WESTFIELD HIGH SCHOOL
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Visit our website
www.unioncountyconferencenj.org
for schedules and game status.
SPORT SUMMARY

FALL SEASON

Football ................................................................. 3
Field Hockey ......................................................... 3
Soccer, Boys .......................................................... 4
Soccer, Girls .......................................................... 4
Cross Country, Boys ................................................. 5
Cross Country, Girls ............................................... 5
Tennis, Girls ......................................................... 6
Gymnastics ............................................................ 6
Volleyball, Girls ..................................................... 7

WINTER SEASON

Winter Track & Field, Boys ...................................... 7
Winter Track & Field, Girls ...................................... 8
Basketball, Boys .................................................... 8
Basketball, Girls ................................................... 9
Bowling, Coed ....................................................... 9
Ice Hockey, Boys ................................................... 10
Ice Hockey, Girls .................................................. 10
Swimming, Boys .................................................... 11
Swimming, Girls .................................................... 11
Wrestling, Boys & Girls ........................................... 12

SPRING SEASON

Baseball ............................................................... 12
Softball ............................................................... 13
Golf, Boys ............................................................ 13
Golf, Girls ............................................................ 14
Lacrosse, Boys ..................................................... 14
Lacrosse, Girls ..................................................... 15
Tennis, Boys ......................................................... 15
Track & Field, Boys ................................................. 16
Track & Field, Girls ............................................... 16
Volleyball, Boys ..................................................... 17
FOOTBALL

SEASON: Fall

LEVELS: Varsity, Junior Varsity, 9th

COACHES:
VARSITY: James DeSamo
ASSISTANT COACHES: Ken Miller, Sam Haimann, Joe Avena, Dave Hancock, Matthew Andzel, Don Dayon & Don Cassett
NINTH: Jim McKeon & Jay Cook

PRACTICE SITES: All levels at Edison Intermediate School

GAME SITES: Gary Kehler Stadium

STARTING DATE: August 12th for all levels

APPROXIMATE ENDING DATE: Thanksgiving Day/NJSIAA Tournament for Varsity, JV and 9th grade teams - second week of November.

SUMMARY: Football operates out of the field house at Gary Kehler Stadium. Varsity games are usually Saturday afternoons, with some Friday night games possible at away sites. Junior Varsity games are on Monday afternoons, 9th grade on Friday afternoons or Saturday mornings.

FIELD HOCKEY

SEASON: Fall

LEVELS: Varsity, Junior Varsity, 9th, Intermediate School

COACHES:
VARSITY: Caitlin Cheddar
ASSISTANT: Liz McKeon
JUNIOR VARSITY: Ashley Westra
NINTH: Corinne Varhley
IS: Nancy Babbitt & Lindsey Ginex

PRACTICE SITES: Varsity and JV at Gary Kehler Stadium, IS & 9th at Westfield High School

GAME SITES: Varsity and JV at Gary Kehler Stadium, IS & 9th at Westfield High School

STARTING DATE: August 12th for Varsity, JV and 9th and September 5th for Intermediate Schools

APPROXIMATE ENDING DATE: Mid-November

SUMMARY: This is a competitive program. V & JV are limited to 22 participants, IS and 9th to approximately 24. Most games are after school, with JV matches following the varsity and occasional Saturday games and tournaments. Practices are every day including Saturday for varsity and junior varsity. Students provide their own sticks and goggles.
SOCCER (BOYS)

SEASON: Fall

LEVELS: Varsity, Junior Varsity, 9th

COACHES:
   VARSITY: Eric Shaw
   ASSISTANT: Demont Heard
   JUNIOR VARSITY: Andy Bausch
   NINTH: Andrew Cusumano

PRACTICE SITES: Varsity and Junior Varsity at Gary Kehler Stadium and Tamaques School, 9th grade at Tamaques Park

GAME SITES: Varsity and Junior Varsity at Tamaques School and Gary Kehler Stadium, 9th grade at Tamaques Park

STARTING DATE: August 12th all levels.

APPROXIMATE ENDING DATE: November for 9th and mid-November for Varsity and JV.

SUMMARY: The Boys’ Soccer Program is highly competitive. Varsity rosters are limited to 20 players, usually resulting in coaches having to make cuts on the varsity and JV levels. Cuts may be made on the 9th grade level.

