

		Calories	Protein	Vitamin A	Vitamin C	Iron	Calcium	Total Fat	Sat Fat	Carbs	Fiber	Cholesterol	Sodium
Middle Lunch W1D1 (2018-19)	CHEESEBURGER (ADVANCE) 2015	353	19.8001	234	0	3.24	228	18.8	7.5001	26.65	3	47.5	626.5001
Middle Lunch W1D1 (2018-19)	BEEF and Pork H-DOG/W/BUN 2015	320	11	100	0	2.16	40	18.5	6	28	4	35.0001	430
Middle Lunch W1D1 (2018-19)	YOGURT PARFAIT STRWBRYw/granol	378.9999	9.2198	1300	1.7341	0.4806	199.9998	4.1785	1.4398	76.1101	3.7799	5.0002	190.9998
Middle Lunch W1D1 (2018-19)	(CHICKEN)CHEF SALAD/RANCH	398.1772	23.876	4523.443	58.8595	6.0087	97.6507	25.1892	5.5565	25.0663	5.8726	50.1251	1084.783
Middle Lunch W1D1 (2018-19)	SIMPLOT-INFINITY FRIES	130	2	0	0.6	0.36	20	4	0.5	23	2	0	350
Middle Lunch W1D1 (2018-19)	COLE SLAW	87.568	0.3983	597.3662	11.9473	0.1434	15.9298	6.5672	1.194	5.5733	0.7964	2.9851	222.8903
Middle Lunch W1D1 (2018-19)	FRESH ORANGES	70	1.0001	100	78	0.36	60	0	0	21	7	0	0
Middle Lunch W1D1 (2018-19)	APPLESAUCE (CN)	100	0	0	2.4	0.36	0	0	0	25	2	0	5.0001
Middle Lunch W1D1 (2018-19)	KETCHUP INDIVIDUAL	20	0	0	0	0	0	0	0	6	0	0	170
Middle Lunch W1D1 (2018-19)	MAYONNAISE REDC FAT REDC CALOR	80	0	200	0	0	0	8	1	2	0	10	180
Middle Lunch W1D1 (2018-19)	MUSTARD INDIVIDUAL	5	0	0	0	0	0	0	0	0	0	0	65
Middle Lunch W1D1 (2018-19)	PICKLE DILL SLICE	9	0	0	0.216	0	0	0	0	0.18	0	0	684
Middle Lunch W1D1 (2018-19)	TOMATO VINE RIPE 5X6	5.8333	0.1667	3.3333	6.6667	0.3333	0.3333	0	0	1.1667	0.1667	0	0.8333
Middle Lunch W1D1 (2018-19)	LETTUCE SHREDDED	0.8818	0	11.7578	0.2116	0	0	0	0	0.1764	0.0588	0	0.5879
Middle Lunch W1D1 (2018-19)	MILK HALF PINT 1% SWEET	110	7.9999	500.0001	2.4	0	299.9999	2.5	1.5001	12.9999	0	10.0001	124.9999
Middle Lunch W1D1 (2018-19)	MILK HALF PINT SKIM	89.9999	9.0001	500.0001	2.4	0	299.9999	0	0	12.9999	0	3.0001	124.9999
Middle Lunch W1D1 (2018-19)	MILK HALF PINT STRAWBERRY	129.9999	7.9999	500.0001	1.2	0	299.9999	0	0	23	0	5	124.9999
Middle Lunch W1D1 (2018-19)	MILK HALF PINT CHOC	120.0001	7.9999	500.0001	1.2	0	299.9999	0	0	19.9999	0	5	180
Middle Lunch W1D1 (2018-19)	CRACKERS WG SALTINES	120	4	0	0	1.44	0	3	0	18	2	0	260

		Calories	Protein	Vitamin A	Vitamin C	Iron	Calcium	Total Fat	Sat Fat	Carbs	Fiber	Cholesterol	Sodium
Middle Lunch W1D2 (2018-19)	CHICK TACO MEAT (TYSON) 2015	220	26	300	0	1.08	0	11	4.5001	5	0	110	530.0001
Middle Lunch W1D2 (2018-19)	Chicken Fajita w/seasoning	160.1341	18.3332	31.7776	0	1.2222	12.2221	4.2778	1.2222	4.8937	0	69.6662	607.7779
