

Montour High School Counseling Department

June E-Newsletter

MAKE GOOD USE OF YOUR SUMMER!

Summer is a good time to work on the following activities:

FRESHMEN

- Start developing a resume by listing accomplishments, awards that you have won, activities/clubs that you have and/or will become involved in.
- Attend Freshman Orientation and familiarize yourself with the high school campus

SOPHMORES

- Explore summer programs related to your career choices
- Utilize Khan Academy for SAT/ACT test prep

JUNIORS

- College essay-Your college essay is an opportunity to let your uniqueness come through. Prepare a solid polished essay. It will come in handy when applying for scholarships too!
- College/Tech/Career School Visits- Check the Admissions Office website of schools you may be interested in attending.
- Pre-College Summer Programs – Many colleges and universities offer summer programs for students just finishing their junior year.
- Research colleges/universities that you are interested in and enter them into the “Colleges I am interested in” tab in Naviance.

SENIORS

- You should have already requested your final high school transcript be sent from Naviance to your selected college/university/NCAA. If not, make sure you do that prior to June 8.

During the summer months the High School Counseling office is open Monday-Friday from 8:30am-3:00pm. The school counselors are available for a limited amount of days in the summer.

If you would like to set up a meeting with your child’s counselor, please contact Mrs. Ulizzi or email your child’s school counselor with any questions or concerns and they will get back to you on their next available day in the office.

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**HAVE A SAFE
AND
HAPPY SUMMER!!!**