SOCCER (GIRLS)

SEASON: Fall

LEVELS: Varsity, Junior Varsity, 9th

COACHES:
   VARSITY: Alex Schmidt
   ASSISTANT: Kate Wertheimer
   JUNIOR VARSITY: Carine Helwig
   NINTH: Kaitlyn Sanchez

PRACTICE SITES: Varsity and JV at Roosevelt Intermediate School and Gary Kehler Stadium, and 9th at Tamaques Park.


STARTING DATE: August 12th all levels

APPROXIMATE ENDING DATE: First week of November for 9th and mid-November for Varsity and JV

SUMMARY: The Girls’ Soccer Program is highly competitive. Varsity rosters are limited to 20 players, usually resulting in coaches having to make cuts on the varsity and JV levels. Cuts may be made on the 9th grade level.
CROSS COUNTRY (BOYS)

SEASON: Fall

LEVELS: Varsity and Junior Varsity

COACHES:
   HEAD: Chris Tafe ski
   ASSISTANT: Matt Van Deursen

PRACTICE SITES: Meet at Field House, run different routes through neighborhood and Tamaques Park

GAME SITES: Home Events are held at Tamaques Park

STARTING DATE: August 19th

APPROXIMATE ENDING DATE: Mid November

SUMMARY: Those who do not compete on the varsity level can compete on junior varsity level, unless they are seniors. Seniors cannot participate on JV. Cross country races are three-mile races. Dual meet races run after school, special invitationals and championships on weekends.

CROSS COUNTRY (GIRLS)

SEASON: Fall

LEVELS: Varsity and Junior Varsity

COACHES:
   CO-HEAD Coach: Jennifer Buccino
   ASSISTANT: Joe Berardi

PRACTICE SITES: Meet at Field House, run GKS Track, different routes through neighborhood and Tamaques Park

GAME SITES: Home events are held at Tamaques Park

STARTING DATE: August 12th

APPROXIMATE ENDING DATE: Mid November

SUMMARY: Those who do not compete on the varsity level can compete on junior varsity level, unless they are seniors. Seniors cannot participate on JV. Cross country races are three-mile races. Dual meet races run after school, special invitationals and championships on weekends.
TENNIS (GIRLS)

SEASON: Fall

LEVELS: Varsity and Junior Varsity

COACHES:
   VARSITY: Matt Varhley
   JUNIOR VARSITY: Adam Pizzi

PRACTICE SITES: Tamaques Park

GAME SITES: Tamaques Park

STARTING DATE: August 19th

APPROXIMATE ENDING DATE: Early November

SUMMARY: This is a competitive program. Rosters are limited to 12 players on varsity and 12 players on junior varsity. Cuts may be made at both levels. Practices and matches are scheduled on weekdays after school and invitationals on the weekends.

GYMNASTICS

SEASON: Fall

LEVELS: Varsity only

COACH: Amanda Diaz & Laurie McCormack

PRACTICE SITES: Westfield High School Gymnasium No. 5

GAME SITES: Westfield High School Varsity Gymnasium

STARTING DATE: August 19th

APPROXIMATE ENDING DATE: Early November

SUMMARY: A competitive program limited to approximately 18 participants. Previous gymnastics experience necessary to compete. Meets are held on weekdays after school with tournaments and invitationals on the weekends.
VOLLEYBALL (GIRLS)

SEASON: Fall

LEVELS: Varsity, Junior Varsity, 9th & IS

COACHES:
  VARSITY: Beverly Torok
  JUNIOR VARSITY: Ed Saggio
  NINTH: David Tanullo
  IS: Chrissy Cabrales

PRACTICE SITE: Varsity & JV at Westfield High School Varsity Gymnasium; 9th at Roosevelt Intermediate School, Intermediate Schools at EIS

GAME SITE: Same as practice sites.

STARTING DATE: August 16th for Varsity, JV and 9th and September 3rd for Intermediate Schools

APPROXIMATE ENDING DATE: Middle of November

SUMMARY: Rosters are limited to 12 for varsity and 14 for junior varsity. Most games are on weekdays after school with the JV following the varsity. Invitationals and tournaments may be scheduled on the weekend.