Middle Lunch W1D2 (2018-19)	YOGURT PARFAIT STRWBRYw/granol	378.9999	9.2198	1300	1.7341	0.4806	199.9998	4.1785	1.4398	76.1101	3.7799	5.0002	190.9998
Middle Lunch W1D2 (2018-19)	(CHICKEN)CHEF SALAD/RANCH	398.1772	23.876	4523.443	58.8595	6.0087	97.6507	25.1892	5.5565	25.0663	5.8726	50.1251	1084.783
Middle Lunch W1D2 (2018-19)	REFRIED BEANS	122.1231	6.1062	0	0	1.8318	20.3538	2.0354	0	19.3362	5.0885	0	142.4769
Middle Lunch W1D2 (2018-19)	MANGO WANGO JUICE	50	0	500	30	0	0	0	0	12.9999	0	0	30
Middle Lunch W1D2 (2018-19)	PEACHES (CN) W JUICE	70.0001	0	300	1.2	0	0	0	0	17	0.5	0	10
Middle Lunch W1D2 (2018-19)	STRAWBERRY CUPS (DoD)	90	0.9999	0	66	0.3599	20	0	0	22	2	0	0
Middle Lunch W1D2 (2018-19)	CHIPS/BARRELL O'FUN 2016	140	2	0	0	0	40	7	1	19	1	0	105
Middle Lunch W1D2 (2018-19)	CHEESE SLICES (SHREDDED) 2015	70	7	0	0	0	0	4	2.5	2	0	15	210
Middle Lunch W1D2 (2018-19)	LETTUCE SHREDDED	0.8818	0	11.7578	0.2116	0	0	0	0	0.1764	0.0588	0	0.5879
Middle Lunch W1D2 (2018-19)		10	0	100	3.6	0	0	0	0	2	0.5	0	160
Middle Lunch W1D2 (2018-19)	SAUCE TACO	5	0	0	0	0	0	0	0	1	0	0	115
Middle Lunch W1D2 (2018-19)	SOUR CREAM (DAISY) 2017	60.75	1.0125	202.5	0	0	20.25	5.0625	3.5438	1.0125	0	20.25	15.1875
Middle Lunch W1D2 (2018-19)	MILK HALF PINT 1% SWEET	110	7.9999	500.0001	2.4	0	299.9999	2.5	1.5001	12.9999	0	10.0001	124.9999
Middle Lunch W1D2 (2018-19)	MILK HALF PINT SKIM	89.9999	9.0001	500.0001	2.4	0	299.9999	0	0	12.9999	0	3.0001	124.9999
Middle Lunch W1D2 (2018-19)	MILK HALF PINT STRAWBERRY	129.9999	7.9999	500.0001	1.2	0	299.9999	0	0	23	0	5	124.9999
Middle Lunch W1D2 (2018-19)	MILK HALF PINT CHOC	120.0001	7.9999	500.0001	1.2	0	299.9999	0	0	19.9999	0	5	180
Middle Lunch W1D2 (2018-19)	CRACKERS WG SALTINES	120	4	0	0	1.44	0	3	0	18	2	0	260

		Calories	Protein	Vitamin A	Vitamin C	Iron	Calcium	Total Fat	Sat Fat	Carbs	Fiber	Cholesterol	Sodium
Middle Lunch W1D3 (2018-19)	CHICKEN TENDERS(Gold Kist)	202	18.4	218	1	1	19.0001	9	1.25	11.1	1	49	382
Middle Lunch W1D3 (2018-19)	CHICKEN ALFREDO MID & HIGH	278.9278	18.1777	226.0355	27.7497	2.3047	129.3779	7.5194	2.7759	34.9879	2.5072	10.0747	497.5776
Middle Lunch W1D3 (2018-19)	YOGURT PARFAIT STRWBRYw/granol	378.9999	9.2198	1300	1.7341	0.4806	199.9998	4.1785	1.4398	76.1101	3.7799	5.0002	190.9998
Middle Lunch W1D3 (2018-19)	(CHICKEN)CHEF SALAD/RANCH	398.1772	23.876	4523.443	58.8595	6.0087	97.6507	25.1892	5.5565	25.0663	5.8726	50.1251	1084.783
Middle Lunch W1D3 (2018-19)	FRESH BROC FLORET/RANCH (DOD)	80.4044	2.156	114.3529	29.7318	0.2745	35.4971	7.0875	1.0125	3.5497	1.1435	5.0625	282.9044
