

# South Lake High School Lunch Menu

## February

Food Service Director:  
 Karri Youngblood  
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Monday	Tuesday	Wednesday	Thursday	Friday
3. <b>Rotini Beef Pasta</b> <b>WG Roll</b> <b>Steamed Broccoli</b> <b>Mandarin Oranges</b> <b>Milk</b>  <i>Hot and Spicy Chicken Bites</i>	4. <b>Turkey Hot Dog on Bun</b> <b>Tater Tots</b> <b>Diced Pears</b> <b>Milk</b>  <i>Chicken Enchiladas</i>	5. <b>Nacho Grande</b> <b>Lettuce/Tomato</b> <b>Steamed Corn</b> <b>Pineapple Tidbits</b> <b>Milk</b>  <i>Corndog on Stick</i>	6. <b>Pulled Pork Sandwich</b> <b>w/ BBQ Sauce</b> <b>Veggie Blend</b> <b>Diced Pears</b> <b>Milk</b>  <i>Chicken Alfredo w/ Roll</i>	7. <b>Chicken &amp; Dumpling</b> <b>Soup</b> <b>WG Biscuit</b> <b>Green Peas</b> <b>Apple Slices</b> <b>Milk</b>  <i>Chicken Snackers</i>
10. <b>French Toast Sticks</b> <b>Sausage Patty</b> <b>Yogurt Cup</b> <b>Hashbrown</b> <b>Orange Juice Box</b> <b>Milk</b>  <i>Hot Ham &amp; Cheese Sandwich</i>	11. <b>EARLY RELEASE DAY</b> <b>Grilled Cheese</b> <b>WG Crackers</b> <b>Tomato Soup</b> <b>Apple Sauce</b> <b>Milk</b>  <i>Chicken Sliders</i>	12. <b>Beef Taco</b> <b>Lettuce/Tomato</b> <b>Refried Beans w/ Cheese</b> <b>Banana</b> <b>Milk</b>  <i>Grilled Chicken BLT</i>	13. <b>VALENTINE LUNCH</b> <b>Heart Shaped Chicken</b> <b>Nuggets</b> <b>WG Crackers</b> <b>Green Beans</b> <b>Frozen Juice Cup</b> <b>Milk</b>  <i>Twisted Breadsticks</i>	14. <b>Cheesy Lasagna</b> <b>WG Roll</b> <b>Mixed Veggies</b> <b>Apple Slices</b> <b>Milk</b>  <i>Loaded Baked Potato</i>
17. <b>NO SCHOOL</b>	18. <b>NO SCHOOL</b>	19. <b>Nacho Grande</b> <b>Lettuce/Tomato</b> <b>Steamed Corn</b> <b>Pineapple Tidbits</b> <b>Milk</b>  <i>Pretzel w/ Cheese</i>	20. <b>Bosco Breadsticks</b> <b>Marinara Cup</b> <b>Steamed Broccoli</b> <b>Mixed Fruit</b> <b>Milk</b>  <i>Popcorn Chicken /Crackers</i>	21. <b>Teriyaki Beef Dipper</b> <b>WG Rice</b> <b>Veggie Blend</b> <b>Apple Slices</b> <b>Milk</b>  <i>Chicken Drumsticks</i>
24. <b>Sweet and Sour Chicken</b> <b>WG Fried Rice</b> <b>Steamed Broccoli</b> <b>Pineapple Tidbits</b> <b>Milk</b>  <i>Mac &amp; Cheese w/ Roll</i>	25. <b>Chicken Tenders</b> <b>Emoji Fries</b> <b>Diced Pear</b> <b>Milk</b>  <i>Philly Sub</i>	26. <b>Beef Taco</b> <b>Lettuce/Tomato</b> <b>Refried Beans w/ Cheese</b> <b>Banana</b> <b>Milk</b>  <i>Stuffed Pasta Shells w/ Roll</i>	27. <b>HALF DAY</b>	28. <b>Chicken Burrito</b> <b>Pinto &amp; Black Beans</b> <b>Pico de Gallo</b> <b>Brown Rice</b> <b>Apple Slices</b> <b>Milk</b>  <i>Honey Hot Sloppy Joe</i>

Lunch Prices:	Breakfast Prices:
Paid Regular:\$3.20	Paid Regular: \$1.55
Reduced:\$ .40	Reduced: \$.30
Extra Entrée:\$1.50	
Entrée Only: \$3.00	
Adult: \$4.15	Breakfast is served
Milk: \$.55	in the HS Café
	From 8:00am-8:20am



Fresh Salads, Wraps, and Sandwiches are offered daily.



Student's must take at least one 1/2 cup of fruit or vegetable each day!



Pepperoni & Cheese Pizza Offered Daily



Milk Choices Offered Daily:  
 1% white, 1% Flavored

Students who do not have sufficient funds in their meal account must obtain a voucher from the office. Money may be deposited online at : [sendmoneytoschool.com](http://sendmoneytoschool.com)

This Institution is an equal opportunity provider.

Menus Subject to Change