WINTER TRACK & FIELD (BOYS)

SEASON: Winter

LEVELS: Varsity and Junior Varsity

COACHES:
  HEAD: Chris Tafe ski
  ASSISTANT: Sam Haimann

PRACTICE SITES: Gary Kehler Stadium and/or Westfield High School

GAME SITES: Gary Kehler Stadium

STARTING DATE: November 25th

APPROXIMATE ENDING DATE: End of February

SUMMARY: Invitationals may be scheduled on the weekend and during the weekdays.
WINTER TRACK & FIELD (GIRLS)

SEASON: Winter

LEVELS: Varsity and Junior Varsity

COACHES:
  HEAD: Jennifer Buccino
  ASSISTANT: Bill Mellott & Joe Berardi

PRACTICE SITES: Gary Kehler Stadium and/or Westfield High School

GAME SITES: Gary Kehler Stadium

STARTING DATE: November 25th

APPROXIMATE ENDING DATE: End of February

SUMMARY: Invitationals may be scheduled on the weekend and during the weekdays.

BASKETBALL (BOYS)

SEASON: Winter

LEVELS: Varsity, Junior Varsity, 9th

COACHES:
  VARSITY: Jim McKeon
  JUNIOR VARSITY: Ryuichi Saito
  NINTH: Brett Curtis

PRACTICE SITES: Varsity and JV at Westfield High School, 9th at Edison

GAME SITES: Varsity and JV at Westfield High School, 9th at Edison

STARTING DATE: November 25th

APPROXIMATE ENDING DATE: Mid February

SUMMARY: This is a competitive program. Rosters are limited and cuts are made at all 3 levels. Practices and games are scheduled through winter vacation. Games and tournaments will be played during the weekdays, weekends and winter break.
BASKETBALL (GIRLS)

SEASON: Winter

LEVELS: Varsity, Junior Varsity, 9th

COACHES:
  VARSITY: Liz McKeon
  JUNIOR VARSITY: Brian Ciemniecki
  NINTH: Todd Custer

PRACTICE SITES: Varsity and JV at Westfield High School, 9th at Roosevelt

GAME SITES: Varsity and JV at Westfield High School, 9th at Roosevelt

STARTING DATE: November 25th

APPROXIMATE ENDING DATE: Mid February

SUMMARY: This is a competitive program. Rosters are limited and cuts are made on all 3 levels. Practices and games are scheduled through winter vacation. Games and tournaments will be played during the weekdays, weekends and winter break.

BOWLING (COED)

SEASON: Winter

LEVELS: Varsity and Junior Varsity

COACH:
  VARSITY: Ralph Corey

PRACTICE SITE: Jersey Lanes, Linden

GAME SITE: Jersey Lanes, Linden

STARTING DATE: November 11th

APPROXIMATE ENDING DATE: End of February

SUMMARY: The Bowling Team practices daily. Students make their own plans for transportation plans. Buses are provided for away tournaments. Practices are scheduled through winter vacation. This is a competitive program, and prior experience is helpful. Roster is limited to 20 and may require cuts.
ICE HOCKEY (BOYS)

SEASON: Winter

LEVELS: Varsity and Junior Varsity

COACHES:
    VARSITY: Joseph Bertucci
    ASSISTANT: George Giresi
    JUNIOR VARSITY: Brendan Hickey
    NINTH: Spencer Trucsdell

PRACTICE SITES: Warinanco Ice Rink or Woodbridge Ice Rink

GAME SITES: Warinanco Ice Rink or Woodbridge Ice Rink

STARTING DATE: November 11th

APPROXIMATE ENDING DATE: End of February

SUMMARY: The Ice Hockey Parents Association funds the Ice Rental Costs, and fund raising is required. Buses may be provided for scheduled away games. Players usually have prior experience and own their own skates and sticks. Transportation to practices and home games will not be provided.

ICE HOCKEY (GIRLS)

SEASON: Winter

LEVELS: 2nd year program focusing on player development and competitive team approach.

