

Breakfast Menu



April 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Pan Dulce Fruit Cup Fruit Milk</p>	<p>2</p> <p>Chicken & Waffle Syrup V: Waffles 100% Fruit Juice Fruit Milk</p>	<p>3</p> <p>Yogurt Granola Apple Sauce Fruit Milk</p>	<p>4</p> <p>Apple Jacks Cereal Whole Grain Bites Fruit Milk</p>	<p>5</p> <p>Mini Confetti Pancakes Fruit Milk</p>
<p>8</p> <p>Mango Bar Dried Fruit Fruit Milk</p>	<p>new</p> <p>9</p> <p>Pancake & Chicken Sausage Patty V: Pancakes Syrup 100% Fruit Juice Fruit Milk</p>	<p>10</p> <p>Coffee Cake Apple Sauce Fruit Milk</p>	<p>11</p> <p>Frosted Flakes Cereal Whole Grain Bites Fruit Milk</p>	<p>12</p> <p>Breakfast Cheese Tamale Fruit Milk</p>
<p>15</p> <p>Strawberry Bagelful Fruit Milk</p>	<p>16</p> <p>Bean & Cheese Burrito Hot Sauce 100% Fruit Juice Fruit Milk</p>	<p>17</p> <p>Blueberry Muffin Flat Apple Wedges Fruit Milk</p>	<p>18</p> <p>Fruit Loops Whole Grain Bites Fruit Milk</p>	<p>19</p> <p>Deluxe Breakfast: Sausage, French Toast & Tots V: French Toast & Tots Syrup Fruit Milk</p>
<p>22</p> <p>Pan Dulce Fruit Milk</p>	<p>23</p> <p>French Toast Sticks 100% Fruit Juice Fruit Milk</p>	<p>24</p> <p>Mini Loaf & String Cheese Apple Sauce Fruit Milk</p>	<p>25</p> <p>Apple Jacks Cereal Whole Grain Bites Fruit Milk</p>	<p>new</p> <p>26</p> <p>Boom Chicken Boom Breakfast Sandwich V: Cheese Sandwich Fruit Milk</p>
<p>29</p> <p>Banana Bread Fruit Cup Fruit Milk</p>	<p>new</p> <p>30</p> <p>Cinnamon Waffle Bites 100% Fruit Juice Fruit Milk</p>	<p>1</p>	<p>2</p>	<p>3</p>

MENU SUBJECT TO CHANGE WITHOUT NOTICE

Breakfast includes one entrée, vegetable, 1/2 cup fruit serving, and fat free white milk or 1% white milk.

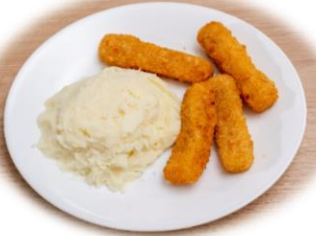




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Lunch Specials

April 2019



Friday April 5th	Monday April 8th	Friday April 12th	Wednesday April 24th	Tuesday April 30th
<p>Fish Sticks w/ Cheesy Mashed Potatoes</p>	<p>Caribbean Chicken Leg w/ Southern Rice</p>	<p>Meatless BBQ "Chicken" Strips w/ Oven Baked Fries</p>	<p>Breaded Chicken Leg w/ Glazed Carrots</p>	<p>Popcorn Chicken w/ Oven Baked Fries</p>
<p>Lime-infused breaded coating with Pollock fish served with a side mashed potatoes topped with melted shredded cheddar cheese.</p>	<p>A juicy chicken leg tossed in tangy jerk sauce served with a side of Caribbean inspired rice with pieces of ground beef, bell peppers and kidney beans.</p>	<p>These strips are made with soy-based protein and all natural ingredients. Tossed in BBQ Sauce for a fun meatless Friday. Served with oven baked seasoned crinkle fries.</p>	<p>Our wildly popular breaded chicken leg served with baby carrots baked in a buttery brown sugar and cinnamon mix.</p>	<p>Chicken poppers made with a Homestyle breading, featuring whole muscle chicken. Served with oven baked seasoned crinkle fries.</p>
				

