

# Menus for February 2019



**Greeneville City Schools  
Pre-K—GTC**

## The original value meal & still a fantastic deal!

\_\_\_\_\_ Breakfast \_\_\_\_\_ Lunch \_\_\_\_\_  
**\$1.60** **\$2.35**

Get in touch with us today to learn more about free and reduced-price meals in our district:

This institution is an equal opportunity provider. Menus are subject to change.

**Friday, Febr. 1**

**Breakfast**  
 Biscuit w/ Jelly Applesauce Cup & Milk

**Lunch**  
 Turkey Wrap  
 Refried Beans  
 Carrots w/ Dip  
 Flavored Applesauce & Milk

**YEAR OF THE PIG**

猪

**2019**

The Chinese New Year begins with the new moon on February 5. 2019 is the Year of the Pig.

**Monday, Feb. 4**

**Breakfast**  
 Cereal  
 Raisins & Milk

**Lunch**  
 Popcorn Chicken  
 Green Beans  
 Smiley Potatoes  
 Fruit & Milk

**Tuesday, Feb. 5**

**Breakfast**  
 Egg & Toast  
 Peaches & Milk

**Lunch**  
 Mashed Potato Bowl w/ Chicken  
 Carrots w/ Dip  
 Corn  
 WG Roll  
 Sour Raisins & Milk

**Wednesday, Feb. 6**

**Breakfast**  
 French Toast Sticks  
 Blueberries & Milk

**Lunch**  
 Turkey & Gravy  
 Monster Mashed Potatoes  
 Cornbread  
 Baked Beans  
 Raisins & Milk

**Thursday, Feb. 7**

**Breakfast**  
 Pancakes  
 Mixed Fruit & Milk

**Lunch**  
 Spaghetti w/ Texas Toast  
 Peas  
 Mixed Greens Salad  
 Flavored Applesauce & Milk

**Friday, Feb. 8**

**Breakfast**  
 Biscuit  
 Pineapples & Milk

**Lunch**  
 Pizza  
 Corn  
 Mixed Veggie Cup w/ Dressing  
 Oranges & Milk

**Available Daily**

**Breakfast**  
 Fruit and 100% Fruit Juice  
 Entrees 1. Cereal or Poptart  
 Or  
 2. Yogurt w/ Toast

**Lunch**  
 1. PB Sandwich w/ Turkey Stick  
 2. Cheese Sandwich w/ Turkey Stick

**Monday, Feb. 11**

**Breakfast**  
 Cereal  
 Fruit & Milk

**Lunch**  
 Chicken & Waffles  
 Baked Beans  
 Hash browns  
 Fruit & Milk

**Tuesday, Feb. 12**

**Breakfast**  
 Pancakes  
 Fruit & Milk

**Lunch**  
 Orange Chicken  
 Rice  
 Steamed Broccoli  
 Honey Glazed Carrots  
 Egg Roll  
 Fruit & Milk

**Wednesday, Feb. 13**

**Breakfast**  
 2 slices of Toast w/ Jelly  
 Fruit & Milk

**Lunch**  
 Beef Pot Pie  
 WG Roll  
 Green Beans  
 Mixed Green Salad  
 Fruit & Milk

**Thursday, Feb. 14**

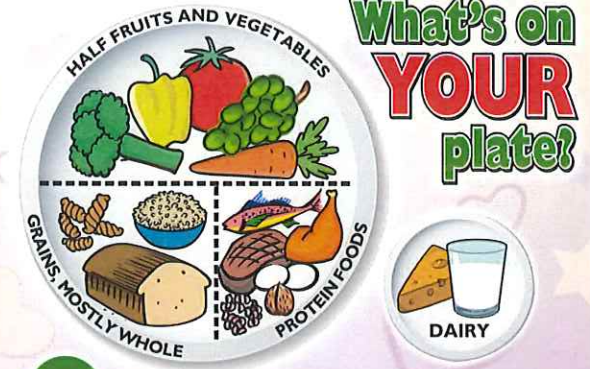
