

# Back to School



## PC High School Menu August -September



<b>August 27- 31</b>				
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Sausage Biscuit Asst. Cereals Apple Juice Fresh Fruit	WG French Toast Asst. Cereals Apple Juice Fresh Fruit Applesauce Cup	WG Poptart Asst. Cereals Apple Juice Fresh Fruit Orange Juice	WG Pastries Asst. Cereals Apple Juice Fresh Fruit	Ham Cheese Biscuit Asst. Cereals Apple Juice Fresh Fruit Pears Cup
Chick Steak Sub Deli Bun Steamed Broccoli Sweet Pot Fries Garden Salad Pears Fresh Fruit WG Roll	Salisbury Steak Corn Dog Mashed Sweet Pot Cabbage Green Salad Applesauce Fresh Fruit WG Roll	Cheesy Ham Casserole Deli Bun Chef Salad Green Peas /Potato Garden Salad Corn Fresh Fruit WG Roll	Alfredo Chicken Corn Dog Pineapple Carrots Green Beans 1358 Garden Salad Pear Cup Fresh Fruit WG Garlic Stick	Pep Pizza Deli Bun Sandwich Corn Garden Salad McCain Fries Cherry Crisp
<b>September 3-7</b>				
Chick Steak Sub Deli Bun Steamed Broccoli Sweet Pot Fries Garden Salad Pears Fresh Fruit WG Roll	Cheeseburger Chef Salad Broccoli Slam Beans Baked Sweet Pot Fries Pear Cup Fresh Fruit WG Roll	Nachos Turkey Ham Wrap Pinto Beans Baby Carrots Garden Salad Fresh Fruit WG Roll	Chicken Tetrizzini Corn Dog Broccoli Sweet Potato Fries Garden Salad Pear Cup Fresh Fruit WG Roll	Fiesta Pizza WG Deli Sub Corn Carrot Garden Salad String Beans Apple Crisp Fresh Fruit
<b>September 10-14</b>				
Chick Steak Sub Deli Bun Steamed Broccoli Sweet Pot Fries Garden Salad Pears Fresh Fruit WG Roll	Salisbury Steak Corn Dog Mash Sweet Potato Steamed Cabbage Green Salad Applesauce Fresh Fruit WG Roll	Broccoli Cheese Ham Deli Bun Chef Salad Peas /Potato Garden Salad Corn Fresh Fruit WG Roll	Alfredo Chicken Corn Dog Carrots Green Beans Garden Salad Pear Cup Fresh Fruit WG Garlic Stick	Pep Pizza Deli Bun Corn Garden Salad McCain Fries Cherry Crisp Fresh Fruit
<b>September 17-21</b>				
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Chick Steak Sub Deli Bun Steamed Broccoli Sweet Pot Fries Garden Salad Pears Fresh Fruit WG Roll	Cheeseburger Chef Salad Broccoli Slam Beans Baked Sweet Pot Fries Pear Cup Fresh Fruit WG Roll	Nachos Turkey Ham Wrap Pinto Beans Baby Carrots Garden Salad Fresh Fruit WG Roll	Chicken Tetrizzini Corn Dog Broccoli Sweet Potato Fries Garden Salad Pear Cup Fresh Fruit WG Roll	Fiesta Pizza WG Deli Sub Corn Carrot Garden Salad String Beans Apple Crisp Fresh Fruit
<b>September 24-28</b>				
Chick Steak Sub Deli Bun Steamed Broccoli Sweet Pot Fries Garden Salad Pears Fresh Fruit WG Roll	Salisbury Steak Corn Dog Mash Sweet Potato Steamed Cabbage Green Salad Applesauce Fresh Fruit WG Roll	Broccoli Cheese Ham Deli Bun Chef Salad Peas /Potato Garden Salad Corn Fresh Fruit WG Roll	Alfredo Chicken Corn Dog Carrots Green Beans Garden Salad Pear Cup Fresh Fruit WG Garlic Stick	Pep Pizza Deli Bun Corn Garden Salad McCain Fries Cherry Crisp Fresh Fruit

**Offered Daily :** 100% Fruit and /or Juice, Milk, Unflavored – Lowfat or 1%,Flavored –Skim,.

Menus are subject to change due to product availability. Contact your school cafeteria manager for more information about the menu.

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