

## Sponsors:

We are seeking sponsors for 2018. If you would like to contribute to our event please contact Lisa Gerlock Bounds or Lori Ryan under the questions section.



## Questions?

Contact

Lisa Gerlock Bounds

(585)729-3884

redhenlg@aol.com

Lori Ryan

(585) 289-3964

lori.ryan@redjacket.org



**PERFECT HARMONY**  
**5K Run and Walk**

**TO BENEFIT**  
**RED JACKET MUSIC**  
**STUDENTS**

**Saturday, October 20, 2018**  
**Red Jacket High School 1506**  
**Route 21, Shortsville, NY**

Race Day Registration  
& check-in: 7:30 am - 8:45 am

**Race starts at 9 am**

This race is sanctioned by USATF.  
The course is certified to be accurate  
by USATF (NY11120KL).

Online registration at  
[www.active.com](http://www.active.com)

**Fees**

Pre-Registration: \$15

Day of Race: \$20

**Awards**

Awards will be presented to overall male, overall female, and the top finisher in each age group.

Also drawings for great door prizes!

T-shirts guaranteed to first 50 pre-registered participants.

**Course**

The race is a gentle, mostly-flat course through the villages of Shortsville and Manchester. We have a water stop after mile #1 & #2. Both runners and walkers are welcome!



**Registration Form**

Register online at [www.active.com](http://www.active.com) or mail this form with payment to:

Red Jacket High School

Attn: Music Boosters

1506 Route 21

Shortsville, NY 14548

Please make checks payable to: **Music Boosters**

I wish to include an additional donation \$ \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-mail \_\_\_\_\_

Phone (\_\_\_\_\_) \_\_\_\_\_

Age Group (circle one): 12 & under | 13-19 | 20-29 | 30-39 | 40-49 | 50-59 | 60-69 | 70+

Shirt size (circle one): **S M L XL** Division (circle one): M F

Person to contact in case of emergency on race day:

Name \_\_\_\_\_ Phone(\_\_\_\_\_) \_\_\_\_\_

**Waiver and release:** I understand that running a road race is a potentially dangerous activity. I should not enter and run unless I am medically able and properly trained. I assume all risks associated with this including, but not limited to: fall, contact with other runners, humidity, temperature, foul weather, traffic and road conditions; all risks being accepted by me. Having read this waiver and knowing these facts, I for myself and any entitled to work on my behalf, waive and release USA Track & Field; Red Jacket School District, Music Boosters, Varsity Club and XC team; Village of Shortsville; Village of Manchester; Town of Manchester; County of Ontario; State of New York; the race directors, sponsors, volunteers and their representatives and successors from all claims and liabilities of any kind arising out of my participation in this event. I further grant permission to all foregoing to use any photographs, videos, recordings, or any other record of this event for any purpose whatsoever. I understand that all entry fees are non-refundable.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

(Parent or guardian must sign if under 18 yrs of age)

Office Use:

Date \_\_\_\_\_ Amt. Paid \_\_\_\_\_

Check # \_\_\_\_\_ Cash \_\_\_\_\_