

OCTOBER 2018

High Schools

Lunch Prices: Elementary School- \$2.25
Middle & High Schools- \$2.50
Reduced Lunch Prices- \$0.40

This institution is an equal opportunity provider.

*Free Dessert Friday with a purchase of a meal.

**Celebrate National Days

Monday

1
Chicken Nuggets OR
Beef Teriyaki Bites
Cream Potatoes
Steamed Broccoli
Homemade Rolls
Choice of Fruit
Variety of Milk

8
Burger Sliders OR
Chicken Sliders
Lettuce/Tomato/Pickles
Baked Beans
French Fries
Choice of Fruit
Variety of Milk

Fall Break 15

22
Bosco Cheese Sticks OR
(New Product)
Cheese Quesadilla
Marinara Sauce
Steamed Broccoli /Kernel Corn
Choice of Fruit
Variety of Milk

29
Hamburgers/Cheeseburgers OR
Breaded Chicken Sandwich
Lettuce/Tomato/Pickles
French Fries
Baked Beans
Choice of Fruit
Variety of Milk

Sausage or Chicken & Biscuit
Honey Bun
Yogurt w/Graham Crackers
Mini Cinnamon Rolls
Cereal (s)
Juice and/or Fruit
Milk

Tuesday

2
Taco Tuesday
Beef OR Chicken Fajita Nachos OR
Bean & Cheese Burrito
Lettuce/Tomato/Salsa/Cheese
Whole Kernel Corn/Refried Beans
Choice of Fruit
Variety of Milk
**Thank a Custodian Today

9
Manager's Choice

Fall Break 16

23
Manager's Choice

30
Beef OR Chicken Fajita Nachos OR
Bean & Cheese Burrito
Lettuce/Tomato/Salsa/Cheese
Whole Kernel Corn/Refried Beans
Choice of Fruit
Variety of Milk

Sausage or Steak & Biscuit
Strawberry or Banana Muffin
Yogurt w/Graham Crackers
Bagel w/Cream Cheese
Cereal (s)
Juice and/or Fruit
Milk

Wednesday

3
Homemade Chili
OR BBQ
Baked Potatoes
Corn on the Cob
Garlic Knot
Choice of Fruit
Variety of Milk

10
Vegetable Beef Stew
Grilled Cheese
Fresh Veggies w/Dip
Tri-Taters
Choice of Fruit
Variety of Milk

Fall Break 17

24
Hot Ham & Cheese OR
Hot Roast Beef Sandwich
Tomato Soup
Tri-Taters
Choice of Fruit
Variety of Milk

31
Happy Halloween
Ham & Cheese Sandwich OR
Turkey & Cheese Sandwich
Chips
Sandwich Trimmings
Fresh Veggies w/Dip
Choice of Fruit
Variety of Milk

Sausage or Gravy & Biscuit
Cinnamon Bun
Yogurt w/Graham Crackers
Mini Strawberry Bagels
Cereal (s)
Juice and/or Fruit
Milk

Thursday

4
Fish Nuggets OR
Steak Nuggets
Hushpuppies
White Beans
Mashed Potatoes
Coleslaw
Choice of Fruit
Variety of Milk

11
Chicken Strips
Homemade Rolls
Steamed Broccoli
Baked Potato
Choice of Fruit
Variety of Milk

Fall Break 18

25
Sloppy Joes OR
Breaded Chicken Sandwich
Tater Tots
Baked Beans
Choice of Fruit
Variety of Milk

Chicken & Biscuit or Breakfast Pizza
Mini Donuts
Yogurt w/Graham Crackers
Bagel w/Cream Cheese
Cereal (s)
Juice and/or Fruit
Milk

Friday

5
Cheese or Pepperoni Pizza
Side Salad
Smiley Fries
***World Smile Day*
Choice of Fruit
Variety of Milk
****Do something nice today**

12
Fall Break

Fall Break 19

26
Cheese or Pepperoni Pizza
Side Salad
French Fries
Choice of Fruit
Variety of Milk

Egg & Cheese or Steak & Biscuit
Assorted Pastries
Yogurt w/Graham Crackers
Mini Cinnamon Rolls
Cereal (s)
Juice and/or Fruit
Milk