Middle Lunch W1D3 (2018-19)	SIMPLOT-SPUDSTERS	177.5701	2.8037	0	0	0.4206	23.0374	6.5421	0.9346	27.1028	2.8037	0	448.5981
Middle Lunch W1D3 (2018-19)	FRUIT PUNCH	52.9101	0	0	3.1746	0	0	0	0	12.3457	0	0	8.8183
Middle Lunch W1D3 (2018-19)	TROPICAL FRUIT (CN)	90	0.85	0	0	0	0	0	0	22	1.9999	0	0
Middle Lunch W1D3 (2018-19)	GARLIC BREADSTICK 2015	110	3	0	2.4	1.08	0	4	1	17	2	0	230
Middle Lunch W1D3 (2018-19)	MILK HALF PINT 1% SWEET	110	7.9999	500.0001	2.4	0	299.9999	2.5	1.5001	12.9999	0	10.0001	124.9999
Middle Lunch W1D3 (2018-19)	KETCHUP INDIVIDUAL	20	0	0	0	0	0	0	0	6	0	0	170
Middle Lunch W1D3 (2018-19)	DRESSING HONEY MUSTARD CUP	120	0	0	0	0	0	10	1.5	8	0	10	125
Middle Lunch W1D3 (2018-19)	MILK HALF PINT CHOC	120.0001	7.9999	500.0001	1.2	0	299.9999	0	0	19.9999	0	5	180
Middle Lunch W1D3 (2018-19)	MILK HALF PINT SKIM	89.9999	9.0001	500.0001	2.4	0	299.9999	0	0	12.9999	0	3.0001	124.9999
Middle Lunch W1D3 (2018-19)	MILK HALF PINT STRAWBERRY	129.9999	7.9999	500.0001	1.2	0	299.9999	0	0	23	0	5	124.9999
Middle Lunch W1D3 (2018-19)	CRACKERS WG SALTINES	120	4	0	0	1.44	0	3	0	18	2	0	260

		Calories	Protein	Vitamin A	Vitamin C	Iron	Calcium	Total Fat	Sat Fat	Carbs	Fiber	Cholesterol	Sodium
Middle Lunch W1D4 (2018-19)	BOSCO STICK CHEESE 6'	303.4519	19.5076	433.5028	0	2.3409	433.5028	10.8375	5.4189	32.5127	2.1675	32.5127	455.1781
Middle Lunch W1D4 (2018-19)	Bean & Two Cheese Dip	175.15	11.1	50.11	1.39	1.66	196.04	7.8	4.44	15.63	4.18	21.91	490.82
Middle Lunch W1D4 (2018-19)	YOGURT PARFAIT STRWBRYw/granol	378.9999	9.2198	1300	1.7341	0.4806	199.9998	4.1785	1.4398	76.1101	3.7799	5.0002	190.9998
Middle Lunch W1D4 (2018-19)	(CHICKEN)CHEF SALAD/RANCH	398.1772	23.876	4523.443	58.8595	6.0087	97.6507	25.1892	5.5565	25.0663	5.8726	50.1251	1084.783
Middle Lunch W1D4 (2018-19)	FRESH BABY CARROTS	95.6813	1.466	9773.6625	1.8427	0.6308	42.93	7.1796	1.0267	7.8651	2.0553	5.0625	328.6575
Middle Lunch W1D4 (2018-19)	MASHED POTATOES (PEARLS) 2017	70	1	1.9	6.4	0.19	7.11	1	0	15	1	0	340
Middle Lunch W1D4 (2018-19)	DICED PEARS (CN) W JUICE	59.9999	0	0	0	0	0	0	0	14	2.0001	0	10
Middle Lunch W1D4 (2018-19)	FRESH STRAWBERRIES (whole)	22.5	0.517	0	48	0.36	10	0	0	6.2041	2.068	0	0
Middle Lunch W1D4 (2018-19)	CHIPS/BARRELL O'FUN 2016	140	2	0	0	0	40	7	1	19	1	0	105
Middle Lunch W1D4 (2018-19)	SAUCE MARINARA CUP	49.3827	0.9876	0	4.7407	0.3555	0	2.963	0.4938	5.9259	0	0	167.9012
Middle Lunch W1D4 (2018-19)	MILK HALF PINT SKIM	89.9999	9.0001	500.0001	2.4	0	299.9999	0	0	12.9999	0	3.0001	124.9999