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Lunch Menu K-8

April 2019



Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Breaded Chicken Leg w/ Mac & Cheese Baby Carrots 100% Fruit Juice Milk</p>	<p>2</p> <p>Cheeseburger OR BBQ Western Burger Oven Baked Fries Fruit Milk</p>	<p>3</p> <p>Turkey Chili Corn Muffin Baby Carrots Fruit Milk</p>	<p>4</p> <p>Beef Hot Dog Oven Baked Fries Side Salad Orange Wedges Milk</p>	<p>5</p> <p>Spaghetti w/ Meat Balls Baby Carrots 100% Fruit Juice Milk</p> <p style="text-align: right;">Special</p>
<p>8</p> <p>Chicken Alfredo Steamed Broccoli Baby Carrots 100% Fruit Juice Milk</p> <p style="text-align: right;">Special</p>	<p>9</p> <p>Chicken Patty Burger Oven Baked Fries Fruit Cup Milk</p>	<p>10</p> <p>Beef & Broccoli Not So Fried Rice Baby Tomatoes Fruit Milk</p>	<p>11</p> <p>Beef Nacho Potato Burrito Side Salad Premium Fruit Day Milk</p>	<p>12</p> <p>Chicken Nuggets Cheesy Mashed Potatoes Baby Carrots 100% Fruit Juice Milk</p> <p style="text-align: right;">Special</p>
<p>15</p> <p>Chicken Teriyaki Chow Mein Noodles Edamame Beans 100% Fruit Juice Milk</p>	<p>16</p> <p>Corn Dog Oven Baked Fries Dried Fruit Milk</p>	<p>17</p> <p>Chicken Tamale Mixed Vegetables Baby Carrots Fruit Milk</p>	<p>18</p> <p>Hamburger Pickles, Tomato, & Lettuce Kit Fruit Milk</p>	<p>19</p> <p>Baked Ziti w/ Meat Sauce Baby Carrots 100% Fruit Juice Milk</p>
<p>22</p> <p>Chicken BRC Burrito Baby Carrots 100% Fruit Juice Milk</p>	<p>23</p> <p>Cheeseburger Oven Baked Fries Fruit Milk</p>	<p>24</p> <p>Carnitas Nachos <i>*Contains Pork*</i> Tortilla Chips Baby Carrots Fruit Milk</p> <p style="text-align: right;">Special</p>	<p>25</p> <p>Pancakes, Sausage & Potato Tots Side Salad Apple Wedges Milk</p>	<p>26</p> <p>Green Chicken Enchiladas Baby Carrots 100% Fruit Juice Milk</p>
<p>29</p> <p>Breaded Chicken Leg w/ Mac & Cheese Baby Carrots 100% Fruit Juice Milk</p>	<p>30</p> <p>BBQ Western Burger Oven Baked Fries Fruit Milk</p> <p style="text-align: right;">Special</p>	<p>1</p>	<p>2</p>	<p>3</p>

