


Kilgore High School <i>January 1-31, 2019</i>	World Café	Bulldog Diner	Tejas Grill
MONDAY 	Buffalo Chicken Pizza Personal Cheese Pizza <u>Grain/Vegetable/Fruit:</u> Garden Fresh Salad Baby Carrot Sticks	Baked Potato <i>(choice of chicken, BBQ or roasted veggie)</i> Offered with sour cream and shredded cheese <u>Grain/Vegetable/Fruit:</u> Fresh Baked Biscuit Baby Carrot Sticks Garden Fresh Salad	Soft Tacos <i>(Choice of chicken, beef, or veggie)</i> Offered w/ lettuce, tomato, cheese, jalapenos <u>Grain/Vegetable/Fruit:</u> Spanish Rice Jicama Sticks w/lime wedge Baby Carrot Sticks
TUESDAY 	General Tso's Chicken Noodle Bowl Spicy Veggie Noodle Bowl <u>Grain/Vegetable/Fruit:</u> Veggie Egg Roll Fresh Mixed Green Salad Glazed Carrot Coins	Hamburger/Cheeseburger Black Bean Burger Offered with lettuce, tomato, pickles <u>Grain/Vegetable/Fruit:</u> Seasoned Fries Baby Carrot Sticks	Bulldog Beef Grande Nacho Veggie Bulldog Grande Nacho Offered with lettuce, tomato, jalapenos <u>Grain/Vegetable/Fruit:</u> Spanish Rice Sweet Corn Fresh Mixed Greens Salad
WEDNESDAY 	Corndog BD Bistro Box <u>Grain/Vegetable/Fruit:</u> Potato Tots Homemade Pinto Beans Baby Carrot Sticks	Asian Glazed Boneless Chicken Sriracha Honey Boneless Wings BD Bistro Box <u>Grain/Vegetable/Fruit:</u> Mediterranean Quinoa Salad Potato Tots Homemade Pinto Beans	Pork Carnitas Torta BD Bistro Box <u>Grain/Vegetable/Fruit:</u> Potato Tots Homemade Pinto Beans Baby Carrot Sticks
THURSDAY 	Teriyaki Chicken Rice Bowl Spicy Veggie Rice Bowl <u>Grain/Vegetable/Fruit:</u> Veggie Egg Roll Baby Carrot Sticks Mixed Vegetable Blend	Big Dog Steak Sandwich <i>(choice of spicy or regular)</i> Offered with lettuce, tomatoes, jalapenos No Meat Cobb Chef Salad <u>Grain/Vegetable/Fruit:</u> Honey Wheat Roll Seasoned Fries Baby Carrot Sticks	SW Chicken Flautas No Meat Cobb Chef Salad <i>w/wo roll</i> <u>Grain/Vegetable/Fruit:</u> Spanish Rice Baby Carrot Sticks Homemade Pinto Beans
FRIDAY 	Pepperoni Stuffed Sandwich Spicy Tuna Sandwich BD Bistro Box <u>Grain/Vegetable/Fruit:</u> Fresh Mixed Greens Salad Winter Vegetable Blend	Steak Strips Chicken Strips (regular or spicy) BD Bistro Box <u>Grain/Vegetable/Fruit:</u> Macaroni and Cheese Fresh Mixed Greens Salad Baby Carrot Sticks	Beef/Cheese Burrito Bean/Cheese Burrito Offered w/wo cheese sauce <u>Grain/Vegetable/Fruit:</u> Spanish Rice Fresh Mixed Greens Salad Baby Carrot Sticks
Fruit choices: Jan 7-11th Apple Variety, TX Red Grapefruit Slices, Craisin Variety Jan 14-18th Gala/Fuji Apple, TX Orange Wedges, Pear Jan 21-25th Granny Smith Apple, Pineapple Tidbits, Raisin Variety Jan 28-Feb 1st Red Delicious Apple, Banana, TX Red Grapefruit Slices ***Only A la Carte items will be sold on the SHACK line*** BD Bistro Box contains: <i>hummus dip, hardboiled egg, cheese stick, cracker variety</i>		<u>Announcements:</u> Christmas Break, No School December 24-January 4, 2019 Staff Development, No School January 7, 2019 MLK Day! January 21, 2019	

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Variety of Milk offered with meal

Menu subject to change based on food availability.

Vegetarian options available on all lines. No special menu items will be created.