheese Sauce And Meat Fresh Salsa Milk Low-fat, Chocolate Non-fat Soy Milk Nachos With Cheese Sauce & Veggie Taco Meat</p>	<p>Super Greens Salad Bar Low-fat/Fat-free Dressing Fresh Fruit Bar Mixed Fruit Cup Sliced Cucumbers Small BBQ Beef On Bun Potato Wedges Corn On The Cob Milk Low-fat, Chocolate Non-fat Soy Milk Small Veggie Burger BBQ Sauce</p>
<p>Super Greens Salad Individual Bowls Low-fat, Fat-free Dressings Fresh Fruit Bar Canned Fruit Butter Chicken Basmati Rice Honey Carrots Naan Margarine Milk, Low-fat, Soy Chocolate Non-fat Milk Butter Veggie Chicken Breast</p>	<p>Super Greens Salad Individual Bowls Low-fat, Fat-free Dressings Fresh Fruit Bar Applesauce Meatloaf Mashed Potato Gravy Capri Veggies Wholegrain Bread Margarine Catsup Milk, Low-fat, Soy Chocolate Non-fat Milk Veggie Burger</p>	<p>Super Greens Salad Individual Bowls Low-fat, Fat-free Dressings Fresh Fruit Bar Canned Fruit Sweet & Sour Pork White Rice Soy Sauce Dinner Roll Margarine Milk, Low-fat, Soy Chocolate Non-fat Milk Tofu Chow Mein</p>	<p>Super Greens Salad Individual Bowls Low-fat, Fat-free Dressings Fresh Fruit Bar Fresh Melon Salad Roast Turkey Bread Dressing Gravy Broccoli Bread Margarine Milk, Low-fat, Soy Chocolate Non-fat Milk</p>	

This institution is an equal opportunity provider