

# Dalzell Lance High School Lunch Menu NSLP

**August 2019**



Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
5	6	7	8	9
<b>12</b> Vegetarian Option Chicken Burrito Bowl w/Rice & Vegetables Turkey & Cheese Sandwich Mexican Chicken Salad, Popped Corn Chips, Hot Sauce	<b>13</b> Vegetarian Option Chicken Patty Burger w/Oven Baked Fries Deli Chicken & Cheese Sandwich Buffalo Chicken Salad, Dinner Roll, Ranch Dressing	<b>14</b> Vegetarian Option Beef Chili, Popped Corn Chips Roast Beef Sandwich Tuna Salad, Wheat Crackers, Ranch Dressing	<b>15</b> Vegetarian Option Breaded Chicken Leg, Mashed Potatoes w/Gravy Wowbutter Sandwich Southwest Chicken Salad, Dinner Roll, Ranch Dressing	<b>16</b> Vegetarian Option Baked Ziti w/Meat Sauce Turkey Pastrami & Cheese Sandwich Chicken Taco Salad, Popped Corn Chips, Ranch Dressing
<b>19</b> Vegetarian Option Chicken Tamale, Mixed Vegetables Ham & Cheese Sandwich Mexican Chicken Salad, Popped Corn Chips, Hot Sauce	<b>20</b> Vegetarian Option Cheeseburger w/Oven Baked Fries Roast Beef Sandwich Buffalo Chicken Salad, Dinner Roll, Ranch Dressing	<b>21</b> Vegetarian Option Baked Chicken Spaghetti Club Sandwich *CONTAINS PORK* Tuna Salad, Wheat Crackers, Ranch Dressing	<b>22</b> Vegetarian Option Beef Nacho Burrito Build Your Own Tuna Sandwich Southwest Chicken Salad, Dinner Roll, Ranch Dressing	<b>23</b> Vegetarian Option Turkey Ham & Cheese Sandwich Chicken Taco Salad, Popped Corn Chips, Ranch Dressing
<b>26</b> Vegetarian Option Chicken Nuggets, Cheesy Mashed Potatoes Turkey Ham & Cheese Sandwich Mexican Chicken Salad, Popped Corn Chips, Hot Sauce	<b>27</b> Vegetarian Option Corn Dog, Oven Baked Fries Deli Chicken & Cheese Sandwich Buffalo Chicken Salad, Dinner Roll, Ranch Dressing	<b>28</b> Vegetarian Option Cheese Ravioli Turkey & Cheese Sandwich Tuna Salad, Wheat Crackers, Ranch Dressing	<b>29</b> Vegetarian Option Plain Hamburger Wowbutter Sandwich Southwest Chicken Salad, Dinner Roll, Ranch Dressing Side Salad	<b>30</b> Vegetarian Option Orange Chicken, Chow Mein Noodles Deli Chicken & Cheese Sandwich Chicken Taco Salad, Popped Corn Chips, Ranch Dressing

**MENU SUBJECT TO CHANGE WITHOUT NOTICE**

Breakfast includes one entrée, fruit, and fat free white milk or 1% white milk.  
This institution is an equal opportunity provider.