Middle Lunch W1D4 (2018-19)	MILK HALF PINT 1% SWEET	110	7.9999	500.0001	2.4	0	299.9999	2.5	1.5001	12.9999	0	10.0001	124.9999
Middle Lunch W1D4 (2018-19)	MILK HALF PINT CHOC	120.0001	7.9999	500.0001	1.2	0	299.9999	0	0	19.9999	0	5	180
Middle Lunch W1D4 (2018-19)	MILK HALF PINT STRAWBERRY	129.9999	7.9999	500.0001	1.2	0	299.9999	0	0	23	0	5	124.9999
Middle Lunch W1D4 (2018-19)	CRACKERS WG SALTINES	120	4	0	0	1.44	0	3	0	18	2	0	260

		Calories	Protein	Vitamin A	Vitamin C	Iron	Calcium	Total Fat	Sat Fat	Carbs	Fiber	Cholesterol	Sodium
Middle Lunch W1D5 (2018-19)	PIZZA STUFFED CRUST/ PEPP 2016	330	16	299.9999	0	2.7	250	14	4.4999	36	2	20	880.0001
Middle Lunch W1D5 (2018-19)	BD CHICK SAND FILET(TYSON)2015	360	27	0	0	2.88	60	11.5	1.9999	38	3.0001	50.0001	640
Middle Lunch W1D5 (2018-19)	YOGURT PARFAIT STRWBRYw/granol	378.9999	9.2198	1300	1.7341	0.4806	199.9998	4.1785	1.4398	76.1101	3.7799	5.0002	190.9998
Middle Lunch W1D5 (2018-19)	(CHICKEN)CHEF SALAD/RANCH	398.1772	23.876	4523.443	58.8595	6.0087	97.6507	25.1892	5.5565	25.0663	5.8726	50.1251	1084.783
Middle Lunch W1D5 (2018-19)	WHOLE KERNAL CORN (FROZEN)	94.7915	2.0224	245.3651	2.3323	0.3603	2.7527	2.1556	1.0421	15.015	2.002	4.393	0
Middle Lunch W1D5 (2018-19)	PINTO BEANS	154.9576	6.6752	76.591	0	1.9136	80.4699	3.1469	1.5632	22.5913	11.9602	6.5894	186.047
Middle Lunch W1D5 (2018-19)	FRESH APPLE (GALA)	80	0	100	4.7999	0.36	0	0	0	22.0001	5	0	0
Middle Lunch W1D5 (2018-19)	MANDARIN ORANGES/w/JUICE (CN)	80.0001	0	500.0001	21	0.3599	20	0	0	20	1	0	10.0001
Middle Lunch W1D5 (2018-19)	PICKLE DILL SLICE	3	0	0	0.072	0	0	0	0	0.06	0	0	228
Middle Lunch W1D5 (2018-19)	TOMATO VINE RIPE 5X6	5.8333	0.1667	3.3333	6.6667	0.3333	0.3333	0	0	1.1667	0.1667	0	0.8333
Middle Lunch W1D5 (2018-19)	LETTUCE SHREDDED	0.8818	0	11.7578	0.2116	0	0	0	0	0.1764	0.0588	0	0.5879
Middle Lunch W1D5 (2018-19)	KETCHUP INDIVIDUAL	10	0	0	0	0	0	0	0	3	0	0	85
Middle Lunch W1D5 (2018-19)	MUSTARD INDIVIDUAL	5	0	0	0	0	0	0	0	0	0	0	65
Middle Lunch W1D5 (2018-19)	MAYONNAISE REDC FAT REDC CALOR	40	0	100	0	0	0	4	0.5	1	0	5	90
Middle Lunch W1D5 (2018-19)	MILK HALF PINT CHOC	120.0001	7.9999	500.0001	1.2	0	299.9999	0	0	19.9999	0	5	180
Middle Lunch W1D5 (2018-19)	MILK HALF PINT SKIM	89.9999	9.0001	500.0001	2.4	0	299.9999	0	0	12.9999	0	3.0001	124.9999
Middle Lunch W1D5 (2018-19)	MILK HALF PINT 1% SWEET	110	7.9999	500.0001	2.4	0	299.9999	2.5	1.5001	12.9999	0	10.0001	124.9999
Middle Lunch W1D5 (2018-19)	MILK HALF PINT STRAWBERRY	129.9999	7.9999	500.0001	1.2	0	299.9999	0	0	23	0	5	124.9999
