

Parent Guidelines Regarding School Attendance for Health Related Issues

Dear Parents and Guardians:

A child's health status directly affects his/her productivity and success at school. There are three factors to be considered when addressing school attendance:

- 1) Protection of the individual student who is ill and requires treatment.
- 2) Comfort of the individual student and how it affects his/her abilities to learn and achieve in school.
- 3) Protection of the school community from the spread of communicable diseases.

The following guidelines were written as an indicator for a need to send a student home, or for a student to be kept at home.

Illness: Physical signs and symptoms.

- Fever: A fever greater than 101 degrees. Student should be fever free without medication for 24 hours before return to school.
- Upper Respiratory Infection: The student with a cold/cough who show symptoms of fever, tiredness, irritability, not eating well, or signs of earache, sore throat, thick, yellowish or green nasal discharge need to be at home.
- Undiagnosed skin conditions that may be contagious.
- Diarrhea: Students with watery diarrhea or frequent loose stools.
- Nausea/vomiting.
- Symptoms of infection (fever, pain, redness, discharge, swelling). These symptoms can be present in any location including eyes, mouth, ears and genitalia.
- Seizures lasting 3 minutes or longer without intervention and/or are different than usual.

Comfort: These are conditions that interfere with learning, productivity or school success.

- Headache, Toothache, Stomachache, Earache
- If laxative is given or if constipated and needs a laxative.
- Fatigue, Lethargy
- Persistent crying
- If regular medication was not given

Students may attend school with the following:

- Infections that have been treated with antibiotics for a minimum of 24 hours.
- Cold evidenced only by a clear or mucoid runny nose.
- Skin lesions that are kept covered and are not contagious.
- Symptoms that are documented as an expected part of the student's syndrome.

These guidelines are adopted by Los Angeles Unified School District, Los Angeles Office of Education and community standards of care for use in the school environment.