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Lunch Menu K-8 Vegetarian



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Monday	Tuesday	Wednesday	Thursday	Friday
1 Plant-based Chicken Tenders w/ Twisted Nacho Mac & Cheese <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i>	2 Vegetarian Cheeseburger <i>Oven Baked Fries</i> <i>Fruit</i> <i>Milk</i>	3 Plant-based "Beef" & Bean Chili & Bean Chili Corn Muffin <i>Baby Carrots</i> <i>Fruit</i> <i>Milk</i>	4 Plant-based Chicken Tenders <i>Oven Baked Fries</i> <i>Side Salad</i> <i>Orange Wedges</i> <i>Milk</i>	5 Cheesy Spaghetti w/ Plant-based "Beef" <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i>
8 Penne Alfredo <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i>	9 BBQ Vegetarian Western Burger <i>Oven Baked Fries</i> <i>Fruit Cup</i> <i>Milk</i>	10 Tofu & Broccoli Not So Fried Rice <i>Baby Carrots</i> <i>Fruit</i> <i>Milk</i>	11 Bean & Cheese Burrito <i>Side Salad</i> <i>Premium Fruit Day</i> <i>Milk</i>	12 Plant-based BBQ Chicken Tenders <i>Cheesy Mashed Potatoes</i> <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i>
15 Plant-based "Chicken" Teriyaki Chow Mein Noodles <i>Edamame Beans</i> <i>100% Fruit Juice</i> <i>Milk</i>	16 Plant-based Chicken Tenders <i>Oven Baked Fries</i> <i>Dried Fruit</i> <i>Milk</i>	17 Cheese Tamale Mixed Vegetables <i>Baby Carrots</i> <i>Fruit</i> <i>Milk</i>	18 Vegetarian Burger <i>Pickles, Tomato, & Lettuce Kit</i> <i>Fruit</i> <i>Milk</i>	19 Baked Ziti w/ Plant-based "Beef" <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i>
22 Bean & Cheese BRC Burrito <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i>	23 Vegetarian Cheeseburger <i>Oven Baked Fries</i> <i>Fruit</i> <i>Milk</i>	24 Plant-Based "Beef", Bean & Cheese Nachos <i>Tortilla Chips</i> <i>Baby Carrots</i> <i>Fruit</i> <i>Milk</i>	25 Pancakes, Plant-based Chicken Tenders, & Potato Tots <i>Side Salad</i> <i>Apple Wedges</i> <i>Milk</i>	26 Green Cheese Enchiladas <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i>
29 Plant-based Chicken Tenders w/ Twisted Nacho Mac & Cheese <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i>	30 Vegetarian Cheeseburger <i>Oven Baked Fries</i> <i>Fruit</i> <i>Milk</i>	1	2	3

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Sandwich Menu K-8



April 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Turkey & Cheese Sandwich <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i></p>	<p>2</p> <p>Deli Chicken & Cheese Sandwich <i>Oven Baked Fries</i> <i>Fruit</i> <i>Milk</i></p>	<p>3</p> <p>Turkey Ham & Cheese Sandwich <i>Side Salad</i> <i>Fruit</i> <i>Milk</i></p>	<p>4</p> <p>Club Sandwich <i>*Contains Pork*</i> <i>Side Salad</i> <i>Orange Wedges</i> <i>Milk</i></p>	<p>5</p> <p>Wowbutter Sandwich <i>Baby Carrots</i> <i>Fruitable Juice</i> <i>Fruit</i> <i>Milk</i></p>
<p>8</p> <p>Turkey Pastrami & Cheese Sandwich <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i></p>	<p>9</p> <p>Roast Beef Sandwich <i>Oven Baked Fries</i> <i>Fruit Cup</i> <i>Milk</i></p>	<p>10</p> <p>Ham & Cheese Sandwich <i>Baby Carrots</i> <i>Fruit</i> <i>Milk</i></p>	<p>11</p> <p>Turkey & Cheese Sandwich <i>Side Salad</i> <i>Premium Fruit Day</i> <i>Milk</i></p>	<p>12</p> <p>Build Your Own Tuna Sandwich <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i></p>
<p>15</p> <p>Turkey & Cheese Sandwich <i>Edamame Beans</i> <i>100% Fruit Juice</i> <i>Milk</i></p>	<p>16</p> <p>Deli Chicken & Cheese Sandwich <i>Oven Baked Fries</i> <i>Dried Fruit</i> <i>Milk</i></p>	<p>17</p> <p>Turkey & Cheese Sandwich <i>Baby Carrots</i> <i>Fruit</i> <i>Milk</i></p>	<p>18</p> <p>Deli Chicken & Cheese Sandwich <i>Pickles, Tomato, & Lettuce Kit</i> <i>Fruit</i> <i>Milk</i></p>	<p>19</p> <p>Wowbutter Sandwich <i>Baby Carrots</i> <i>Fruitable Juice</i> <i>Fruit</i> <i>Milk</i></p>
<p>22</p> <p>Turkey Pastrami & Cheese Sandwich <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i></p>	<p>23</p> <p>Roast Beef Sandwich <i>Oven Baked Fries</i> <i>Fruit</i> <i>Milk</i></p>	<p>24</p> <p>Turkey Ham & Cheese Sandwich <i>Baby Carrots</i> <i>Fruit</i> <i>Milk</i></p>	<p>25</p> <p>Club Sandwich <i>*Contains Pork*</i> <i>Side Salad</i> <i>Apple Wedges</i> <i>Milk</i></p>	<p>26</p> <p>Build Your Own Tuna Sandwich <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i></p>
<p>29</p> <p>Turkey & Cheese Sandwich <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i></p>	<p>30</p> <p>Deli Chicken & Cheese Sandwich <i>Oven Baked Fries</i> <i>Fruit</i> <i>Milk</i></p>	<p>1</p>	<p>2</p>	<p>3</p>

