



Breakfast

2018 Fall Menu K-12

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	**Pigs in a Blanket or Yogurt Fruit Cup & Buttered Toast	**WG Biscuit & Sausage Patty or Yogurt Fruit Cup & Graham Crackers	Breakfast Pizza or **Yogurt Fruit Cup & Graham Crackers	**Muffins & Cheese Sticks or Yogurt Fruit Cup & Buttered Toast	Sausage Pancake Wrap or Yogurt Fruit Cup & Poptart
	BIC Pigs in a Blanket	BIC Cereal & Graham Crackers	BIC Yogurt & Graham Crackers	BIC Muffins & Cheese Sticks	BIC **Sausage Pancake Wrap
**Catered Sites (Wells Branch & Highland Park) items are starred. All sites (except BIC) will serve Cereal and 1 other grain choice daily. (Choice of Fruit, Juice & Milk offered Daily)					

Lunch

MENU IS SUBJECT TO CHANGE

Week Cycle	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 8/13,8/27,9/10,9/24,10/8,10/22,11/5,11/26,12/10	Turkey & Cheese Subs or **Corndog Broccoli & Cheese Soup Choice of Fries Lettuce & Tomato Vegetarian Beans Choice of Fruit	**Beef and Bean Burrito Steak Fingers w/ Honey Wheat Roll Mashed Potatoes & Gravy Seasoned Green Beans Fresh Garden Salad Choice of Fruit	"Wings & Dip" Spicy, BBQ or **Boneless Wings w/Choice of Dipping Sauce Honey Wheat Roll Glazed Carrots Veggie Dippers Fresh Garden Salad Choice of Fruit	Corn Chip Pie w/Max Stix or **Hot Dog w/Chili Baked Beans Corn on the Cob Fresh Garden Salad Choice of Fruit	**Pepperoni or Cheese Pizza or Cheese Twists Marinara Sauce Seasoned Peas Fresh Garden Salad Choice of Fruit
Week 2 8/20,9/3,9/17,10/1,10/29,11/12,12/3,12/17	**Bacon Cheeseburger Hamburger Veggie Burger Sunchips Choice of Fries Lettuce & Tomato Vegetarian Beans Choice of Fruit	Turkey with Gravy w/Honey Wheat Roll or **Ham and Cheese Sub Seasoned Green Beans Mashed Potatoes Lettuce & Tomato Sweet Potato Crunch Choice of Fruit	"Rice Bowl" General Tso's Chicken or **Teriyaki Chicken w/Oriental Rice Egg Roll Glazed Carrots Steamed Broccoli Fresh Garden Salad Choice of Fruit	**Spaghetti with Meatballs w/Garlic Breadstick or Chicken or Spicy Chicken Burger Whole Grain Brownie Vegetarian Beans Sweet Potato Tots Lettuce and Tomato Choice of Fruit	**Pepperoni or Cheese Pizza or Cheese Twists Marinara Sauce Seasoned Peas Veggie Dippers Choice of Fruit
Thanksgiving Break Begins 11/19 Christmas Break Begins 12/24	**Catered (Wells Branch & Highland Park) entrée items are starred. (Choice of Milk offered daily)			Kinder Entrees (Full tray served to students not offer vs. serv)	
Sack Lunches (Testing & Field Trips)	Corndog (Testing) Ham & Cheese Sub (Field Trip)	Hamburger (Testing) Ham & Cheese Lunch Kit (Field Trip)	Hot Dog (Testing) Turkey & Cheese Sub (Field Trip)	Chicken Burger (Testing) Italian Sub (Field Trip)	Popcorn Chicken (Testing) Ham & Cheese Sub (Field Trip)
Sack lunch menu for Testing & Field Trips only includes Fresh Veggies, Fruit & Choice of Milk. MENU IS SUBJECT TO CHANGE					

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