Middle Lunch W1D5 (2018-19)	CRACKERS WG SALTINES	120	4	0	0	1.44	0	3	0	18	2	0	260
Middle Lunch W1D5 (2018-19)	MOON PIE MINI CHO. (2017)	30.8	0.28	0	0	0.2016	0	0.84	0.56	5.6	0	0	26.6
Middle Lunch W1D5 (2018-19)	MOON PIE MINI VANILLA (2017)	110	1	0	0	0.72	0	3	2	20	0	0	95

		Calories	Protein	Vitamin A	Vitamin C	Iron	Calcium	Total Fat	Sat Fat	Carbs	Fiber	Cholesterol	Sodium
Middle Lunch W2D1 (2018-19)	SPAGHETTI & MEAT SAU MID&HIGH	368.521	21.7967	652.4372	19.1598	3.7322	63.4287	8.0117	2.8236	48.1462	3.9227	55.4623	292.4371
Middle Lunch W2D1 (2018-19)	WHOLE MUSCLE CHICKEN CHUNKS	188.1246	15.9906	175.8965	0	0.9407	14.1093	6.5844	1.4109	15.05	1.8812	42.328	451.4991
Middle Lunch W2D1 (2018-19)	YOGURT PARFAIT STRWBRYw/granol	378.9999	9.2198	1300	1.7341	0.4806	199.9998	4.1785	1.4398	76.1101	3.7799	5.0002	190.9998
Middle Lunch W2D1 (2018-19)	(CHICKEN)CHEF SALAD/RANCH	398.1772	23.876	4523.443	58.8595	6.0087	97.6507	25.1892	5.5565	25.0663	5.8726	50.1251	1084.783
Middle Lunch W2D1 (2018-19)	FROZEN STEAMED GREEN PEAS	114.2231	4.5899	2107.5744	17.0314	1.635	23.8665	3.9086	2.4611	13.625	4.5417	10.3749	107.8649
Middle Lunch W2D1 (2018-19)	ROMAINE GARDEN SALAD-(DOD)	91.4428	1.9549	8047.4925	14.7858	0.7717	44.72	7.2649	1.0365	6.4341	1.9841	5.0625	299.901
Middle Lunch W2D1 (2018-19)	FRESH ORANGES	70	1.0001	100	78	0.36	60	0	0	21	7	0	0
Middle Lunch W2D1 (2018-19)	APPLESAUCE (CN)	100	0	0	2.4	0.36	0	0	0	25	2	0	5.0001
Middle Lunch W2D1 (2018-19)	GARLIC BREADSTICK 2015	110	3	0	2.4	1.08	0	4	1	17	2	0	230
Middle Lunch W2D1 (2018-19)	DRESSING HONEY MUSTARD CUP	120	0	0	0	0	0	10	1.5	8	0	10	125
Middle Lunch W2D1 (2018-19)	KETCHUP INDIVIDUAL	10	0	0	0	0	0	0	0	3	0	0	85
Middle Lunch W2D1 (2018-19)	PARMESAN CHEESE PKTS. 2017	15	1	0	0	0	40	1	1	0	0	0	55
Middle Lunch W2D1 (2018-19)	MILK HALF PINT STRAWBERRY	129.9999	7.9999	500.0001	1.2	0	299.9999	0	0	23	0	5	124.9999
Middle Lunch W2D1 (2018-19)	MILK HALF PINT SKIM	89.9999	9.0001	500.0001	2.4	0	299.9999	0	0	12.9999	0	3.0001	124.9999
Middle Lunch W2D1 (2018-19)	MILK HALF PINT 1% SWEET	110	7.9999	500.0001	2.4	0	299.9999	2.5	1.5001	12.9999	0	10.0001	124.9999
Middle Lunch W2D1 (2018-19)	MILK HALF PINT CHOC	120.0001	7.9999	500.0001	1.2	0	299.9999	0	0	19.9999	0	5	180
Middle Lunch W2D1 (2018-19)	CRACKERS WG SALTINES	120	4	0	0	1.44	0	3	0	18	2	0	260

		Calories	Protein	Vitamin A	Vitamin C	Iron	Calcium	Total Fat	Sat Fat	Carbs	Fiber	Cholesterol	Sodium
