



Medical Statement for Children with Special Dietary Needs:
Each special dietary request must be supported by a statement, which explains the food substitution that is medical authority requested. It must be signed by a recognized authority.



MONDAY	TUESDAY	WEDNESDAY	Thursday	FRIDAY
	1 Mac.Cheese w.Ham Fish Sandwich Tater Tots Popeye Salad Fresh Fruit Rip Tide Slushie Rice Krispie	2 Taco Chips/ Beef Hot Dog French Fries Shredded Lettuce Tomato Cherry Corn Peach Cup/ Pineapple	3 Country Fried Steak Pork Roast w/Gravy Mashed Potatoes Turnips Cornbread Fresh Fruit Diced Pears	4 Pizza Chicken Sandwich Baked Beans French Fries Peaches Juice Cup Cake

MONDAY	TUESDAY	WEDNESDAY	Thursday	FRIDAY
7 Meatloaf Chicken Chunks Mac & Cheese Roll Blackeyed Peas Carrots Fruit Cocktail Applesauce cup	8 Spaghetti Bread Sticks Pizza Shredded Lettuce Tomato Cherry Corn Diced Pears Fresh Fruit	9 Chicken Teriyaki Nugg. Fish Scalloped Potato Steamed Broccoli/Cheese Roll Fresh Fruit Peaches	10 Oven Baked Chicken Salisbury Steak Mashed Potatoes Gravy Brown Seasoned Green Beans Rip Tide Slushie Cinnamon Spiced Apples Wheat Roll W.G.	11 Comdog BBQ Pork Sandwich French Fries Dill Spear Baked Beans Mandarin Oranges

MONDAY	TUESDAY	WEDNESDAY	Thursday	FRIDAY
14 Manager Choice	15 Manager Choice	16 Manager Choice	17 Manager Choice	18 Manager Choice

MONDAY	TUESDAY	WEDNESDAY	Thursday	FRIDAY
21 Manager Choice	22 Manager Choice	23 Manager Choice	24 Manager Choice	25 Bag Lunch Peanut Butter & Jelly Sandwich Ham & Cheese Sandwich Chips Juice Broccoli /Ranch Dressing

Low fat and fat free white, strawberry, lactose free milk and chocolate milk offered daily.



Avg Nutrients Target

Calories... 648
Cholesterol... 65 mg
Sodium. 1079 mg
Sugar 25.7 g
Carbohydrates 89.6 g

Avg Nutrients Target

Calories... 650
Cholesterol... 67 mg
Sodium. 1105 mg
Sugar 30.3 g
Carbohydrates 91.4 g

Avg Nutrients Target

Avg Nutrients Target



Locally Grown