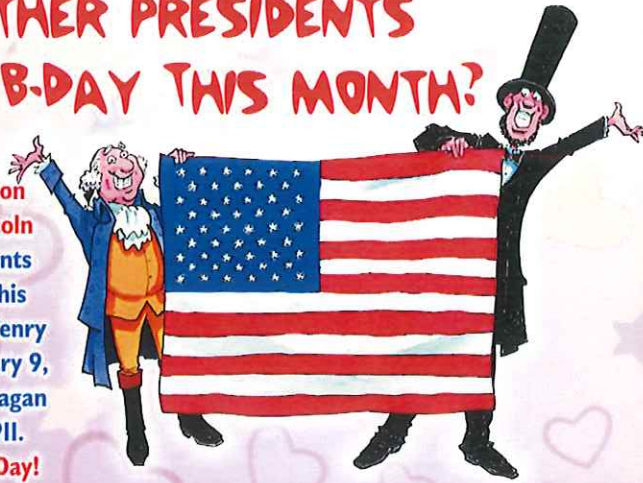
**Breakfast**  
 Biscuit  
 Fruit & Milk

**Lunch**  
 PB & J  
 Turkey Stick  
 Carrots w/ Dip  
 Fruit & Milk

**Friday, Feb. 15**

# WHAT OTHER PRESIDENTS HAVE A B-DAY THIS MONTH?

Other than George Washington and Abraham Lincoln two other Presidents have a birthday this month – William Henry Harrison on February 9, 1773 and Ronald Reagan on February 6, 1911.  
Happy Presidents Day!



**Q:** Why is fish often prepared and served with lemon?



**A:** Nowadays, it's mostly for flavor. But legend has it that people first served lemon with fish because they believed it would dissolve any fish bones they might swallow! With or without lemon, salmon filets like these are high in heart-healthy omega-3 fatty acids. Not to mention that they're also scrumptious!

Learn more at [www.CHOOSEMYPLATE.gov](http://www.CHOOSEMYPLATE.gov) or [http://kidshealth.org/Kid/stay\\_healthy/food/pyramid.html](http://kidshealth.org/Kid/stay_healthy/food/pyramid.html)

Monday, Feb. 18



**NO SCHOOL TODAY**

Tuesday, Feb. 19



Wednesday, Feb. 20

**Breakfast**

Cereal  
Fruit & Milk

**Lunch**

Vegetable Soup w/ Grilled Cheese  
California Blend  
Mixed Green Salad w/ Cherry Tomatoes  
Fruit & Milk

Thursday, Feb. 21

**Breakfast**

Frudel  
Fruit & Milk

**Lunch**

Egg Omelet w/ Biscuit  
Turkey Bacon Hash Browns  
Carrots w/ Dip  
Fruit & Milk

Friday, Feb. 22

**Breakfast**

Biscuit  
Fruit & Milk

**Lunch**

Pizza  
Pinto Beans  
Broccoli & Cheese  
Fruit & Milk

Monday, Feb. 25

**Breakfast**

Poptart  
Fruit & Milk

**Lunch**

PB & J  
Baked Beans  
Baked Chips  
Coleslaw  
Fruit & Milk

Tuesday, Feb. 26

**Breakfast**

Pancakes  
Fruit & Milk

**Lunch**

Parmesan Chicken  
Honey Glazed Carrots  
Mixed Green Salad  
Fruit & Milk

Wednesday, Feb. 27

**Breakfast**

French Toast Sticks  
Fruit & Milk

**Lunch**

Chicken Pot Pie  
Mashed Potatoes  
Peas  
WG Roll  
Fruit & Milk

Thursday, Feb. 28

**Breakfast**

Waffles  
Fruit & Milk

**Lunch**

Chicken Nuggets  
Crinkle Fries  
Corn  
WG Breadstick  
Fruit & Milk

## STRANGE BUT TRUE!

DID YOU MISS HIM? WELL, HE'S BACK! LAST YEAR, THERE WAS NO FULL MOON IN THE ENTIRE MONTH OF FEBRUARY. THAT CAN ONLY HAPPEN IN THE MONTH THAT HAS JUST 28 DAYS!