Middle Lunch W2D2 (2018-19)	CHEESEBURGER (ADVANCE) 2015	353	19.8001	234	0	3.24	228	18.8	7.5001	26.65	3	47.5	626.5001
Middle Lunch W2D2 (2018-19)	TOASTED GRILLED CHEESE SAND.	423.648	17.3134	819.3866	0	1.4401	634.7216	28.3854	15.7835	27.5999	3	74.3809	836
Middle Lunch W2D2 (2018-19)	YOGURT PARFAIT STRWBRYw/granol	378.9999	9.2198	1300	1.7341	0.4806	199.9998	4.1785	1.4398	76.1101	3.7799	5.0002	190.9998
Middle Lunch W2D2 (2018-19)	(CHICKEN)CHEF SALAD/RANCH	398.1772	23.876	4523.443	58.8595	6.0087	97.6507	25.1892	5.5565	25.0663	5.8726	50.1251	1084.783
Middle Lunch W2D2 (2018-19)	BAKED BEANS (hanover)	161.4697	6.4588	0	0	1.9376	64.5878	1.0764	0	32.2939	7.5352	5.3824	581.2909
Middle Lunch W2D2 (2018-19)	TATOR TRIANGLES	230	3.0001	0	3.6	0.72	0	10	1.5	31	3.0001	0	630.0001
Middle Lunch W2D2 (2018-19)	FRESH APPLE RED DELICIOUS 201	90	0	50	4.7999	0.18	9.9999	0	0	23.8	3.4001	0	0.9999
Middle Lunch W2D2 (2018-19)	MIXED FRUIT (CN) W JUICE	80	1.0001	200.0001	1.2	0	0	0	0	18	1.0001	0	5.0001
Middle Lunch W2D2 (2018-19)	PICKLE DILL SLICE	3	0	0	0.072	0	0	0	0	0.06	0	0	228
Middle Lunch W2D2 (2018-19)	TOMATO VINE RIPE 5X6	5.8333	0.1667	3.3333	6.6667	0.3333	0.3333	0	0	1.1667	0.1667	0	0.8333
Middle Lunch W2D2 (2018-19)	LETTUCE SHREDDED	0.8818	0	11.7578	0.2116	0	0	0	0	0.1764	0.0588	0	0.5879
Middle Lunch W2D2 (2018-19)	MAYONNAISE REDC FAT REDC CALOR	40	0	100	0	0	0	4	0.5	1	0	5	90
Middle Lunch W2D2 (2018-19)	KETCHUP INDIVIDUAL	30	0	0	0	0	0	0	0	9	0	0	255
Middle Lunch W2D2 (2018-19)	MUSTARD INDIVIDUAL	5	0	0	0	0	0	0	0	0	0	0	65
Middle Lunch W2D2 (2018-19)	MILK HALF PINT 1% SWEET	110	7.9999	500.0001	2.4	0	299.9999	2.5	1.5001	12.9999	0	10.0001	124.9999
Middle Lunch W2D2 (2018-19)	MILK HALF PINT CHOC	120.0001	7.9999	500.0001	1.2	0	299.9999	0	0	19.9999	0	5	180
Middle Lunch W2D2 (2018-19)	MILK HALF PINT SKIM	89.9999	9.0001	500.0001	2.4	0	299.9999	0	0	12.9999	0	3.0001	124.9999
Middle Lunch W2D2 (2018-19)	MILK HALF PINT STRAWBERRY	129.9999	7.9999	500.0001	1.2	0	299.9999	0	0	23	0	5	124.9999
Middle Lunch W2D2 (2018-19)	CRACKERS WG SALTINES	120	4	0	0	1.44	0	3	0	18	2	0	260

		Calories	Protein	Vitamin A	Vitamin C	Iron	Calcium	Total Fat	Sat Fat	Carbs	Fiber	Cholesterol	Sodium
Middle Lunch W2D3 (2018-19)	STUFFED CRUST CHEZ PIZZA 2016	329.9999	16	300	0	2.7	300	13.9999	4.4999	36	2	15	840
Middle Lunch W2D3 (2018-19)	MINI CORN DOGS 2015	249.9999	11	0	0	3.6	0	10	1.5	31	1	15	630
Middle Lunch W2D3 (2018-19)	(CHICKEN)CHEF SALAD/RANCH	398.1772	23.876	4523.443	58.8595	6.0087	97.6507	25.1892	5.5565	25.0663	5.8726	50.1251	1084.783
