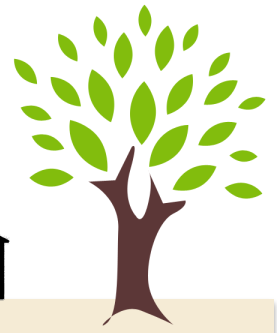




San Jose Charter Academy Celebrations & Rewards



Let's CELEBRATE:

The SJCA Wellness Policy is focused on providing the school with options to successfully raise funds and plan celebrations while keeping school wellness a priority.

We understand celebrations are a great way to honor student achievements and milestones. Try these ideas for fun activities and healthy foods at school classroom celebrations:

- Have a classroom show and tell
- Create a special birthday acknowledgement event – the birthday child wears a sash and crown, sits in a special chair, can choose and lead an active game and can be the teacher's assistant for the day
- Have a dance party
- Provide a “free choice” activity time at the end of the day

- Fruit Smoothies
- Fruit salads
- Yogurt parfaits
- Popcorn
- Pretzels
- Low-fat pudding
- Applesauce or other fruit cups
- Whole grain crackers with reduced fat cheese or jam
- Oatmeal or granola
- Veggie trays
- Bean dips
- Fruit kabobs

REWARDS

Active Rewards: Treasure Hunt, Relay Races, Jump-Rope Competition, Extra recess

Responsibility Rewards: Line leader privileges, phone monitor, announcement leader

Small Prizes: Glitter pencils, fun eraser, notebooks, colored pencils, pens, coloring books

Classroom Celebrations: Movie day, show and tell, arts & crafts, bring your fav. book to read

School Rewards: Stickers, verbal praise, ribbons