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Entrée Salad Menu K-8



April 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Mexican Chicken Salad Popped Corn Chips Hot Sauce <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i></p>	<p>2</p> <p>Southwest Chicken Salad Dinner Roll Ranch Dressing <i>Oven Baked Fries</i> <i>Fruit</i> <i>Milk</i></p>	<p>3</p> <p>Chicken Taco Salad Popped Corn Chips Ranch Dressing <i>Baby Carrots</i> <i>Fruit</i> <i>Milk</i></p>	<p>4</p> <p>Buffalo Chicken Salad Dinner Roll Ranch Dressing <i>Side Salad</i> <i>Orange Wedges</i> <i>Milk</i></p>	<p>5</p> <p>Tuna Salad Wheat Crackers Ranch Dressing <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i></p>
<p>8</p> <p>Mexican Chicken Salad Popped Corn Chips Hot Sauce <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i></p>	<p>9</p> <p>Tuna Salad Wheat Crackers Ranch Dressing <i>Baby Carrots</i> <i>Fruit Cup</i> <i>Milk</i></p>	<p>10</p> <p>Cobb Salad <i>*Contains Pork*</i> Dinner Roll Ranch Dressing <i>Baby Carrots</i> <i>Fruit</i> <i>Milk</i></p>	<p>11</p> <p>Chicken Taco Salad Popped Corn Chips Ranch Dressing <i>Side Salad</i> <i>Premium Fruit Day</i> <i>Milk</i></p>	<p>12</p> <p>Southwest Chicken Salad Dinner Roll Ranch Dressing <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i></p>
<p>15</p> <p>Chicken Taco Salad Popped Corn Chips Ranch Dressing <i>Edamame Beans</i> <i>100% Fruit Juice</i> <i>Milk</i></p>	<p>16</p> <p>Southwest Chicken Salad Dinner Roll Ranch Dressing <i>Oven Baked Fries</i> <i>Dried Fruit</i> <i>Milk</i></p>	<p>17</p> <p>Chicken Taco Salad Popped Corn Chips Ranch Dressing <i>Baby Carrots</i> <i>Fruit</i> <i>Milk</i></p>	<p>18</p> <p>Southwest Chicken Salad Dinner Roll Ranch Dressing <i>Side Salad</i> <i>Fruit</i> <i>Milk</i></p>	<p>19</p> <p>Chicken Taco Salad Popped Corn Chips Ranch Dressing <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i></p>
<p>22</p> <p>Mexican Chicken Salad Popped Corn Chips Hot Sauce <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i></p>	<p>23</p> <p>Tuna Salad Wheat Crackers Ranch Dressing <i>Baby Carrots</i> <i>Fruit</i> <i>Milk</i></p>	<p>24</p> <p>Cobb Salad <i>*Contains Pork*</i> Dinner Roll Ranch Dressing <i>Baby Carrots</i> <i>Fruit</i> <i>Milk</i></p>	<p>25</p> <p>Chicken Taco Salad Popped Corn Chips Ranch Dressing <i>Side Salad</i> <i>Apple Wedges</i> <i>Milk</i></p>	<p>26</p> <p>Southwest Chicken Salad Dinner Roll Ranch Dressing <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i></p>
<p>29</p> <p>Mexican Chicken Salad Popped Corn Chips Hot Sauce <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i></p>	<p>30</p> <p>Tuna Salad Wheat Crackers Ranch Dressing <i>Baby Carrots</i> <i>Fruit</i> <i>Milk</i></p>	<p>1</p>	<p>2</p>	<p>3</p>

