

## **Dear Parents/Guardians,**

Hello, my name is Elizabeth S. Bohman, and I have been a professional counselor for 18 years and a school counselor for the past 7 ½ years. I have a Master's Degree in Counseling Children & Families and a School Counseling certification from Marshall University Graduate College. I am also certified as a National Certified Counselor and a WV Licensed Professional Counselor. I will serve as the School Counselor for your child's school for the 2019-2020 school year.

Please feel free to contact me at your child's school to discuss concerns that you may have with your child. I am at Hodgesville Elementary School on Mondays and Thursdays, and I am at Tennerton Elementary School on Tuesdays, Wednesdays, and Fridays.

The following information has been prepared to inform you of the Comprehensive School Counseling Program at your child's school and to inform you of the array of services available to each student through the counseling program.

### **Guidance Counseling**

Every student participates in the guidance curriculum within the classroom setting. Classroom guidance and activities encompass the West Virginia Student Success Standard's as outlined in West Virginia Policy 2315 for personal/social, academic, career, and citizenship development. This year we will be continuing the Second Step Program for Social and Emotional Learning (SEL). You can find additional information on the Second Step program at <http://www.secondstep.org/what-is-second-step>.

In addition to guidance within the classroom setting, students may attend additional programs throughout the school year. For example, our schools will participate in Red Ribbon Week, College Application & Exploration Week, The Great Kindness Challenge, Career Café, and Rachel's Challenge Field Day.

### **Individual Counseling**

Short-term individual counseling is available for each student and occurs upon a referral based system. Referrals can be made by parents/guardians, school staff, or students. Students may write a note to the school counselor requesting to see her. Parents may call the school to speak with the school counselor. Individual counseling sessions are generally 30 minutes or less and occur on a short-term basis depending upon the needs of the student. Parents may request to meet with the school counselor for a list of outside counseling resources as needed.

### **Group Counseling**

Group Counseling includes a counseling topic with 3-5 students meeting at the same time. Students with several absences or a history of absences may attend an early morning group to encourage attendance to school. In addition, some classes will have social skills groups within the classroom. Once topics have been determined, school staff may refer students to a group, and parents are encouraged to contact Mrs. Bohman about group counseling.

I look forward to a great 2019-2020 school year!

Elizabeth S. Bohman MA, LPC, NCC  
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