

St Mary Fall Sports 2018 Practice schedule

7th and 8th Volleyball - will start practice Monday August 20th and will practice Monday -Friday 4:00-6:00 PM Head Coach Jeff Witherow

5th and 6th Volleyball - will start practice Monday August 20th and will practice Mon -Friday 6:15-7:30 PM Head Coach Jessica Henry

7th and 8th Football - will start practice Monday August 20th at St. Al's School 3:30-5:30 PM St Mary Coach Craig Savage

5th and 6th Football - will start practice Monday August 20th at St Mary 5:00-7:00 PM Monday through Thursday for the first two weeks before school starts. Head Coach Rob Tipps

1st-8th Cross Country - will start practice Monday August 20th at St Mary and will practice 6:00-7:00 August 20 and 22nd at St Mary and Aug 21 and 23 at South 1016 Steen Court. Head coach Frankie Ferraro

7th and 8th Cheerleading will start practice August 27th and will practice Monday, Wednesday, and Thursday from 6:15-7:30 the first two weeks in the St Mary Courtyard. Head coach Theresa Combs.

3rd & 4th Flag Football we are still looking for a few more player and a Head Coach. If your son or daughter is interested please contact Miss Lafferty LLafferty@stmarysspokane.org