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Supper Menu

April 2019



Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Carnitas Nachos <i>*Contains Pork*</i> (2 M/MA, 1/2 c veg) WG Tortilla Chips (2 G/B) Apple Sauce (1/2 c)</p>	<p>2</p> <p>Protein Box: Cheese Cubes (2 MA) Baby Carrots (1/2 c) Cheez-its (1 G/B) Apple Slices (1/2 c)</p>	<p>3</p> <p>WG Plant- Based BBQ Chicken Nuggets Meatless! (2 M/MA, 1 G/B) Mashed Potatoes (1/2 c veg) Pear (1/2 c)</p>	<p>4</p> <p>Caribbean Chicken Leg (2 M/MA) Southern Rice (1 G/B, 1/4 c veg) BBQ Baked Chips (1 G/B) Fruitable Juice (1/2 c veg) Apple (1/2 c)</p>	<p>5</p> <p>WG Red Cheese Enchiladas (2 M/MA, 2 G/B, 1/4 c veg) Baby Carrots (1/4 c veg) Orange (1/2 c)</p>
<p>8</p> <p>Breakfast for Dinner: WG French Toast Sticks (1 G/B) Potato Tots (1/2 c) Sausage Patties (2 M/MA) Apple Sauce (1/2 c)</p>	<p>9</p> <p>WG Turkey Ham & Cheese Sandwich (2 M/MA, 2 G/B, 1/4 c veg) Fruitable Juice (1/2 c) Pear (1/2 c)</p>	<p>10</p> <p>WG Hot Dog (2 M/MA, 2 G/B) Oven Baked Fries (1/2 c veg) Apple Slices (1/2 c)</p>	<p>11</p> <p>WG Turkey Chili (2 M/MA, 1/2 cup veg) WG Tortilla Chips (2 G/B) 100% Fruit Juice (1/2 c)</p>	<p>12</p> <p>WG Cheese Tamale (2 M/MA, 2 G/B) Mixed Vegetables (1/2 c veg) Orange (1/2 c)</p>
<p>15</p> <p>WG Chicken Patty Burger (3 G/B, 2M/MA) Oven Baked Fries (1/2 c veg) Apple Sauce (1/2 c)</p>	<p>16</p> <p>Protein Box: Cheese Cubes (2 MA) Baby Carrots (1/2 c) Cheez-its (1 G/B) Apple Slices (1/2 c)</p>	<p>17</p> <p>WG Chicken BRC Burrito (2M/MA, 2 G/B) Hot Sauce Baby Carrots (1/2 c veg) Orange (1/2 c)</p>	<p>18</p> <p>WG Green Chicken Enchiladas (2 M/MA, 2 G/B, 1/2 c veg) 100% Fruit Juice (1/2 c)</p>	<p>19</p> <p>Protein Box: Cheese Cubes (2 MA) Baby Carrots (1/2 c) Cheez-its (1 G/B) Apple Slices (1/2 c)</p>
<p>22</p> <p>WG Breaded Chicken Leg (2 M/MA, 0.75 G/B) Mac & Cheese (0.5 G) Fruitable Juice (4 oz) Apple Sauce (1/2 c)</p>	<p>23</p> <p>WG Deli Chicken & Cheese Sandwich (2 M/MA, 2 G/B, 1/4 c veg) Fruitable Juice (1/2 c) Pear (1/2 c)</p>	<p>24</p> <p>WG Penne Alfredo Pasta (2 M/MA, 1 G/B) Steamed Broccoli (1/2 c veg) Apple Slices (1/2 c)</p>	<p>25</p> <p>Teriyaki Chicken (2 M/MA) WG Chow Mein Noodles (1 G/B, 1/2 c veg) 100% Fruit Juice (1/2 c)</p>	<p>26</p> <p>WG Cheese Tamale (2 M/MA, 2 G/B) Mixed Vegetables (1/2 c veg) Orange (1/2 c)</p>
<p>29</p> <p>WG Cheeseburger (3 G/B, 2M/MA) Oven Baked Fries (1/2 c veg) Apple Sauce (1/2 c)</p>	<p>30</p> <p>Chicken Taco Salad (2 M/MA, 1 c veg) Ranch Dressing WG Popped Chips (1 G/B) Pear (1/2 c)</p>	<p>1</p>	<p>2</p>	<p>3</p>

