INSTRUCTIONS FOR STUDENTS, TEACHERS, AND STAFF DURING SCHOOL CLOSURE

San Francisco Department of Public Health has recommended a 14-day period of school closure after a case of COVID-19 was confirmed in a member of the school community. The closure should be in effect from Friday, March 6, 2020 through Thursday, March 19, 2020.

After investigation, our assessment is that the potential for COVID-19 transmission is LOW according to CDC guidelines.

**Self-observation** for symptoms of COVID-19 infection is recommended during this 14-day period. Self-observation means to look for development of symptoms. Symptoms of COVID-19 infection most commonly include fever, cough, and/or shortness of breath. Muscle aches, sore throat, headaches, vomiting, and diarrhea may also occur with COVID-19 infection.

Persons who remain without symptoms:

- Do not need to be in quarantine (in other words, can go outside the home, etc.)
- Should continue daily self-observation during the 14-day period, and
- Should review and follow Department of Public Health general recommendations to reduce spread of COVID-19 in the community. Those recommendations can be found here: [https://sfmayor.org/article/san-francisco-department-public-health-announces-aggressive-recommendations-reduce-spread](https://sfmayor.org/article/san-francisco-department-public-health-announces-aggressive-recommendations-reduce-spread)

Persons who develop symptoms:

- Should immediately self-isolate in order to prevent spread of COVID-19. Self-isolation means to stay at home, not go out in public, not attend events or gatherings, not take public transportation, and avoid contact with others.
- Should limit contact with others in their household. Try, as much as possible, to stay at least 6 feet away from others, wash and/or sanitize hands frequently, follow cough etiquette, wear a facemask when in the room with others, use your own bathroom and sleep in a separate room.
- Contact your healthcare provider if symptoms are worsening. Call ahead before visiting the office, clinic, or emergency department and let them know you are a contact to a confirmed COVID-19 case.

For additional information and guidance:
SFDPH Information for the Public: [https://www.sfcdcp.org/coronavirus](https://www.sfcdcp.org/coronavirus) and [https://www.sfdph.org](https://www.sfdph.org)

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