

EMERGENCY CARE PLAN FOR SEVERE ALLERGIC REACTIONS

Life threatening allergy to: See the specific allergen in the IHP Comment Box

Prevention:

- Cafeteria staff informed of allergy and special diet in place (if applicable)
- Teachers will inform substitute teachers of alert
- Teacher will notify Nurse of upcoming field trips
- If provided by the parent, an Epi-pen and other allergy related medication will accompany the student on all field trips. Teacher or other staff will be trained in the proper use / administration.
- Avoidance of the allergen

IF YOU SEE ANY OF THESE:

- Reported or suspected ingestion or contact
- Hives, itchy skin, swelling at sting site, hives spreading over body
- Swelling of face, ears, lips, or neck
- Wheezing, difficulty swallowing or breathing
- Tingling/swelling of tongue
- Vomiting/Diarrhea
- Extreme paleness/gray coloring, clammy skin
- Loss of Consciousness

DO THIS:

- * Stay with student, keep him/her calm.
- * Call for the Nurse and state that an allergic reaction has occurred.
- * Administer Epi-pen / other medication (if you are trained and the medication is available)
- * **Call 911 immediately** (*inform EMS if any medication was administered*)
- * Call Parent

DIRECTIONS FOR USE OF EPI-PEN

1. Remove Epi-pen from the storage tube.
2. Grasp unit with orange tip pointing downward
3. Pull off blue cap with other hand (**Be Careful** -The Epi-pen is now ready to inject)
4. Place orange tip near the student's outer, upper thigh.
5. Swing and jab firmly into outer thigh until it clicks (epi-pen should be perpendicular (90° angle) to the thigh.) **The Epi-pen is designed to work through clothing**
6. Hold in place for 10 seconds, then remove and massage site for 10 seconds..
7. The needle retracts back into the Epi-pen chamber and is not exposed. Give used Epi-pen to the Nurse or EMS personnel for proper disposal.