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Supper includes: 2 oz Meat/Meat Alternative, 1/2 Cup Vegetable
 1/2 Cup Fruit, 1 Cup Milk (flavored fat-free or unflavored low-fat)
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Snack Menu

April 2019



Monday	Tuesday	Wednesday	Thursday	Friday
1 Cinnamon Granola 100% Fruit Juice (6oz)	2 Whole Grain Pop-Tart Fruit (3/4c)	3 Cereal Pouch 100% Fruit Juice (6 oz)	4 Rice Krispies Treats Fruit (3/4 c)	5 Cheese Puffs 100% Fruit Juice (6 oz)
8 Cheez-its 100% Fruit Juice (6 oz)	9 Mini Blueberry Muffin Fruit (3/4c)	10 Baked Chips 100% fruit Juice (6 oz)	11 Rice Krispies Treats Fruit (3/4 c)	12 Pretzels 100% Fruit Juice (6 oz)
15 Cheese Puffs 100% Fruit Juice (6 oz)	16 Graham Crackers Fruit (3/4 c)	17 Chex Mix 100% Fruit Juice (6 oz)	18 Multi-Grain Bar Fruit (3/4c)	19 Strawberry Delight 100% Fruit Juice (6oz)
22 Baked Chips 100% Fruit Juice (6 oz)	23 Cinnamon Granola Fruit (3/4c)	24 Cereal Pouch 100% Fruit Juice (6 oz)	25 Mini Banana Loaf Fruit (3/4c)	26 Whole Grain Pop-Tart 100% Fruit Juice (6oz)
29 Cheez-its 100% Fruit Juice (6 oz)	30 Mini Blueberry Muffin Fruit (3/4c)	1	2	3

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Snack includes 2 items: grain, fruit, protein or milk.

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Fieldtrip K-8 Menu



April 2019

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3 Deli Sandwich Wowbutter & Jelly Sandwich w/ Baby Carrots Apple Sauce Fruitable Juice (4oz) Whole Grain Cookie Milk	4	5
8	9	10 Deli Sandwich Wowbutter & Jelly Sandwich w/ Baby Carrots Apple Sauce Fruitable Juice (4oz) Whole Grain Cookie Milk	11	12
15	16	17 Deli Sandwich Wowbutter & Jelly Sandwich w/ Baby Carrots Apple Sauce Fruitable Juice (4oz) Whole Grain Cookie Milk	18	19
22	23	24 Deli Sandwich Wowbutter & Jelly Sandwich w/ Baby Carrots Apple Sauce Fruitable Juice (4oz) Whole Grain Cookie Milk	25	26
29	30	1 Deli Sandwich Wowbutter & Jelly Sandwich w/ Baby Carrots Apple Sauce Fruitable Juice (4oz) Whole Grain Cookie Milk	2	3

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