





Coal City Elementary School & Early Childhood Center

December Lunch Menu

Daily Tray Cost: \$2.70



Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken Wrap Snax Green Beans Peaches Milk – Variety	4 Bosco Sticks/Marinara Carrot Sticks/Ranch Yogurt Apple Slices Milk-Variety	5 Early Dismissal No Lunch Served	6 Taco in Tortilla Romaine Lettuce/Ranch Churro Pears Milk-Variety	7 Mini Corn Dogs Steamed Corn Orange Smiles Cookie Milk-Variety
12/3-12/7:				
Calories: 645 Sodium: 858 mg Carbohydrates: 87 g Sat Fat: 7.2 g				
10 Pizzaburger on a Bun Steamed Carrots Pineapple Rice Krispy Treat Milk-Variety	11 Pork Tenderloin on a Bun Green Beans Orange Smiles Fruit Juicy Milk-Variety	12 Hot Dog on a Bun Baked Beans Pears Milk – Variety	13 Chicken Nuggets Mashed Potatoes/Gravy Wheat Roll Applesauce Milk-Variety	14 Pizza Garden Salad/Ranch Fresh Grapes Milk-Variety
Average 12/10 – 12/14:				
Calories: 646 Sodium: 954 mg Carbohydrates: 87g Sat Fat: 7.2g				
17 French Toast Sticks/Syrup Sausage Patty Hash Brown Orange Juice Milk-Variety	18 Birthday Celebration Chicken Patty on a Bun Steamed Broccoli Peaches Birthday Treat! Milk – Variety	19 Quesadilla Salsa Black Beans/Corn Pears Milk-Variety	20 Grilled Cheese Tomato Soup Goldfish Crackers Applesauce Milk – Variety	21 Bosco Sticks/Marinara Green Beans Yogurt Mixed Fruit Milk-Variety
Average 12/17 – 12/21:				
Calories: 619 Sodium: 1108 mg Carbohydrates: 93g Sat Fat: 5.7g				
24 No School Winter Break	25	26	27	28 No School Winter Break
				
31				
				

Low Balance reminders will be sent via email on the last day of the week. *Wow butter is produced in a peanut & tree-nut free environment.