

August 2018

Shepherd High School

Line 2

Monday

Tuesday

Wednesday

Thursday

Friday

DID YOU KNOW?

August in the Northern Hemisphere is similar to February in the Southern Hemisphere.

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Garlic French Bread
Or
Supreme Pepperoni Pizza
Corn
Green Beans
Peaches
Cherry Craisins
Apple Slices

Quesadilla Pizza
w/Chicken
Or
Crispitos
Tomato & Cucumber Cup
Charro Beans
Banana
Diced Pears
Cherry Craisins

Mandarin Orange Chicken
w/Egg Roll
Or
General Tso's Chicken
w/Egg Roll
Broccoli Florets
Garden Salad
Tomato & Cucumber Cup
Cherry Craisins
Banana

Cheese Burger
Or
Spicy Chicken Sandwich
Salad Stackers
Tator Tots
Oranges
Mixed Fruit
Cherry Craisins

BBQ Rib Sandwich
Or
Chicken Fried Steak
Sandwich
Salad Stackers
Carrots
Baked Beans
Cherry Craisins
Diced Pears
Apple Slices

Mexican Pizza
Or
Pepperoni Garlic French
Bread
Corn
Green Beans
Peaches
Apple

Crispitos
Or
Nacho Tostitos to go
Tomato & Cucumber Cup
Charro Beans
Banana
Diced Pears
Cherry Craisins

Teriyaki Chicken
w/Egg Roll
Or
General Tso's Chicken
w/Egg Roll
Broccoli Florets
Garden Salad
Tomato & Cucumber Cup
Cherry Craisins

Cheese Burger
Or
Pop Dogs
Salad Stackers
Tator Tots
Oranges
Mixed Fruit

Hot & Spicy Sandwich
Or
Philly Cheesesteak
Salad Stackers
Carrots
Baked Beans
Cherry Craisins
Pears
Apple Slices

Teriyaki Chicken
w/Egg Roll
Or
General Tso's Chicken w/Egg
Roll
Broccoli Florets
Garden Salad
Tomato & Cucumber Cup
Cherry Craisins
Banana

Cheese Burger
Or
Pop Dogs
Salad Stackers
Tator Tots
Oranges
Mixed Fruit
Cherry Craisins

Hot & Spicy Sandwich
Or
Philly Cheesesteak
Salad Stackers
Carrots
Baked Beans
Cherry Craisins
Pears
Apple Slices

Staff Lunch \$3.65

Visitors Lunch \$4.00

View or apply money
to your Childs
account at

www.lunchmoneynow.com/Imnshp

**MENU IS SUBJECT
TO CHANGE**

Student must take a
Fruit or Juice.

1% White and Fat

Free Chocolate Milk
afforded daily.

"This is an equal
opportunity
provider"

August 2018

Shepherd High School

Line 1

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DID YOU KNOW?

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17

Chicken & Sausage Gumbo
Or
Steak Fingers
Green Beans
Tomato & Cucumber Cup
Cherry Craisins
Mandarin Oranges
Peaches

Chicken Tenders
Or
Personal Cheese Pizza
Blackeye Peas
Broccoli Florets
Mixed Fruit
Fresh Oranges

Chopped BBQ Sandwich
Or
Buffalo Chicken Smackers
Salad Stackers
Baked Beans
Doritos
Applesauce
Cherry Craisins
Strawberry Cups

Beef Lasagna
Or
Shake & Bake Chicken
Garden Salad
Mashed Potatoes
Corn
Fresh Apples
Diced Peas

Macho Burrito
Or
Pork Carnitas
Garden Salad
Charro Beans
Pineapple Tidbits
Cherry Craisins

Chicken Spaghetti
Or
Steak Fingers
Tomato & Cucumber Cup
Green Beans
Cherry Craisins
Mandarin Oranges
Peaches

Wings of Fire
Or
Chicken Tenders
Blackeye Peas
Broccoli Florets
Mixed Fruit
Fresh Oranges

Hot & Spicy Chicken Sandwich
Or
Smoked Hoagie
Salad Stackers
Baked Beans
Applesauce
Cherry Craisins
Strawberry Cups

Chicken Potato Bowl
Or
Chicken Tenders
Corn
Garden Salad
Mashed Potatoes
Fresh Apples
Peaches

Nacho with Doritos to go
Or
Cheese Enchilada
Charro Beans
Garden Salad
Pineapple Tidbits
Fresh Banana

Chicken & Sausage Gumbo
Or
Steak Fingers
Green Beans
Tomato & Cucumber Cup
Cherry Craisins
Mandarin Oranges
Peaches

Chicken Tenders
Or
Personal Cheese Pizza
Blackeye Peas
Broccoli Florets
Mixed Fruit
Fresh Oranges

Chopped BBQ Sandwich
Or
Buffalo Chicken Smackers
Salad Stackers
Baked Beans
Doritos
Applesauce
Cherry Craisins
Strawberry Cups

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