Middle Lunch W2D3 (2018-19)	YOGURT PARFAIT STRWBRYw/granol	378.9999	9.2198	1300	1.7341	0.4806	199.9998	4.1785	1.4398	76.1101	3.7799	5.0002	190.9998
Middle Lunch W2D3 (2018-19)	FROZEN STEAMED BROCCOLI SPEARS	79.6986	1.9821	177.1166	28.6686	0	39.9257	5.7409	3.6146	3.8225	1.9113	15.2382	23.8904
Middle Lunch W2D3 (2018-19)	SAUCED BABY CARROTS	56.501	0.5491	11073.3714	2.0691	0.7082	26.4202	3.3264	2.0452	6.5573	2.3078	8.5547	62.0716
Middle Lunch W2D3 (2018-19)	GRAPE JUICE	80	0.8818	0	0	0	0	0	0	15.8731	0	0	15
Middle Lunch W2D3 (2018-19)	FRESH BANANA	110	1.0001	0	9	0.36	0	0	0	29	4	0	0
Middle Lunch W2D3 (2018-19)	MACARONI & CHEESE (2016)	104.1793	4.1577	210.6761	0.096	0.261	167.426	6.382	3.7167	7.115	0.29	17.776	155.4817
Middle Lunch W2D3 (2018-19)	MUSTARD INDIVIDUAL	5	0	0	0	0	0	0	0	0	0	0	65
Middle Lunch W2D3 (2018-19)	KETCHUP INDIVIDUAL	10	0	0	0	0	0	0	0	3	0	0	85
Middle Lunch W2D3 (2018-19)	MILK HALF PINT 1% SWEET	110	7.9999	500.0001	2.4	0	299.9999	2.5	1.5001	12.9999	0	10.0001	124.9999
Middle Lunch W2D3 (2018-19)	MILK HALF PINT CHOC	120.0001	7.9999	500.0001	1.2	0	299.9999	0	0	19.9999	0	5	180
Middle Lunch W2D3 (2018-19)	MILK HALF PINT SKIM	89.9999	9.0001	500.0001	2.4	0	299.9999	0	0	12.9999	0	3.0001	124.9999
Middle Lunch W2D3 (2018-19)	MILK HALF PINT STRAWBERRY	129.9999	7.9999	500.0001	1.2	0	299.9999	0	0	23	0	5	124.9999

		Calories	Protein	Vitamin A	Vitamin C	Iron	Calcium	Total Fat	Sat Fat	Carbs	Fiber	Cholesterol	Sodium
Middle Lunch W2D4 (2018-19)	CHICKEN BRD DRUMSTICK TYSON	190	16	100	0	1.08	20	11	2.5	5	1	50	450
Middle Lunch W2D4 (2018-19)	SALISBURY STEAK & GRAVY	223.5088	14	0	1.2001	1.8001	39.9999	14.5878	6	7.5263	1	45	514.5615
Middle Lunch W2D4 (2018-19)	(CHICKEN)CHEF SALAD/RANCH	398.1772	23.876	4523.443	58.8595	6.0087	97.6507	25.1892	5.5565	25.0663	5.8726	50.1251	1084.783
Middle Lunch W2D4 (2018-19)	YOGURT PARFAIT STRWBRYw/granol	378.9999	9.2198	1300	1.7341	0.4806	199.9998	4.1785	1.4398	76.1101	3.7799	5.0002	190.9998
Middle Lunch W2D4 (2018-19)	GREEN BEANS 2015	57.9272	1.1192	340.5723	1.2821	0.3847	22.587	4.1128	2.5896	4.2736	2.1369	10.9168	149.578
Middle Lunch W2D4 (2018-19)	MASHED POTATOES (PEARLS) 2017	70	1	1.9	6.4	0.19	7.11	1	0	15	1	0	340
Middle Lunch W2D4 (2018-19)	PINEAPPLE TIBITS (CN) W JUICE	70	0	0	6	0.36	20	0	0	16	1	0	0
Middle Lunch W2D4 (2018-19)	ROLL WG MA 2 OZ	140	5	0	0	1.44	20	2.5	1	32	7	5	80
Middle Lunch W2D4 (2018-19)	FRESH STRAWBERRIES (whole)	22.5	0.517	0	48	0.36	10	0	0	6.2041	2.068	0	0