COACHES:
    VARSITY: Matt Gualtieri
    ASSISTANT: TBA

PRACTICE SITES: Warinanco Ice Rink or Woodbridge Ice Rink

GAME SITES: Warinanco Ice Rink or Woodbridge Ice Rink

STARTING DATE: November 11th

APPROXIMATE ENDING DATE: End of February

SUMMARY: The Ice Hockey Parents Association funds the Ice Rental Costs, and fund raising is required. Buses may be provided for scheduled away games. Players usually have prior experience and own their own skates and sticks. Transportation to practices and home games will not be provided.
SWIMMING (BOYS)

SEASON: Winter

LEVELS: Varsity only

VARSITY COACH: Jeffrey Knight

PRACTICE SITES: Westfield YMCA

GAME SITES: Westfield YMCA

STARTING DATE: November 11th

APPROXIMATE ENDING DATE: End of February

SUMMARY: This is a highly competitive program. Rosters are limited to 26 athletes. Students who plan to swim must let their guidance counselors know as soon as possible for scheduling purposes. Practice is daily from 1:45 p.m. to 3:45 p.m. Home meets are on weekdays at the same time, away meets are after school hours, some weekends for varsity swimmers. Practices are held throughout winter vacation. Transportation to practices and home meets will not be provided.

SWIMMING (GIRLS)

SEASON: Winter

LEVELS: Varsity only

VARSITY COACH: Steve Whittington

PRACTICE SITES: Westfield YMCA

GAME SITES: Westfield YMCA

STARTING DATE: November 11th

APPROXIMATE ENDING DATE: End of February

SUMMARY: This is a highly competitive program. Rosters are limited to 26 athletes. Students who plan to swim must let their guidance counselors know as soon as possible for scheduling purposes. Practice is daily from 1:45 p.m. to 3:45 p.m. Home meets are on weekdays at the same time, away meets are after school hours, some weekends for varsity swimmers. Practices are held throughout winter vacation. Transportation to practices and home meets will not be provided.
WRESTLING (BOYS & GIRLS)

SEASON: Winter

LEVELS: Varsity, Junior Varsity, 9th, IS

COACHES:
  VARSITY: Glen Kurz
  JUNIOR VARSITY: John Cheddar
  NINTH: Christian Barber
  IS: Teodoro Rivera

PRACTICE SITES: Westfield High School Wrestling Room

GAME SITES: Varsity, JV at Westfield High School Varsity Gymnasium and IS at Edison Intermediate School Cafeteria

STARTING DATE: November 25th, V, JV & 9th and Intermediate School

APPROXIMATE ENDING DATE: February 23rd

SUMMARY: Practice every day after school and on weekends. Meets are scheduled on weekdays after school with tournaments and meets on weekends. Practices and meets are scheduled throughout winter vacation. All participants are welcome.

BASEBALL

SEASON: Spring

LEVELS: Varsity, Junior Varsity, 9th & 8th

COACHES:
  VARSITY: TBA
  ASSISTANT: Brian Sloan
  JUNIOR VARSITY: Ken Miller
  NINTH: Jay Cock
  IS: Sean Bonasera & Demont Heard

PRACTICE SITES: Varsity and JV at Edison Intermediate, 9th at EIS and Tamaques Park, IS at RIS and Tamaques Park

GAME SITES: Same as practice sites.

STARTING DATE: March 6th

APPROXIMATE ENDING DATE: First week of June

SUMMARY: Highly competitive program with cuts made on all three levels. Rosters are limited to approximately 18 players. Games and practices are scheduled through spring vacation.
SOFTBALL

SEASON: Spring

LEVELS: Varsity, Junior Varsity, 9th, 8th

COACHES:
   VARSITY: Caitlin Cheddar
   ASSISTANT: John Cheddar
   JUNIOR VARSITY: Jim McKeon
   NINTH: Bev Torok
   8th: Rebecca Antonelli

PRACTICE SITES: Varsity and JV at Westfield High School, 9th and IS WHS and Tamaques Park

GAME SITES: Same as practice sites.

STARTING DATE: March 6th

APPROXIMATE ENDING DATE: Beginning of June

SUMMARY: Cuts made in all levels. Varsity and JV rosters limited to 15 each. Ninth grade roster limited to 18. Games and practices are scheduled through spring vacation. Practice will take place every day including Saturday for varsity and junior varsity.

GOLF (BOYS)

SEASON: Spring

LEVELS: Varsity only

BOYS COACH: Ryan Daly

PRACTICE SITE: Echo Lake Country Club & Shacklemaxon Country Club

GAME SITES: Various courses throughout New Jersey

STARTING DATE: March 6th

APPROXIMATE ENDING DATE: End of May

SUMMARY: Highly competitive program limited to 12 students. Tryouts take place the first week of practice. Matches are after school on weekdays, with matches scheduled throughout spring vacation.
GOLF (GIRLS)

SEASON: Spring

LEVELS: Varsity only

GIRLS COACH: Katie Brenny-Rudolph

PRACTICE SITE: Echo Lake Country Club & Shackamaxon Country Club

GAME SITES: Various courses throughout New Jersey

STARTING DATE: March 6th

APPROXIMATE ENDING DATE: End of May

SUMMARY: Competitive program limited to 12 students. Tryouts take place the first week of practice. Matches are after school on weekdays, with matches scheduled throughout spring vacation.

