

Hands-On Cooking Classes For Kids



Hands-on and Fun

iCook is a really fun, hands-on after-school cooking program for children. Our mission is simple: to help teach children to love everything about food - cooking, eating delicious and healthful dishes, learning about different cultures and stories behind the food. We make every experience special because we start with great recipes and fresh ingredients, colorful cooking stations and engaging activities. Also, we keep things food-safe: we are a nut-free establishment.

Healthy and Delicious

This fall, our chefs-in-training will learn how to make delicious and nutritious recipes using fresh and colorful ingredients. We will travel across the globe to learn about cuisine and traditions of Europe, Asia, Central America, and more! We will learn about fresh herbs and how they enhance the aroma and flavors of our dishes. We will master cooking safety, slicing, dicing, chopping, folding, baking, zesting, mixing, and more!

WHERE: St. Theresa

WHEN: Tuesday afternoons

TIME: 2:20 – 3:30 pm

DATES: Sept. 3rd – Dec. 17th

NO CLASS: Nov. 26th

GRADES: K-4th grade

PRICE: \$270 for 15 weeks of class
includes all materials and ingredients
for two recipes for each class

MIN/MAX: Min 7 students
Max 20 students/2 instructors

TO REGISTER: www.icookafterschool.org

DEADLINE: Sept. 1st



Please call or email us with any questions
(773) 283-7037 or (773) 706-2057
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www.iCookAfterSchool.com

