

LEXINGTON CATHOLIC HIGH SCHOOL

# CAREER QUEST

# OVERVIEW

- Career Quest is a program designed to provide interested LCHS students with **job shadowing opportunities** in Central KY businesses and professional communities.
- Juniors at LCHS will be offered **one job shadowing day** during the school year (Tuesday, Wednesday or Thursday only) as a permissible absence.
- Using our network of alumni, community leaders, and business men and women, we have created a list of job shadowing opportunities available to LCHS students.
- Students also have the option to find job shadowing placements on their own (no family members) pending the approval of Mrs. Scanlon.

# PURPOSE

- Designed to provide real world experience through job shadowing
- Make the connection between in-class learning and its importance in the real world and in the workplace
- Get a taste of the culture of the workplace
- Experience the benefits and responsibilities of a career
- Gain basic experience and exposure to possible career paths and college majors

# PROCESS

## Step 1: Career Quest Application

- turn in to Mrs. Scanlon, Spiritual Life Office
- applications received by Sept. 25 will complete CQ program in Oct.

## Step 2: Naviance About Me/ My Assessments

- response required

## Step 3: Mentor is Approved

- Student is given contact of possible mentor
- Or approval is granted for mentor if student chooses to find placement independently

## PROCESS CONTINUED

### Step 4: Permissible Absence

- signed by parents and teachers
- Tuesday, Wednesday or Thursday only

### Step 5: Job Shadow

- wear LCHS uniform
- verification form filled out by mentor
- on-site interview suggested but not required

### Step 6: Reflection Activity, Thank You Note and Verification Form

- turned in on the day following job shadowing to Mrs. Scanlon

# I want to participate! What should I do now?

- Career Quest Application
  - pick one up on your way out or in the Spiritual Life Office
  - Application received by Sept. 25 will complete CQ program in Oct.
  - See Mrs. Scanlon for further deadline information
- Naviance
  - About me/ My Assessments
- Career Quest Packet is on [www.lexingtoncatholic.com](http://www.lexingtoncatholic.com)  
under Academics/ Career Quest