LACROSSE (BOYS)

SEASON: Spring

LEVELS: Varsity, Junior Varsity, 9th

COACHES:

  VARSITY: Pat Tuohy
  ASSISTANT: Booner Wertheimer
  JUNIOR VARSITY: David Hancock
  NINTH: Brendan Hickey

PRACTICE SITE: Tamaques School and Gary Kehler Stadium

GAME SITE: Tamaques School and Gary Kehler Stadium

STARTING DATE: March 6th

APPROXIMATE ENDING DATE: Beginning of June

SUMMARY: Highly competitive program with rosters limited to 22 players. Cuts may be made. Most games are on weekdays after school with the junior varsity following the varsity. Some varsity and JV games are on Saturdays. Practices and games are scheduled during spring vacation. Students provide their own sticks.
LACROSSE (GIRLS)

SEASON: Spring
LEVELS: Varsity, Junior Varsity, 9th

COACHES:
  VARSITY: Abby Cohn
  ASSISTANT: Katie DaSilva
  JUNIOR VARSITY: Nicole Curtis
  NINTH: Joscelyn Rios

PRACTICE SITE: Tamaques School and Gary Kehler Stadium

GAME SITE: Tamaques Park and Gary Kehler Stadium

STARTING DATE: March 6th

APPROXIMATE ENDING DATE: Beginning of June

SUMMARY: This is a competitive program with rosters limited to 22 players. Cuts may be made. Most games are on weekdays after school with the junior varsity following the varsity. Some varsity and JV games are on Saturdays. Practices and games are scheduled during spring vacation. Students provide their own sticks and goggles.

TENNIS (BOYS)

SEASON: Spring
LEVELS: Varsity and Junior Varsity

COACHES:
  VARSITY: George Kapner
  JUNIOR VARSITY: Matt Varhley

PRACTICE SITES: Tamaques Park

GAME SITES: Tamaques Park

STARTING DATE: March 6th

APPROXIMATE ENDING DATE: End of May

SUMMARY: Roster limited to 12 participants. Practices and matches are scheduled throughout spring vacation. Matches are on weekdays after school.
TRACK AND FIELD (BOYS)

SEASON: Spring

LEVELS: Varsity and Junior Varsity

COACHES:
   HEAD: Chris Tafelski
   ASSISTANT: William Mellott
   ASSISTANT: Sam Haimann
   ASSISTANT: Carine Helwig
   NINTH: Ricardo Johnson

PRACTICE SITES: Gary Kehler Stadium

GAME SITES: Gary Kehler Stadium

STARTING DATE: March 6th

APPROXIMATE ENDING DATE: Beginning of June

SUMMARY: Practices run throughout spring vacation. Most meets are on weekdays after school and many invitational meets are on Saturdays.

TRACK AND FIELD (GIRLS)

SEASON: Spring

LEVELS: Varsity and Junior Varsity

COACHES:
   HEAD: Joe Berardi
   ASSISTANT: Mirjana Banic
   ASSISTANT: John Preston
   NINTH: Erik Anderson

PRACTICE SITES: Gary Kehler Stadium

GAME SITES: Gary Kehler Stadium

STARTING DATE: March 6th

APPROXIMATE ENDING DATE: Beginning of June

SUMMARY: Practices run throughout spring vacation. Most meets are on weekdays after school and many invitational meets are on Saturdays.
BOYS VOLLEYBALL

SEASON: Spring

LEVELS: Varsity, JV, IS

COACHES:
   HEAD: Ed Saggio
   ASSISTANT: Dave Tarullo
   IS: Chrissy Cabrales

PRACTICE SITES: Edison Intermediate School and WHS

GAME SITES: WHS

STARTING DATE: March 6th

APPROXIMATE ENDING DATE: End of May

SUMMARY: This is an entry level program with rosters limited to 12 for each team. Cuts may be made. Games are during the week, and tournaments are on the weekends. Games and practices are scheduled during spring break.