Middle Lunch W2D4 (2018-19)	MILK HALF PINT SKIM	89.9999	9.0001	500.0001	2.4	0	299.9999	0	0	12.9999	0	3.0001	124.9999
Middle Lunch W2D4 (2018-19)	MILK HALF PINT STRAWBERRY	129.9999	7.9999	500.0001	1.2	0	299.9999	0	0	23	0	5	124.9999
Middle Lunch W2D4 (2018-19)	MILK HALF PINT CHOC	120.0001	7.9999	500.0001	1.2	0	299.9999	0	0	19.9999	0	5	180
Middle Lunch W2D4 (2018-19)	MILK HALF PINT 1% SWEET	110	7.9999	500.0001	2.4	0	299.9999	2.5	1.5001	12.9999	0	10.0001	124.9999
Middle Lunch W2D4 (2018-19)	CRACKERS WG SALTINES	120	4	0	0	1.44	0	3	0	18	2	0	260

		Calories	Protein	Vitamin A	Vitamin C	Iron	Calcium	Total Fat	Sat Fat	Carbs	Fiber	Cholesterol	Sodium
Middle Lunch W2D5 (2018-19)	WHOLE MUSCLE CHICKEN CHUNKS	188.1246	15.9906	175.8965	0	0.9407	14.1093	6.5844	1.4109	15.05	1.8812	42.328	451.4991
Middle Lunch W2D5 (2018-19)	PORK PATTIE (HARVEST) (2017)	273	17.85	105	5.04	2.835	63	13.65	3.675	19.95	4.2	31.5	210
Middle Lunch W2D5 (2018-19)	(CHICKEN)CHEF SALAD/RANCH	398.1772	23.876	4523.443	58.8595	6.0087	97.6507	25.1892	5.5565	25.0663	5.8726	50.1251	1084.783
Middle Lunch W2D5 (2018-19)	YOGURT PARFAIT STRWBRYw/granol	378.9999	9.2198	1300	1.7341	0.4806	199.9998	4.1785	1.4398	76.1101	3.7799	5.0002	190.9998
Middle Lunch W2D5 (2018-19)	DRAGON PUNCH JUICE	50	0	500	30	0	0	0	0	12.9999	0	0	35
Middle Lunch W2D5 (2018-19)	NORTHERN BEAN	278.5301	9.8208	177.1166	1.9499	2.925	99.2009	6.5535	3.6145	40.6248	9.7499	15.2382	422.5001
Middle Lunch W2D5 (2018-19)	TROPICAL FRUIT (CN)	90	0.85	0	0	0	0	0	0	22	1.9999	0	0
Middle Lunch W2D5 (2018-19)	FRESH CANTALOUPE	29.1045	0.5821	2910.4478	27.9403	0.2096	11.6418	0	0	6.9851	0.5821	0	14.5522
Middle Lunch W2D5 (2018-19)	LO SODIUM ROAST/BEEF/GRAV 2015	10	0	0	0	0	0	0.25	0	1.5	0	0	70
Middle Lunch W2D5 (2018-19)	DRESSING HONEY MUSTARD CUP	120	0	0	0	0	0	10	1.5	8	0	10	125
Middle Lunch W2D5 (2018-19)	KETCHUP INDIVIDUAL	20	0	0	0	0	0	0	0	6	0	0	170
Middle Lunch W2D5 (2018-19)	MILK HALF PINT 1% SWEET	110	7.9999	500.0001	2.4	0	299.9999	2.5	1.5001	12.9999	0	10.0001	124.9999
Middle Lunch W2D5 (2018-19)	MILK HALF PINT CHOC	120.0001	7.9999	500.0001	1.2	0	299.9999	0	0	19.9999	0	5	180
Middle Lunch W2D5 (2018-19)	MILK HALF PINT SKIM	89.9999	9.0001	500.0001	2.4	0	299.9999	0	0	12.9999	0	3.0001	124.9999
Middle Lunch W2D5 (2018-19)	MILK HALF PINT STRAWBERRY	129.9999	7.9999	500.0001	1.2	0	299.9999	0	0	23	0	5	124.9999
Middle Lunch W2D5 (2018-19)	CRACKERS WG SALTINES	120	4	0	0	1.44	0	3	0	18	2	0	260
Middle Lunch W2D5 (2018-19)	CINNAMON ROLL	130	2	1000	0	1.08	20	4	1	22	2	0	125