NEWPORT SEA BASE ROWING

Come join our nationally competitive youth team in one of the highest recruited sports in college! Programs for High School and Middle School


Teamwork:
NSBR utilizes youth leaders to help run its program, which not only provides character and leadership development, but is a major resume builder

Collegiate opportunities for men and women:
NSBR rowers have rowed at:
US Jr. National Team, Cal, UPenn, USC, LMU, Georgetown, Oklahoma, Alabama, Purdue, Syracuse, SDSU, USD, UCSB, OCC, and more

An original sport in the modern Olympics:
NSBR coaches have Olympic and US National team experience

Full body workout:
Rowing engages all the core muscle groups for a full-body workout

www.newportseabaserowing.org
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