



Dear New LA Students and Families,

At New LA we believe in teaching students with a holistic approach. This requires looking at the whole child and may include addressing mental health concerns as a means to understanding behavior or academic needs. We want all students to feel supported socially and emotionally during the wonderfully challenging adolescent years.

At New LA we offer art-based, group counseling services through the Cedars Sinai Hospital program, Share and Care. These services can be requested any time by a parent and students can also be referred at any time by an adult at school. Parental consent is required for students to participate in the program. This program works to support students academic and behavior goals with a focus on collaborative and cooperative learning in the classroom.

This year New LA has a partnership with Open Paths Counseling. Currently we are working with two therapists who are seeing students once a week in one-on-one sessions. We are currently at capacity but interested families can join a waitlist.

An additional resource is working directly with Mrs. Brayton, the assistant principal, to discover outside counseling opportunities in the community or through your insurance provider. Mrs. Brayton is not a licenced counselor.

Please do not hesitate to reach out to the school for any student or family mental health concerns.

Sincerely,

A handwritten signature in black ink that reads "Gabrielle Brayton". The signature is written in a cursive style with a large, prominent initial "G".

Gabrielle Brayton
Assistant Principal